



Dear Veteran,

Would you like to “**Connect Your Docs?**”

The Virtual Lifetime Electronic Record (VLER) Health is a program that shares important parts of your Veteran health record between the Department of Veterans Affairs (VA) and your private health care providers who participate in this program. This sharing of information allows your health care providers to access important information about your health, so they can provide you the best possible care.

This exchange occurs over a secure and private network known as the eHealth Exchange. This program is free and voluntary for Veterans, but needs your consent to share your records. An easy way to do this from your home is through the VA [eBenefits](#) website. If you have not already joined, go to the [eBenefits](#) website and sign up (It’s free)!

**Signing Up for VLER Health may:**

- Reduce the need for you to carry paper records between appointments
- Give your provider instant access to your health care information, during a trip to the Emergency Room
- Reduce your chances of having repeat tests done
- Increase your safety by sharing your complete health record, such as your medications and allergies with your health care team

**As a Level 2-authenticated eBenefits user, signing up is fast and easy, just follow the steps below:**

1. To get started, go to the [eBenefits](#) site and log in.
2. Go to **Manage Health**.
3. Go to the **Health Records** row and select **VA Health Record Sharing**.
4. Select **Manage My Authorizations and Preferences** and then select **Start Authorization**.
5. Accept the terms and conditions (you must click **Yes** to continue), then select **Save and Continue**.
6. Mark the box and select **Sign**. You will be prompted to re-enter your username and password.
7. Finally, click **Reauthenticate**. (This next step may take a couple of minutes to process.

To learn more about Premium eBenefits accounts, please visit the [eBenefits Help](#) page.

**For other ways to sign up:**

You can choose how to share your health information by either completing [VA Form 10-0485](#). You can fax, mail or hand carrying it to your nearest [VA Medical Center](#) Release of Information Office (ROI).

For technical difficulties with VLER, please call 1-800-983-0937 for assistance.

Thank you for agreeing to share your VA health data with your non-VA providers and, as always, we thank you for your service!

Sincerely,