

CHAMPVA POLICY MANUAL

CHAPTER: 2
SECTION: 18.2
TITLE: MENTAL HEALTH EXCEPTIONS

AUTHORITY: 38 USC 1713; 38 CFR 17.270(a), 17.272(a)(22)(37)(38) and
17.273(a)(b)

RELATED AUTHORITY: 32 CFR 199.4(b)(6)(i), (c)(3)(ix-x)

I. EFFECTIVE DATE

April 29, 1992

II. POLICY

A. All mental health claims will be reviewed. Reviewers should examine the applicable criteria for either inpatient or outpatient claims (depending on where the patient is receiving care).

B. Deny claims when one of the following criteria are met:

1. The primary diagnosis is one of the following:

a. DSM-III-R V codes for conditions not attributable to a mental disorder (i.e., not medically necessary) V15.81, V40.0, V61.10, V61.20, V61.8, V62.2, V62.3, V62.81, V62.82, V62.89, V65.2, V71.01, V71.02.

b. Sexual dysfunction (DSM-III-R: 302.50, 302.71, 302.72, 302.73, 302.74, 302.75, 302.76, 306.51, 302.70).

c. Obesity. Services and supplies related solely to nonsurgical treatment of obesity or morbid obesity, for dietary control, or weight reduction and weight loss clinics or programs.

2. Therapies or procedures provided are one of the following:

a. Environmental ecological treatments.

b. Megavitamin orthomolecular therapy.

c. Transcendental meditation.

d. Rolfing.

- e. Z therapy
- f. EST (Erhard).
- g. Primal therapy.
- h. Bioenergetic therapy.
- i. Carbon dioxide therapy.
- j. Guided imagery.
- k. Sedative action electrostimulation therapy.
- l. Aversion therapy (includes electric shock for alcoholism).
- m. Hyperbaric or normobaric oxygen therapy.
- n. Narcotherapy with LSD.
- o. Marathon therapy.
- p. Hemodialysis for schizophrenia.
- q. Training analysis (tuitional, orthodox).
- r. Filial therapy.
- s. Enuretic conditioning programs.
- t. Biofeedback.

3. Individual, family, or group psychotherapy rendered to a patient within 24 hours after receiving Electroconvulsive Therapy (ECT) or Electro Shock Therapy (EST).

END OF POLICY