



# **Building ACORN Resource Guides**

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This manual provides guidance on how to compile resources and create high-quality guides for Veterans for each health-related social need domain on the **Assessing Circumstances and Offering Resources for Needs (ACORN)** screening tool.

ACORN is a national Veterans Health Administration (VHA) quality improvement initiative conducted in partnership with the VHA Office of Health Equity and National Social Work Program, Care Management and Social Work Services.

Building upon VHA's existing screening processes and interventions, ACORN enhances clinical care teams' capacity to understand and address health-related social needs, the social and economic aspects impacting Veterans' health and well-being. ACORN aims to: 1) systematically screen Veterans for health-related social needs in nine domains; 2) provide clinical care teams real-time information about Veterans' unmet needs; and 3) address identified needs through the provision of resources and referrals, including offering resource guides, support navigating resources, and/or referrals to Social Work or other relevant VHA and non-VHA services.

# **ACORN Resource Guides**

# Connecting Veterans with resources and services is an essential step in addressing unmet needs.

The ACORN screening tool identifies unmet needs across nine domains: food, housing, utilities, transportation, education, employment, legal, social isolation/loneliness, and digital needs (device/internet access and digital health literacy). Positive identification of need(s) through ACORN will prompt follow-up care to assist Veterans. ACORN resource guides can serve as an effective tool to support Veterans in identifying, connecting with, and receiving assistance from VA and community services.

Resource guides can be used in combination with other resources and services, such as social work case management or patient navigation. They can also serve as a stand-alone tool in cases where Veterans may not be interested in or comfortable accepting assistance at the time of screening or may prefer to research and navigate resources on their own.



# **Identifying and Compiling the Resources**

# **Develop an Action Plan**

Creating and maintaining high-quality resource guides requires both an up-front and long-term investment from your implementation team and partners. Teams using resource guides as part of their ACORN workflow should begin by developing a plan of action using the following considerations:

- Existing Resource Materials. Does your site have existing up-to-date lists of resources and services? Do they include a variety of quality programs at the VA, federal, state, and community levels? Using existing materials can be a valuable and timesaving starting point.
- Staff Capacity. Does your site have at least one staff member who can dedicate time to building and maintaining the resource guides? Who has expertise in VA and community services at your facility, and are there opportunities to partner with them?
- Site Catchment Area. Does your site serve several geographic regions within your service area? Consider how this may influence the building of resource guides to best serve your Veteran population. Potential approaches may include focusing on VA and state-level resources, highlighting only the highest-yield local resources, or creating region-specific guides for your catchment area (i.e., each city, county, or state served).

# **Build Partnerships**

Active collaboration with VHA clinical social workers, non-clinical staff, and community program contacts is important to building effective guides. VHA social workers have expertise in local supportive services and can provide recommendations on VA, federal, state, and community programs that have a history of being responsive to Veterans' expressed needs.

Non-clinical staff, such as Peer Specialists and Whole Health coaches, are also equipped with the experience and knowledge of support services. Assembling an interprofessional team to review available services can ensure quality resources are included on your guides.

Additionally, aligning with community programs is critical to confirm the accuracy of local community program information, and regular contact with community organizations provides an opportunity to address capacity and workflow concerns that may result from increased referrals or staff turnover. Open communication with various programs and services can also foster connections with additional organizations and resources in the area.



# **Engage Key Partners**

Facilities are unique in both their staffing capacities, roles, and resource availability.

Utilize an interprofessional team of clinical and non-clinical staff to identify and compile quality resources, such as those involved in programs to address food insecurity, housing instability, and transportation access.

# **Compile Quality Resources**

#### National Level Resources

The <u>ACORN Domains National Resources List</u> provides an overview of national level resources available to most VHA facilities for each domain included on the ACORN screening tool. While not exhaustive, this list can serve as a starting point to identify relevant resources and referrals for Veterans with identified needs, both in VA and the community or nationally.

#### Local Level Resources

Resource guides should be applicable to a broad range of Veterans expressing health-related social needs. However, there may be local variation in the availability and accessibility of programs and services. Some health-related social needs domains may have an abundance of resources and organizations at federal, state, and/or community levels. Conversely, resources for some domains may be limited in certain geographic areas, which can result in fewer resources listed on a guide. Avoid listing programs with narrowly defined eligibility criteria that may not apply to the majority of Veterans served in your facility's catchment area.

