

## To **stop** receiving a Literature Alert follow the instructions below

1. Access the Microsoft Identify Manager (MIM) portal by enabling all features on this PDF and clicking this link, or copy/pasting the following link into a web browser on the VA network: https://mim.va.gov/identitymanagement/default.aspx

## 2. Click See my DG memberships.

	Distribution Groups (DGs)		
	Manage my DGs	See my DG memberships	
	Join a DG		
	Distribution Groups (DGs) provide an easy way to send email to a group of users. When you send email to a DG, the email will be delivered to all its members.		
	Users, Profiles, and Passwords		
	Edit my profile		
	Profiles allow you to see information about users in your organization. You may also be able to update certain information in your profile or oth user profiles, depending on current configured VA security policy and your specific permissions.		
	Requests		
	Approve requests	See requests I've made	
	See requests you've made, or approve requests that others have made to you.		

3. Click the checkbox next to the group(s) you wish to leave. Then click Leave.

My Distribution Group Memberships		
Image: New Details Image: De		
Display Name 🔺	Description	E-mail
EAS FORCE ALL USERS		allforceusers@va.gov
VA TOMS Program Office 2		VATOMSProgramOffice2@va.gov
VANW AFGE BUE Postings 3		vanwafge3@va.gov
U VHA C20 S-Z		VHAC20COVIDS-Z@va.gov
VHA CCAG Members		vhaccagmembers@va,gov
VHA Library Alerts Coronavirus		VHALibraryAlertsCoronovirus@va.gov
VHA Library Alerts Discharge Planning		vhalibalertDP@va.gov
VHA Library Alerts EMDR	VHALibraryAlertsEMDR@va.gov	
VHA Library Alerts Geriatric Psychiatry		vacolagp@va.gov

4. Follow the remaining steps as prompted to be removed from the distribution group.

**Note**: If the Literature Alert group you are trying to leave is not listed, then you are receiving it because you are in a larger group that is subscribed (for example, your manager might have subscribed your entire work group.) There is no good way to leave the literature alert group in this event. Use Outlook to set up a rule to send the literature alert emails to a subfolder so that they no longer appear in your inbox.