GRANT & PER DIEM NATIONAL PROGRAM OPERATIONAL GRANTEE CALL

August 8, 2023

RECORDING LINK: https://veteransaffairs.webex.com/recordingservice/sites/veteransaffairs/recording/playback/5b3d52671843103cadf700505681c407

RECORDING PASSWORD: Homeless 1!



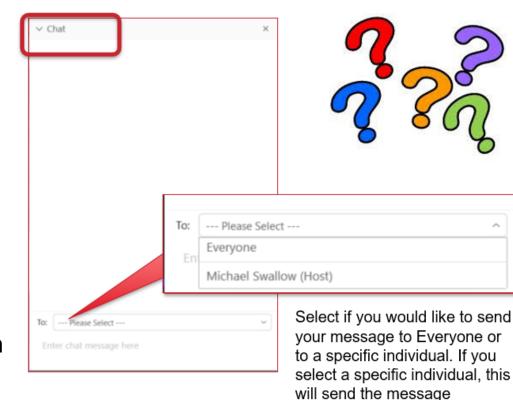


HOUSEKEEPING

- This meeting is being recorded.
- Past recordings are available on the GPD provider website: https://www.va.gov/HOMELESS/GPD ProviderWebsite.asp
- The webinar will last approximately 60 minutes.
- Mics and video are disabled (but always check to make sure you're on mute).
- Questions can be submitted using the Chat function.

Select the Chat icon on the tool bar at the bottom of the screen.







privately so no one else in the

meeting will see it.



AGENDA

 Honoring our Promise to Address Comprehensive Toxics (PACT) Act of 2022 – Toxic Exposure Screening: Dr. Stephen Hunt

 Street Outreach Strategies: Doug Tetrault, Eric Gammons, Randy McCoy; TAC & Abt, VA Homeless Programs Technical Assistance

Questions





HONORING OUR PROMISE TO ADDRESS COMPREHENSIVE **TOXICS (PACT) ACT OF 2022 – TOXIC EXPOSURE SCREENING** HPO: GRANT PER DIEM PROGRAM- GPD COMMUNITY PARTNER GRANTEES



August 8, 2023





PRESENTER



Dr. Stephen Hunt

National Director of the VA Post-Deployment Integrated Care Initiative since 2007, co-lead of the PACT Pain Initiative, and National Physician lead for the Toxic Exposure Screening, a key feature of PACT Act Legislation.

Dr. Hunt has been the Registry Physician at VA Puget Sound since the beginning of his career. He is a Clinical Professor of Medicine at the University of Washington School of Medicine in the Occupational and Environmental Medicine Program. He is involved in clinical care, research, policy development, education and outreach related to health concerns of combat Veterans nationally.



PURPOSE



This presentation provides an overview of the Toxic Exposure Screening, implemented as part of the Sergeant First Class Heath Robinson Honoring our Promise to Address Comprehensive Toxics (PACT) Act of 2022.

The following topics will be covered:

- Definition of toxic exposure
- Toxic exposure screening introduction
- Current Data
- Phase 2 & 3 Implementation: Pathways forward

TOXIC EXPOSURE

The PACT Act defines the term "toxic exposure," but generally, "toxic exposure" refers to a subset of Military Environmental Exposures. Whether an exposure is "toxic" is determined by the substance, the concentration of exposure, route of exposure (inhalation, ingestion, transdermal or intradermal, intravenous, etc.), and duration of exposure.

Chemicals	Herbicides (Agent Orange) used during Vietnam era, burn pits, sulfur fire in Iraq, Camp Lejeune water supplies, pesticides used during Gulf War, depleted uranium, industrial solvents	
Air Pollutants	Burn pits, oil well fire during Gulf War, sulfur fire in Iraq, Atsugi (Japan) wa incinerator, sand, dust, and very small, fine particles or liquid droplets	
Occupational Hazards	Asbestos, industrial solvents, lead, radiation, vibration, noise, fuels, polychlorinated biphenyl (PCBs), and special paint used on military vehicles	
Radiation	Nuclear weapons and testing, x-rays, depleted uranium	
Warfare Agents (SHAD), herbicide tests and storage, and chemical experiments		



VA TOXIC EXPOSURE SCREENING – LEGAL REQUIREMENTS

- On November 8, 2022, enrolled Veterans began receiving an initial Toxic Exposure Screening.
 Screenings will be completed at least once every 5 years.
- Veterans who are not enrolled and who meet eligibility requirements will have the opportunity to enroll and receive the screening.
- Veterans are asked questions about potential exposure to an open burn pit or other hazards commonly associated with military environmental exposure. Responses are entered into their health care record.