Understanding the resource landscape reduces the risk of providing resources that are not accessible, not relevant to the Veterans' interests, or not meeting Veterans' needs in your clinical setting. To narrow the list of resources to the highest yield programs, use the following selection criteria:



- ✓ How comprehensive are the state and community services compared to VA or other federal programs offering similar services? Does the program specifically cater to Veterans?
- ✓ How easy will it be for a Veteran to contact the service provider to apply, enroll, and receive services? What are their hours of operation and options for modes of contact? Did your team experience multiple failed attempts in connecting with a supportive service via phone or email?
- ✓ Are the services offered for free or at a reduced cost based on military history (Veteran status), income level, etc.?
- Does the service provider have a specific point of contact who may be willing to directly triage calls from Veterans?
- ✓ If it is a local community service, is it easily accessible by Veterans in the area? If service provision is in person, can Veterans reasonably access the service through public transit and/or rideshares?

# **Resource Guide Maintenance**

Resource guides should be updated approximately **every six months** to reflect any changes in program and service information, such as points of contact, hours, location, virtual services, and eligibility requirements. If programs close or offered services become limited, this scheduled review offers an opportunity to add new or alternative programs in their place.

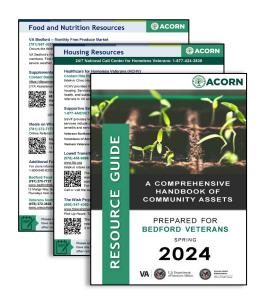
Maintenance also facilitates relationship-building and connections with VA and community service providers. In a sense, resource guides are living documents; on-going communication with designated program points of contact affords sites developing resource guides the opportunity to build relationships, improve presentation of evolving program information, and learn about additional programs in the service area.

# **Building the Resource Guides**

### **Content Considerations**

Where possible, limit the length of guides to a single-sided, one-page handout. While each resource guide may take on a unique layout to best utilize the available space, they should include the following key pieces of information for each listed resource:

- Full program title and acronym
- Program and primary point of contact information (phone number, email address, website link, and physical address)
- Available contact hours and/or hours of operation
- Concise, informative description of available services, including:
  - Eligibility criteria and application requirements
  - For any virtual programming or phone apps, include whether they are only available on certain phones or platforms (e.g., iOS, Android, requires email, etc.)



Each resource guide should also list contact information for a designated VHA social worker, clinic, or other care team member. Ensure there is an avenue for Veterans to reach out should they later decide they would like assistance or their situation changes.

# **Optional Additions**

Additional elements can be included to help Veterans navigate listed resources:

Quick Response (QR) Codes. QR codes can be included with resource descriptions for Veterans to quickly access additional program information by scanning the code with their phone or tablet. QR codes can be created for free on <a href="www.qr-code-generator.com">www.qr-code-generator.com</a>, or by right clicking anywhere on the webpage and selecting "Create QR Code for this page" from the drop-down.



Be sure that any generated code matches the website link listed on the guide. Test them with your own phone or tablet prior to dissemination to ensure the QR codes work appropriately.

Additionally, note that QR codes are best used on printed materials. Determine how your site will be distributing resource guides. If your team plans to only deliver guides electronically, then the use of QR codes may not be necessary.

- Call-out Boxes. Often placed at the top of the page, call-out boxes can emphasize important
  information, including hotline numbers or general temporary notes (e.g., specific application
  deadlines, whether all programs are virtual, etc.)
- Subheadings. If there are several programs that are high quality but provide similar services, compile them under a subheading with a short introductory description. For example, if the resource guide includes several local food pantries, you can group them under an appropriate subheading such as "Local Food Banks and Food Pantries."
- **Notes.** If you wish to highlight an important point in a program description (e.g., application deadlines, if the program has temporarily changed operating procedures or hours, etc.), mark this information in a bold note for the Veteran to quickly locate.



# **Verify Program Information**

Contact all listed resources directly to verify the availability of programs and services, eligibility criteria, location(s), and point-of-contact information, including phone number, email address, and website link.

# **Formatting Considerations**

Visual consistency across resource guides is key to maximize space and enhance usability. The following are some tips on layout and design elements to consider when developing your resource guides:

- There is creative freedom when choosing page layouts for each guide. Design unique layouts that best display resources in a way that is visually appealing and easy for a Veteran to use.
- Color-coordinate the program titles, contact information and website links use the same font and color for each one to visually separate the information.
- Specially highlight contact information for the VHA social worker or clinic so that Veterans can quickly locate this information.

