

VA National Quality of Life Resources

War Related Illness and Injury Study Center (WRIISC): <https://www.warrelatedillness.va.gov/>

- A VA national program dedicated to Veterans' post-deployment health concerns and unique health care needs:
 - Develops and provides post-deployment health expertise to Veterans and their health care providers through clinical care, research, education, and risk communication that is fundamental to VA's mission and is rarely found outside of VA
 - As a tertiary care center, partners with referring providers and their health care teams to support the care of Veterans.
- The WRIISC is part of VA's Post Deployment Health Services, a VA Delivered Foundational Service.

Gulf War Newsletter: <https://www.publichealth.va.gov/exposures/publications/gulf-war/gulf-war-2019/index.asp>

- Combined Gulf War and Post-9/11 Vet Newsletters published twice a year.
- Information for Veterans who served in Operations Desert Shield and Desert Storm and their families.

General Quality of Life Resources List

Easter Seals Programs: THRIVE Financial Program, Veterans Therapy (Mental Health Treatment)

Easter Seals Veterans Programs work to break down barriers, engage organizations and communities, and connect veterans and military families with what they need for meaningful education, employment and job training, and overall wellness, rehabilitation, and caregiver services.

<https://www.easterseals.com/our-programs/military-veterans/>

The Fisher House

The Fisher House Foundation builds comfort homes, located at military and VA medical centers around the world, where Military and Veteran families can stay free of charge, while a loved one is in the hospital.

<https://www.fisherhouse.org/about/>

Give an Hour — Free Mental Healthcare

Give an Hour provides **free**, confidential **mental health counseling** for individuals, couples, and families of Veterans and active military.

<https://vetsvites.com/give-hour-free-mental-health-counseling-veterans/>

Gulf War Babies & Parents United

This Facebook group is for Veterans, parents, and children of the Gulf War to unite against the illness, birth defects, and ongoing health issues faced by our children daily, yet not acknowledged by the medical field or government as Gulf War related. By sharing our stories and experiences, hopefully we can offer one another helpful advice. It is my hope that we can get as many people united as possible in one place so that we will have more information and statistics to take to the doctors.

<https://www.facebook.com/groups/ChildrenofGulfWar/>

Kohls 15% Military Monday Discount for Veterans

Kohl's Military Mondays is a 15 percent in-store discount valid in-store every Monday — all year long — when customers show a valid Military ID, Military Dependent ID or Veteran ID at the point of purchase: <https://corporate.kohls.com/news/archive-/2019/April/kohl-s-launches-military-mondays---a-new-15--off-discount-every->

LinkedIn FREE for Veterans Caregivers

- LinkedIn offers U.S. veterans a free one-year Premium Careers subscription, including access to LinkedIn Learning: <https://www.linkedin.com/help/linkedin/answer/14803/linkedin-for-veterans-free-premium-career-subscription-and-eligibility?lang=en>
- LinkedIn offers every military spouse a one-year Premium Career subscription with each permanent change of station, career change or job loss: <https://socialimpact.linkedin.com/programs/veterans/milspouses>
- LinkedIn offers Veteran caregivers enrolled in the [Department of Veterans Affairs' stipend program](#) and students using the Fry Scholarship a free year of LinkedIn Premium: <https://www.military.com/militaryadvantage/2019/04/03/linkedin-premium-now-free-veteran-caregivers-fry-scholars.html>

The Mission Continues — a VSO that provides service projects for Veterans nationally and beyond.

The Mission Continues is a national, nonpartisan nonprofit that empowers Veterans to continue their service, and empowers communities with veteran talent, skills, and preparedness to generate visible impact. The program connects Veterans with under-resourced communities in cities across the country to deploy Veteran volunteers alongside nonprofit partners and community leaders to improve educational resources, increase access to parks and green spaces, foster neighborhood identity, and more. <https://missioncontinues.org/about/>

National Military Family Association

The National Military Family Association, NMFA, provides programs and resources geared toward helping **military** service members, their spouses, and their children fund their education, career, or business goals as well as providing a voice for their legislative concerns and issues. <https://www.militaryfamily.org/about-us/>

National and State Park Access for Veterans

- The National Park Service provides disabled military Veterans with any disability rating from the Department of Veterans Affairs a free lifetime pass to national parks and other recreation areas, as well as discounts on some fees. The passes provide free entrance to more than 2,000 national parks, wildlife refuges, national forests, and other federal recreational areas. <https://www.military.com/militaryadvantage/2018/04/06/got-va-rating-you-can-get-free-lifetime-national-parks-pass.html>
- State-operated parks provide various park passes, discounts, and other benefits to Veterans and/or disabled Veterans. <http://www.usvetcamper.com/veterans/state-park-passes/>

