Department of Veterans Affairs Medical Center
University and Woodland Avenues
Philadelphia, Pennsylvania 19104

Challenges in the Management of Chronic Pain: Patients with Psychiatric Comorbidities and Addictions

Friday, April 19, 2002

8:30 am - 4:30 pm

Challenges in the Management of Chronic Pain: Patients with Psychiatric Comorbidities and Addictions

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Registration 7:30 am
Conference 8:30 am - 4:30 pm
Reception 4:30 - 5:30 pm

Sheraton University City Hotel
36th and Chestnut Streets, Philadelphia, PA

Presented by The VISN 4 Mental Illness Research Education and Clinical Center (MIRECC),
The Philadelphia VA Medical Center,
The VA Employee Education System,
The VA Maryland Health Care System, Perry Point Division (VAMHCS),
and The Chesapeake Health Education Program, Inc. (CHEP).

Overview

This is the second in a series of conferences designed to educate professionals involved in the care and management of people in pain. This year the focus is on the complex issue of pain in the individual with psychiatric comorbidity and chemical dependency. The major goal of the conference is to bring together professionals in the fields of behavioral health and general medicine and to promote the value of a team approach to the treatment of this challenging population.

Educational Objectives

After successfully completing this program, participants will be able to:

1) Identify new developments in pain research that influence treatment.
2) Recognize the need for the integration of treatment by professionals from behavioral health and general medicine.
3) Describe an interdisciplinary team approach to the management of chronic pain.
4) Recognize the need for psychosocial, rehabilitative, and/or invasive approaches to the management of pain.
5) Define the prevalence and scope of complementary and alternative medicine and its role in pain management.
6) Identify pharmacological and non-pharmacological approaches to treatment and existing barriers to effective treatment.
7) Recognize warning signs that addiction is present.
8) List methods to promote safe prescribing of opioids to a patient with a history of addiction.
9) Identify the key elements of documentation for opioid prescribing required by the DEA.
10) Describe the essential elements to include in a discussion with a patient/ family member on medical futility.

Target Audience

This conference is designed for physicians, psychiatrists, psychologists, social workers, and nurses working in the fields of behavioral health and general medicine in public and private settings.

Disclosure

In accordance with the Accreditation Council for Continuing Education; medical education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials to be distributed at the time of the conference.

Support

Commercial support in the form of unrestricted educational grants were received for VISN 4 MIRECC educational programs. The Planning Committee would like to acknowledge the support of the following:

Forest Pharmaceuticals, Inc
Janssen Pharmaceutica
Eli Lilly and Company
Merck & Co, Inc.
Ortho-McNeil Pharmaceutical, Inc.
Pfizer, Inc.
Purdue Pharma L.P.
Vitas Healthcare Corporation of Pennsylvania
Wissahickon Hospice and Penn Home Infusion Therapy

Faculty

Isabelle Arndt, MD, Ph.D.
Philadelphia VA Medical Center

Ira Cantor, MD
Thomas Jefferson University Hospital

Joseph Casagrande, Ph.D.
Wilkes-Barre VA Medical Center

Mitchell Cohen, MD
Jefferson Medical College

Bonnie Fairchild, CRNP
Wilmington VA Medical Center

Mitchell Freedman, DO
Thomas Jefferson University Hospital

Rollin Gallagher, MD, MPH
MCP-Hahnemann School of Medicine and Graduate Hospital

Howard Heit, MD
Georgetown University

Ira Katz, MD, Ph.D.
Philadelphia VA Medical Center

Mimi Mahon, CRNP, Ph.D.
University of Pennsylvania

Charles O'Brien, MD, Ph.D.
Philadelphia VA Medical Center

Sally Pullman- Mooar, MD
Philadelphia VA Medical Center

Michael Robbins, DO
Yale University and VA Connecticut Healthcare

Nancy Wiedemer, CRNP
Philadelphia VA Medical Center

Program Directors

Nancy Wiedemer, CRNP
Pain Management Coordinator
Philadelphia VA Medical Center

Katy Ruckdeschel, Ph.D.
MIRECC Education Coordinator
Philadelphia VA Medical Center

Location

Sheraton University City Hotel
36th and Chestnut Street, Philadelphia, PA

From 76 West: Take Exit #39 (30th Street Station). Proceed through the first traffic light. Turn left onto Market Street at the second traffic light. Turn left on 36th Street. Hotel is on the left.

From 76 East: Take Exit #39 (30th Street Station). Follow ramp around station. Turn right onto Market Street. Turn left on 36th Street. Hotel is on the left.

Parking is available in the hotel garage.

For overnight accommodations, please call the Sheraton at 1-800-325-3535.

Continuing Education

Evaluation: Participants will be asked to complete an overall evaluation as well as an evaluation for each speaker.

Certificate of Attendance: To receive a certificate of attendance, participants must sign in at the beginning of the conference, attend the entire conference, and complete an evaluation. Certificates will be awarded at the conclusion of the conference. No partial credit will be awarded.

The Employee Education System wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals attending this workshop because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational workshop, please contact CHEP at 410-642-1857.

