



Department of
Veterans Affairs

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Fact Sheet

My HealtheVet/Secure Messaging/VA Blue Button

Technology Overview

Empowering Veteran patients with telehealth, technology and targeted health communications has proven to be an important way to provide quality care to Veterans. With VA's Personal Health Record, My HealtheVet (www.myhealth.va.gov), Veterans are able to play an active role in their health care regardless of their location or age. My HealtheVet and its online suite of tools, including Secure Messaging, VA Prescription Refill, My Recovery Plan, and VA Blue Button enables Veterans and their health care providers, clinicians and staff to be more connected to health care information, anywhere, anytime – outside of a clinical face-to-face encounter.

My HealtheVet is an award-winning website that offers Veterans anywhere, anytime access to their VA health care records. Its web-based tools give Veteran patients greater control over their care and wellness – helping them to be active partners in their health care and well-being. With My HealtheVet Veteran patients can:

- Securely access portions of their VA health records and health summary online, 24/7
- Print, save, and share their personal health information with VA Blue Button
- View VA appointments and access Department of Defense (DoD) Military Service Information (if eligible)
- Refill their VA prescription(s)
- View their VA lab results and immunization records and
- Ask private questions about their health information using Secure Messaging.

My HealtheVet functionality includes Veteran patients' self-entered and other health information linked to their VA Electronic Health Record:

- ✓ Self-entered information:
 - ✓ Personal information such as contacts, providers, insurance, etc.
 - ✓ Personal, family and military health history
 - ✓ HealthLogs including blood sugar, blood pressure, weight, etc.
 - ✓ Medications (over-the-counter drugs, herbals, etc.)
 - ✓ Allergies, immunizations and medical events
 - ✓ Food and activity journals
- ✓ Other health information:
 - ✓ VA prescription refills, medication history and My Complete Medications list (VA and self-entered)

- ✓ Health education resources, online courses and self-assessment
- ✓ Mental health resources and online courses
- ✓ VA Wellness Reminders
- ✓ VA Appointments (list, health calendar and email reminders)
- ✓ VA Allergies, Immunizations, Lab test results, etc.
- ✓ DoD Military Service information (if available)
- ✓ Secure Messaging with the VA health care team
- ✓ VA Blue Button: Download My Data (Used by Veterans receiving care at VA facilities to receive copies of key portions of their VA Electronic Health Record including the ability to view their VA Vitals and Readings, Problem List, Microbiology Lab Tests and Results, Pathology Reports, Radiology Reports, EKG dates, Admissions and Discharge Summaries, VA Progress/Open Notes, and some of their Military Service information)
- ✓ VA Continuity of Care Document (summary of clinical information from the VA Electronic Health Record in an XML format that can be exchanged between providers)

With onsite My Health^eVet coordinators and targeted communications efforts and materials, Veterans are encouraged to be more “connected” and involved in their health care no matter their geographic location or living situation. At this time My Health^eVet has yielded:

- More than 88 million visits
- Over 2.2 million registered users
- More than 1.1 million users have a Premium (authenticated) account
- Over 39.1 million VA prescription refills since August 2005
- More than 753,000 unique VA Blue Button users since August 2010
- More than 3.4 million VA Blue Button file downloads
- More than 618,000 VA patients opted in to use Secure Messaging

Technology Components

Key components include: VA Blue Button – Download My Data: Secure Messaging; VA Continuity of Care Document: eBenefits Access: and DoD Military Service Access

Website/Links:

www.myhealth.va.gov