

Flu shots are  
**fast, safe, and free.**

People with spinal cord  
injuries or disorders are at  
higher risk for complications  
or death from the flu.

# Get your flu shot today.

GET YOUR FLU SHOT HERE:



[www.publichealth.va.gov/InfectionDontPassItOn](http://www.publichealth.va.gov/InfectionDontPassItOn)