Agenda

7:30 - 8:30	Registration and Continental Breakfast	
8:30 - 8:45	Welcome and Introductions	Lawrence A. Biro Ira Katz, MD, Ph.D.
8:45 - 9:35	State of the Art and Science of Pain: Relevant Research for the Clinician	Rollin Gallagher, MD, MPH
9:35 - 10:25	Management of Pain in Patients with Psychiatric Comorbidity	Mitchell Cohen, MD
10:25 - 10:45	Questions for Drs. Gallagher and Cohen	Rollin Gallagher, MD, MPH Mitchell Cohen, MD
10:45 - 11:00	Break and move to concurrent sessions rooms	
11:00 - 12:00	Concurrent Sessions #1: Interdisciplinary Pain Management	
	1) A Rehabilitation Approach	Mitchell Freedman, DO
	2) An Interventional Approach	Michael Robbins, DO
	3) Integrating Complementary Therapies into the Treatment Plan	Ira Cantor, MD
12:00 - 1:00	Lunch	
1:00 - 2:00	Addiction: What Is It and What Are Its Implications Regarding the Treatment of Pain Patients?	Howard Heit, MD
2:00 - 2:10	Break and move to concurrent sessions rooms	
2:10 - 3:10	Concurrent Sessions #2: Conceptualizing Treatment for the Difficult Patient ** Please come prepared with examples of challenging cases **	
	1) Section 1	Howard Heit, MD Charles O'Brien, MD, Ph.D. Moderator: Bonnie Fairchild, CRNP
	2) Section 2	Mitchell Cohen, MD Isabelle Arndt, MD, Ph.D. Moderator: Joseph Casagrande, Ph.D.
	3) Section 3	Rollin Gallagher, MD, MPH Sally Pullman-Mooar, MD Moderator: Nancy Wiedemer, CRNP
3:10 - 3:30	Break and move to plenary session room	
3:30 - 4:20	What To Do When All Else Fails: Legal & Ethical Perspectives on Case Failures	Mitchell Cohen, MD Mimi Mahon, CRNP, Ph.D.
4:20 - 4:30	Conclusion and Evaluations	
4:30 - 5:30	Reception to honor Nancy Wiedemer, CRNP	

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the VA Employee Education System (EES) and Chesapeake Health Education Program, Inc. (CHEP). EES is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The VA EES designates this activity for a maximum of 6 hours in Category 1 credit towards the American Medical Association Physician's Recognition Awards. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Psychologists: The VA Maryland Health Care System (VAMHCS), Perry Point Division, is approved by the American Psychological Association to offer continuing education for psychologists. As an organization approved by the American Psychological Association, the VAMHCS is offering this activity for 6 hours of continuing education credit. The VAMHCS maintains responsibility for the program. A certificate of attendance will be awarded to participants and accreditation records will be on file at the VAMHCS. In order to receive CE credit, participants must attend 100% of the program and complete an evaluation form.

Nurses: The VA Maryland Health Care System (VAMHCS), Perry Point Division, in collaboration with CHEP, Inc., is an accredited provider of Continuing Education in Nursing by the American Nurses Credentialing Center's Commission on Accreditation and provides contact hours for nurses. The VAMHCS designates this educational activity for 7.2 contact hours as determined by the ANCC.

Social Workers: The VISN 4 MIRECC has applied for 6 credit hours from the Pennsylvania Board of Social Work Examiners.

Registration Information

Fee: $10 for VA employees $50 for non-VA employees

- Registration fee includes all conference materials, continental breakfast, lunch, breaks, and reception.
- Participants are encouraged to pre-register as space is limited and course materials are not guaranteed for walk-in registrations.
- Confirmation of registration will be e-mailed (if address provided below) or mailed to all participants.

To register by mail: Mail completed registration form WITH payment to CHEP (11E), Attn: Pain Management Conference, VA Medical Center, Perry Point, MD 21902

To register by fax: If paying by credit card, fax completed registration to 410-642-1090, Attn: Pain Management Conference. Do not mail form if previously faxed.

REGISTRATION FORM

Challenges in the Management of Chronic Pain: Patients with Psychiatric Comorbidities and Addictions - April 19, 2002

Fee: **$10** for VA Employees **$50** for Non-VA Employees

Name_____Occupation_____

Employer_____ SSN_____

Home Address_____

_____City/State/Zip_____

Phone #_____E-MAIL address_____

Special Accommodations

☐ Vegetarian ☐ Other _____

Concurrent Sessions

Concurrent Sessions #1: 1 ___ 2 ___ 3 ___ (indicate your 1st and 2nd choices)

Concurrent Sessions #2: 1 ___ 2 ___ 3 ___ (indicate your 1st and 2nd choices)

Method of Payment

☐ Cash ☐ Check/PO (made payable to CHEP) Tax ID # 52-1711309

☐ Charge: AmEx, MC, VISA (circle one) Card #_____

Exp. Date_____Signature_____

• Payment MUST accompany registration form. • For questions, call 410-642-1857