Operation Family Caregiver

Operation Family Caregiver coaches the families of returning service members and veterans to manage the difficulties they face when they come home. OFC is a personalized program, tailored specifically to the struggles of each family. Through proven methods, the program teaches military families how best to navigate their challenges, resulting in stronger and healthier families.

https://www.operationfamilycaregiver.org/about_us/

USO — United Service Organizations

The USO strengthens America's military service members by keeping them connected to family, home, and country, throughout their service to the nation.

<https://www.uso.org/about>

VA Chaplains Department

The VA Chaplains Department ensures that Veteran patients (both inpatient and outpatient) receive appropriate spiritual and clinical pastoral care as desired or requested by the Veteran. VA Chaplains provide comfort, support, leadership, advocacy, counselling, mediation, and education to Veterans and ensure Veteran religious practices and spiritual concerns are known and met.

https://www.patientcare.va.gov/chaplain/What_Do_Chaplains_Do.asp

VA Crisis Line

- The Veterans Crisis Line connects Service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service responders standing by to help 24 hours a day, 7 days a week: <https://www.veteranscrisisline.net/about/what-is-vcl>
- If you're a Veteran in crisis or Service member in crisis — or you're concerned about one — the crisis chat is a free, anonymous, confidential resource available to any Service member, including members of the National Guard and Reserve, and any Veteran, even if you're not registered with VA or enrolled in VA health care.

Vet Centers

Vet Centers are community-based counseling **centers** that provide a wide range of social and psychological services, including professional readjustment counseling to eligible Veterans, active duty service members, including National Guard and Reserve components, and their families.

<https://www.vetcenter.va.gov/>

VetTix — FREE Concerts, Sporting Event, Theater Tickets, etc., for Veterans

Vet Tix provides free tickets (for a small delivery fee) to sporting events, concerts, performing arts, educational, and family activities across the nation for all branches of currently serving Military and Veterans, including immediate family of troops killed in action.

<https://www.vettix.org/>

Veterans Caregiver Support Line

VA Veterans Caregiver Support Line—Telephone number 1-855-260-3274—is a call-in support phone line that provides caring licensed professionals staffing to connect Veterans with VA services, a Caregiver Support Coordinator at your nearest VA medical center, or just listen if that’s what you need right now.

https://www.caregiver.va.gov/Care_Caregivers.asp

Veterans Local Ministries — at Communities of Faith

- Local Communities of Faith provide resources for Veterans and the Military community and military supporters.
<http://www.operationwearehere.com/ForChurches.html>
- The Department of Veterans Affairs (VA) Center for Faith and Opportunity Initiative (CFOI) is an office located in the Office of Public and Intergovernmental Affairs (OPIA) to engage, educate, and inform faith-based, community, and non-profit organizations about the VA tools and resources that will equip them to better serve the Veterans, their families, survivors, caregivers, and other beneficiaries within their organizations.

<https://www.va.gov/cfbpartnerships/>

Veterans Treatment Courts

The Veterans Treatment Courts **program keeps Veteran individuals out of jail and on the road to a healthy, law-abiding lifestyle.** The Veterans Court unique program focuses on **Veterans who are currently in, or entering, the Criminal Justice System** to provide a better understanding of the Veteran’s problems and target the root causes of Veterans’ criminal behavior. Each participant in Treatment Court is assessed for a wide variety of supportive services, primarily drug and alcohol and/or mental health treatment. The Court creates and supervises treatment plans to address the underlying causes of the Veterans’ behavior and substance abuse issues. Because a Veterans Treatment Court judge handles numerous Veterans' cases and is supported by a strong, interdisciplinary team, he or she is in a much better position to exercise discretion and effectively respond than a judge who only occasionally hears a case involving a Veteran defendant.

<http://www.courts.ca.gov/11181.htm>

VSOs — Veteran Service Organizations

VSOs are “partnership agencies” that help service members in a variety of ways including assisting with claims and benefits, lobbying or other political work on behalf of the VSO’s members to raise awareness about the issues they address, plus providing scholarships, training, counseling, and related programs.

<http://www.operationwearehere.com/VeteransServiceOrganizations.html>