# ACORN Resource Guide in Action

Below is an example of a housing resource guide built for the VA Bedford Healthcare System in Massachusetts. Corresponding highlighted sections demonstrate use of the guidance provided in this manual.

#### Title and Call-out Box

Highlights the topic of resources and important high-level information for the Veteran.

# Visual Consistency

All phone numbers and website links have their own matching colors. For handouts with several resources, it is important to visually separate the contact information.

#### **Program Description Layout**

Descriptions can have unique layouts to best present the provided information.

#### **QR** Codes

QR codes are used for quick access to the resources by scanning the provided code. Note, works best for printed resource guides.

# Social Work (or VA Staff) Contact

Visually separate this section in the same dedicated place on each guide.

# **Housing Resources**



24/7 National Call Center for Homeless Veterans: 1-877-424-3838

#### Healthcare for Homeless Veterans (HCHV)

Contact Rita Paulino at (781) 325-6709 and Juanita Johnson at (781) 809-0536 Walk-in Clinic Hours: Monday - Fridays from 8:00am - 4:00pm in Building 7, Room 207

HCHV provides Veterans with comprehensive services from emergency to short-term transitionalhousing. Services include case management as well as clinical support with medical care, mental health, and substance use. HCHV's walk-in clinic also provides individualized resources and referrals to VA and community programs for Veterans' needs. No appointment is necessary.

#### Supportive Services for Veterans and their Families (SSVF) 1-877-4AIDVET (1-877-424-3838)

SSVF provides Veterans the skills necessary to maintain long term, independent living. SSVF services include case management, housing and financial counseling, and assistance obtaining benefits and services. For more information, contact a local office closest to you:

Veterans Northeast Outreach Center, Inc.

(978) 372-3626 or rbaronas@vneoc.org

Volunteers of America of Massachusetts, Inc.

(617) 390-0232 or aortiz@yoamass.org (617) 371-1706 or jamie.stever@nechv.org

#### **Lowell Transitional Living Center** (978) 458-9888

Vietnam Veterans Workshop, Inc.

www.ltlc.org

Walk-in Intake Hours: 10:00am - 4:00pm at 205 Middlesex Street, Lowell MA 01852

The Lowell Transitional Living Center offers emergency shelter to Merrimack Valley residents in need of accommodation. Case managers can provide services and community referrals for housing, financial assistance, health and wellness, and more For intake, bring a valid Massachusetts ID, Social Security card, or birth certificate. Call or visit the website for more information about the intake process and services



#### The Wish Project

(866) 947-4360 or email info@thewishproject.org

www.thewishproject.org

Pick Up Hours: Tuesday through Saturday from 9:00am - 2:45pm The Wish Project provides free clothing, toiletries, and cleaning supplies to those in

need. Toiletries and cleaning supplies are given once a month and clothing every 3 months. A picture ID is required when picking up.





Please contact Rita Paulino at (781) 325-6709 if you have any questions about the information on this page or need additional assistance with these or other resources.

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#### Additional ACORN Resources

Visit the VA Office of Health Equity website for more information on ACORN and implementation resources. For questions or comments related to resource guide development or the initiative, contact the ACORN Leadership Team at VHAACORN@va.gov.

✓ For the Finished Document

☐ Cover page with facility location and/or region listed

# (VA medical center or community-based outpatient clinic name) ■ Particularly useful if creating location-specific guides for multiple counties in your facility service area □ Table of Contents □ Color-coordinated program titles, contact information and website links ■ Use the same font color for each line to visually separate information □ VHA social workers and/or other VHA staff contact (full name and phone number) should be highlighted in the same location on each guide

<b>√</b>	Key Components for Each Resource
	Full program title and acronym
	Program and primary point of contact information (e.g., phone number, email address, website link, and physical address)
	Available contact hours and/or hours of operation
	Concise, informative description of available services
	Eligibility criteria and application requirements
	For any virtual programming or phone apps, include whether only available on certain phones or platforms (e.g., iOS, Android, requires email, etc.)
✓	Optional Additions
	QR Codes for applicable resources with website links ( <a href="https://www.qr-code-generator.com">www.qr-code-generator.com</a> )
	Alternate program contacts and/or locations, if applicable

☐ Call-out boxes and Notes can be used to emphasize information, including hotline numbers or

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general temporary notes (e.g., specific application deadlines, whether all programs are virtual, etc.)

☐ Subheadings for grouped resources and quick summaries