VA TOXIC EXPOSURE SCREENING QUICK FACTS

- Who: All Veterans enrolled in VA health care
- What: A brief screening averaging 5–10-minutes to identify and document any potential exposures to toxins during military service
- When: At least once every 5 years.
- Where: At VA medical centers/clinics, including virtual encounters.
- Why: To support the long-term health plan of the Veteran—ensuring they receive informed, wholehealth care—and connect them with follow-up resources as requested.
 - ⇒ EXPOSURE INFORMED CARE





TOXIC EXPOSURE SCREENING RESOURCES

It is a **legislative requirement** that complementary print materials that outline toxic exposure related resources are available at each medical facility and are offered to Veterans during initial screening. Print materials provide information about:

- Types of toxic exposures
- How to participate in health registries
- How to submit a claim
- Presumptive conditions
- Connecting with VA health care team

In an effort to bridge the gap between VHA and VBA, VBA has developed a <u>handout</u> to provide to Veterans with positive screens. VHA and VBA are exploring more ways to strengthen the connection between positive screens and benefits applications, including data sharing.







The PACT Act expands eligibility to VA benefits and services for Veterans exposed to burn pits, Agent Orange, and other toxic substances.

Learn more at









GET LOCAL HELI

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ASK ONLINE



Submit a question online at ask.va.gov



Speak to a VA benefits specialist by calling 1-800-MyVA41

LET'S MEET · · · ·



TOXIC EXPOSURE SCREENING INFORMATION

VA is committed to providing screening, health care, and resources to Veterans with toxic exposure concerns from military service.

TOXIC EXPOSURE

While toxic exposure is defined by law, generally there are several types of possible exposures or hazards Veterans may have experienced during their military service. Some common examples appear below.

- » Open Burn Pits/Airborne Hazards: Contaminants or substances in the air including smoke and fumes from open burn pits and fine particulate matter.
- » Gulf War related exposures: Veterans may have been exposed to a variety of environmental hazards including particular and all well force.
- » Agent Orange: An herbicide used to thin-out thick foliage commonly found in jungles and field
- Radiation: Exposure from sources such as nuclear weapons.
- » Camp Lejeune contaminated water exposure: Between August 1, 1953, and December 31, 1987, Veterans and their families may have been exposed to contaminated drinking water.
- » Other exposures: There are other potential toxic exposures that may occur during military service.

MANAGE YOUR HEALTI

Proactively developing a long-term health care plan with your care team can help detect conditions early and treat or lessen the effect of complications resulting from exposure(s).

TALK WITH A VA PROVIDER:

- » Call 1-800-MyVA411 then press 8, or a local VA clinical care team
- » Send a secure message to your clinical care team through your patient portal:
- My HealtheVet at: www.myhealth.va.gov or My VA Health at: patientportal.myhealth.va.gov
- » Discuss exposure concerns at your next VA appointment

ENROLL IN VA CARE

- » Online www.va.gov/health-care/apply/application/introduction
- » Call 877-222-VETS (8387)
- » Visit your nearest VA medical center and enroll in person: www.va.gov/find-location













TOXIC EXPOSURE SCREENING (TES) NAVIGATOR



 TES Navigators have been identified at each VHA facility to serve as a general resource for Veterans and to disseminate information about the Toxic Exposure Screening

These personnel are likely your greatest resource for all things "TES" in your local VAMCs.



WHAT IS THE TES...

UP TO a 2 stage Reminder in CPRS; currently 1 stage in Oracle

1st Stage: Toxic Exposure Screening Reminder

- Purpose: Ask Veterans if they have experienced toxic exposures while serving in the Armed Forces, and if so, what types
- NOT limited to known risks/exposures

2nd Stage: Toxic Exposure Screening Follow-Up Reminder

- Completed ONLY if Veteran reports exposure OR if they are unsure of exposure and have questions
- Purpose:
 - Connect Veterans with resources to meet their needs (VSO/VBA, Registry, etc)
 - Records reported exposure in medical record
- Reported symptoms must be managed as a part of ongoing medical care



What IS the TES... and what is it NOT?

FAST FACTS:

NEW TOXIC EXPOSURE SCREENING FOR VETERANS

If you're enrolled in VA health care, you can now receive the toxic exposure screening at VA medical centers and clinics across the country. If you're not enrolled but meet eligibility requirements to <u>enroll</u>, you will have an opportunity to receive the screening after you enroll. During your screening, you'll be asked if you believe you experienced toxic exposures during your military service. If you answer yes, you may be connected to support and resources, including a review by your primary care team or provider.



