



Athlete Profile (Local)

Dave Wolf
Army Veteran
48 years old
Denver, Colorado

Army Veteran Dave Wolf experienced a life-changing moment when he entered his first National Veterans Wheelchair Games four years ago.

Competing in the Games gave Wolf the motivation he needed to lose more than 100 pounds since he started competing. The competition makes him accountable for his physical activity and motivates him to come back, year after year.

Wolf served in the Army for three years before he was injured in 1982. He began playing wheelchair basketball in the mid-1980s and over time, his skills have improved. He has a silver medal to show for his hard work.

Wolf is excited to have the National Veterans Wheelchair Games in his hometown of Denver and plans to compete in several events – even though he’s recovering from a broken collarbone. “It happened while skiing in Snowmass, but I still plan to get out there,” Wolf said.

Wolf will compete in handcycling, basketball, air guns, 9-ball, and slalom this year. Handcycling is Wolf’s sport of choice. He prepared for this year’s event by completing 300 of 360 miles in the 2009 “Ride the Rockies” competition.

“My advice to anyone who hasn’t competed before is to just do it! It’s the best thing to keep your mind and body on the right track.”

