

A MEMPHIS SUCCESS

ZOEY VALENTINE




ZOEY VALENTINE

I'm Zoey Valentine and this is my story.


Once I left the military, I was lost and had no idea what was next in life for me! These are the words of Army Veteran Zoey Valentine, a successful participant of the VA Medical Center, Memphis/Compensated Work Therapy (CWT) program where she was placed in a Transitional Work assignment with Information Technology (IT) as a technician. Veteran Valentine credits her CWT team for genuinely caring about her and pointing her in the direction where she could seek help for PTSD concerns.

Zoey stated, "being surrounded by people that care, aided in my accomplishments obtaining multiple (IT) certifications and two Associate Degrees in Computer Information Technology with concentrations in Cyber Defense and Networking from Southwest Tennessee Community College. My goal is to work in Cyber Security in the federal government. One year changed my life, and it can change yours too!"

Brenda Jackson, Memphis CWT Manager



“Veteran Valentine credits her CWT team for genuinely caring about her and pointing her in the direction where she could seek help for PTSD concerns.”



U.S. Department of Veterans Affairs
Veterans Health Administration

Recovery is Working