HERE ARE SOME FAST FACTS TO GET TO KNOW THE PROCESS:

- » It's quick. The screening is a series of questions that takes around 5-10 minutes and can occur as part of a regular health care appointment.
- » It documents a variety of exposures. There are several types of possible exposures or hazards you may have experienced during your military service. This includes open burn pits and airborne hazards, Gulf War-related exposures, Agent Orange, radiation, Camp Lejeune contaminated water exposure, and others.
- » It helps support your long-term care plan. The toxic exposure screening aims to make your VA health care team aware of any potential exposures to toxins during your military service. This allows for ongoing care that ensures early diagnosis and treatment of any health concerns that may arise in the future related to your exposure(s).
- » You'll receive additional information. After your screening, you will also receive <u>information</u> about benefits, registry exams, and clinical resources to address any concerns you may have.
- » You can ask about the toxic exposure screening at your next VA health care appointment. If you don't have an upcoming appointment or want to be screened sooner, contact your local VA facility and ask to be screened by the Toxic Exposure Screening Navigator.
- » You'll be screened at least once every 5 years. Even if you don't have concerns today, you may in the future.
- » You can decline. If you choose not to be screened, you will have the option to decline until the following year.



- » It's not diagnostic. The screening identifies and documents potential exposures. If there is a need, it will support you in connecting with your health care team. You can also always contact your local VA health care team through Secure Message or call 1-800-MyVA411 and press 8.
- » It's not part of the VA benefits claims process. For information about how to file a claim, visit https://www.va.gov/disability/how-to-file-claim/.
- environmental health registry. You'll receive information about registry participation after your screening.



One of the best ways to manage your health is to proactively develop a long-term health care plan with your care team. The new toxic exposure screening can be an important part of that discussion.



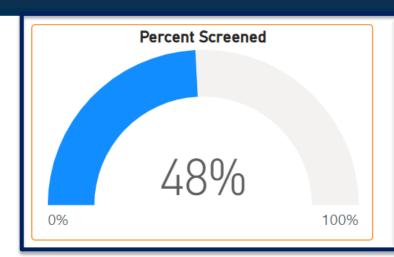
For information about enrolling in VA health care, visit:

https://www.va.gov/health-care/apply/application/introduction.

https://news.va.gov/wpcontent/uploads/sites/3/2023/02/TOXIC-EXPOSURE-SCREENING-FAST-FACTS.pdf



SCREENING TO DATE*



Percent Screened

Number of Enrollees that have a had a TES Screen divided by the Number of Enrollees



4,134,336

Total Toxic Exposure Screenings

(09/06/2022-07/31/2023)



1,755,553 (42.46%)

Toxic Exposure Screenings where Veterans Endorsed <u>at</u> least 1 Potential Exposure



344,326 (8.33%)

Toxic Exposure Screenings where Veterans Endorsed more than 1 Potential Exposure



1,411,227 (34.13%)

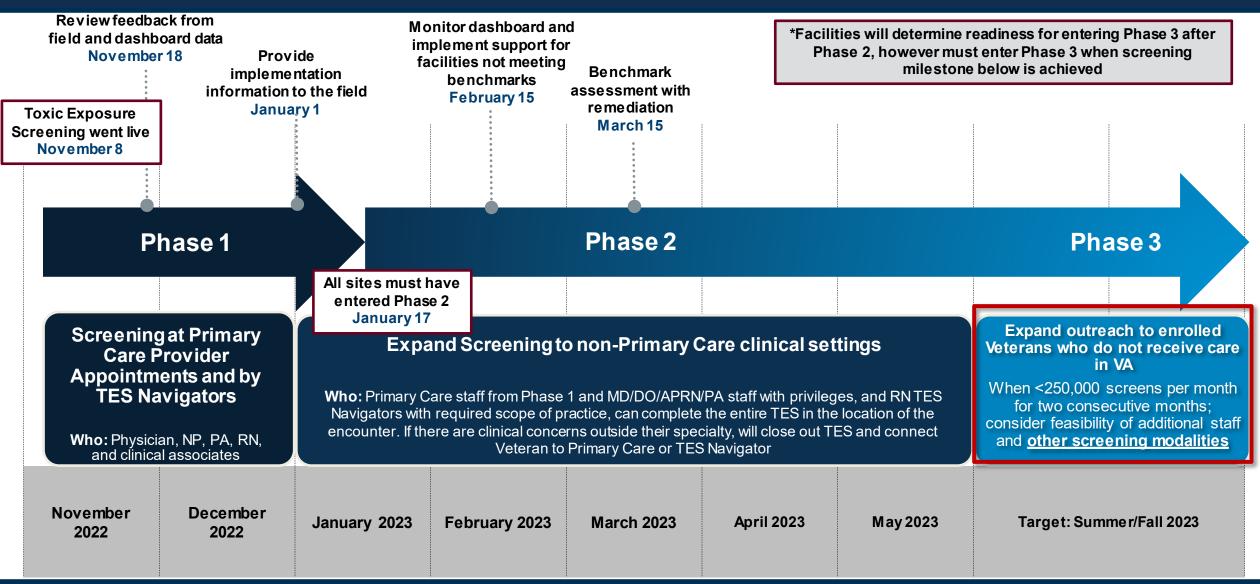
Toxic Exposure Screenings where Veterans Endorsed <u>exactly 1</u> Potential Exposure

*Selected data as of 7/31/23 from VA Pact Act | Veterans Affairs





Toxic Exposure Screening Phased Implementation







ADDITIONAL RESOURCES

- Visit <u>www.va.gov/PACT or call 1-800-MyVA411</u>, then press 8
- Access information on military environmental exposures: <u>www.PublicHealth.va.gov/exposures/index.asp</u>
- Access exposure benefits information: www.va.gov/disability/eligibility
- There is a suite of toxic exposure screening resources at the end of this comprehensive blog: https://news.va.gov/109115/spread-word-pact-act-health-care-eligibility/
- Download the free VA Exposure Ed mobile app: mobile.va.gov/app/exposure-ed





VA Mobile

Street Outreach Strategies

Grant and Per Diem Grantee Webinar August 2023





Grant & Per Diem Outreach Expectations

- GPD grantees should be actively involved in community outreach efforts to engage unsheltered Veterans in services.
- All FY 2024 transitional housing grantees discussed within their application the frequency of outreach activities and strategies they will employ.
- Grantees must ensure eligible, unsheltered Veterans have rapid access to services (i.e., same day access from the point of identification or referral to the GPD project, or within no more than 72 hours).



Outreach and VA's CY2023 Goals

- VA's One Team approach means all VA outreach efforts are coordinated and Veterans housing pathways remain choice-based and not based on which provider identifies the Veteran first.
- VA goal of outreach engagements with at least 28,000 unsheltered Veterans man a whole One Team approach is needed to create protocol for coherent outreach strategy
- Veterans who lost housing from VA homeless programs must be re-engaged in VA services as quickly as possible, whether from an unsheltered or sheltered situation.



Core Elements of Street Outreach (SO)

Effective Design and Implementation to Achieve Housing Success





What Role Does SO Play in the Homelessness Response System?

- First line of defense to keep unhoused people alive, particularly in extremely hot or cold weather
- Reaches vulnerable Veterans who won't seek services on their own
- Reaches Veterans who can't or won't stay in shelter
- Connection to Coordinated Entry and VA services
- Education for community partners
- Relationship building
- Others?





SO & Equity

- Staffing considerations to promote equitable outreach practices include efforts to make sure staff
 look like and/or have similar experiences to the Veterans with whom you are trying to connect.
- Veterans with varying identities may live or spend time in places unique to their identities (Ex: LGBTQ+2IA Veterans may spend time at certain social service organizations or places, or avoid certain locations where they feel undervalued or unsafe)
- Outreach may need to be iterative Veterans of varying identifies may need to be outreached by staff or peer specialists that represent similar populations, and this calibration or staffing efforts may take time.



Street Outreach (SO) Core Elements

Outreach is Systematic and Coordinated

- Requires collaboration between agencies and stakeholders- outreach is conducted on behalf of the community rather than one agency.
- SO is coordinated among providers- various providers with multiple funding streams engage in SO, coordination makes these efforts successful and outcomes positive for those being served.
- All SO contacts and housing placements are shared- this can be in HMIS, other data systems or the By-Name List (BNL).

Outreach is Housing Focused

- SO should utilize Housing First approaches.
- The goal is connections to stable housing services with tailored services.
- SO does not require people to enter Emergency Shelter (ES), emergency housing assistance, or Transitional Housing (TH) but should be prepared to connect people when they are willing





Street Outreach (SO) Core Elements Cont.

Outreach is Person Centered, Trauma Informed and Culturally Responsive

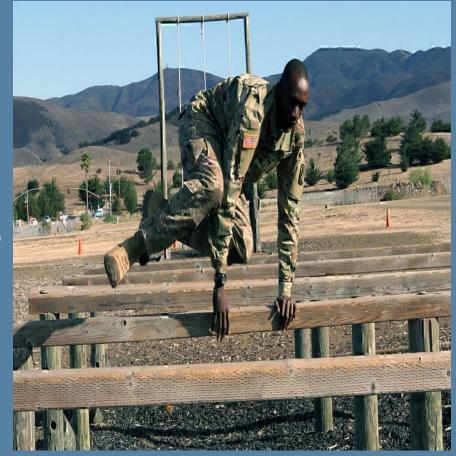
- Focuses on the person and their strengths and resources
- Does not make assumptions about what a person might need or want
- Is respectful and responsive to individual beliefs, identities and preferences
- Looks to local data to evaluate equity and disparities and tailors responses to address inequities
- Provides people the opportunity to say, 'No" multiple times while respectfully attempting to engage again
- Utilizes diversion and problem-solving techniques to explore safe housing options
- Emphasizes Safety and Harm reduction
 - Accepts that some individuals may not initially accept offers of shelter or housing
 - Outreach providers have protocols to ensure safety of all individuals seeking assistance





Overcoming Obstacles

GPD Grantee Webinar August 2023







Different Geographies Present Different Barriers

Rural and Balance-of-State	Suburban	Mix of Urban, Suburban and Rural
 Fewer homeless service providers and 	Fewer homeless service	 Variation in availability of homeless
specialized resources	providers and resources	service providers and resources
 Wide distances between providers 	 Limited visibility of homeless 	Variation in needs of homeless
 Lack of connectedness or 	population	population(s) in different areas of the
collaboration between providers	 Limited public transportation 	CoC
 Limited visibility of homeless 	 Lack of awareness about 	 Variation in key stakeholders and
populations	issue of homelessness	access points across the CoC
 Limited public transportation 		 Lack of awareness about issue of
 Limited jobs and affordable housing 		homelessness outside urban areas
 Lack of awareness about issue of 		
homelessness		





Engaging Veterans

- All Veterans are Different, understand their uniqueness and individual needs
 - Lack of trust in systems or the government
 - Possibly isolated in rural areas for a reason
 - Trauma histories- personal trauma, service-connected trauma
 - Cultural norms may reinforce the idea of not taking handouts
 - "Improvise, Adapt, Overcome"
- Tailor engagements to the individual Veteran
 - Authentic engagement
 - Under promise and over perform
 - Accept that they may say no to supports and services more than once





Street Outreach: Strategies and Best Practices





Learn from Veterans with Lived Experience

Developing relationships and gaining knowledge

- Learn how to identify other Veterans experiencing homelessness
- Learn where Veterans go for services or how they meet basic needs
- Learn about communication networks, how they hear about services and connect with them
- Learn what their unmet needs are in the community





Focused Engagements and Services

- Be prepared to start with the little things
 - Sleeping bags, tents, food.
 - Target items to the season- Sunscreen, water in hotter months. Chapstick, hand warmers in colder months.
 - Ask Veterans with lived experience what the needs are.
 - These supplies are not the purpose of outreach, but can support engagement and trust
- Training in overdose first aid and access to Naloxone
- Engagements should focus on housing- often not a linear path...keep trying
- Address specific needs identified by the Veteran





General Safety Considerations

Create a safety policy

- Don't "go in blind", do your research before going to new locations, and if possible, engage local contacts who regularly engage with the individual in the initial visit
- Team up, teams of two, at minimum
- Team members should have identified division of labor
- Make sure you have phone service
- Ask permission to enter someone's space
- Understand real vs. perceived threats
- When in doubt, trust your gut
- Others?





General Outreach Do's and Don't's

Do:

- Clearly identify yourself and your agency
- Be yourself
- Listen
- Respond, don't react
- Describe available resources and allow the Veteran to decide how to proceed
- Use Motivational Interviewing and Harm Reduction
- Make repeat visits to build trust and continue to offer resources and services

Don't:

- Sneak up or corner someone
- Don't invade someone's space
- Don't promise what can't be delivered
- Don't "case manage"
- Don't go alone
- Don't preach, pry or prod
- Don't go at 4 a.m.





Connect With Community Resources

Connect with public systems

- Common public systems-Police and Sheriff's offices, jails, libraries, schools
- Uncommon systems- County road crews, game wardens and conservation agents, USDA

Non-profits

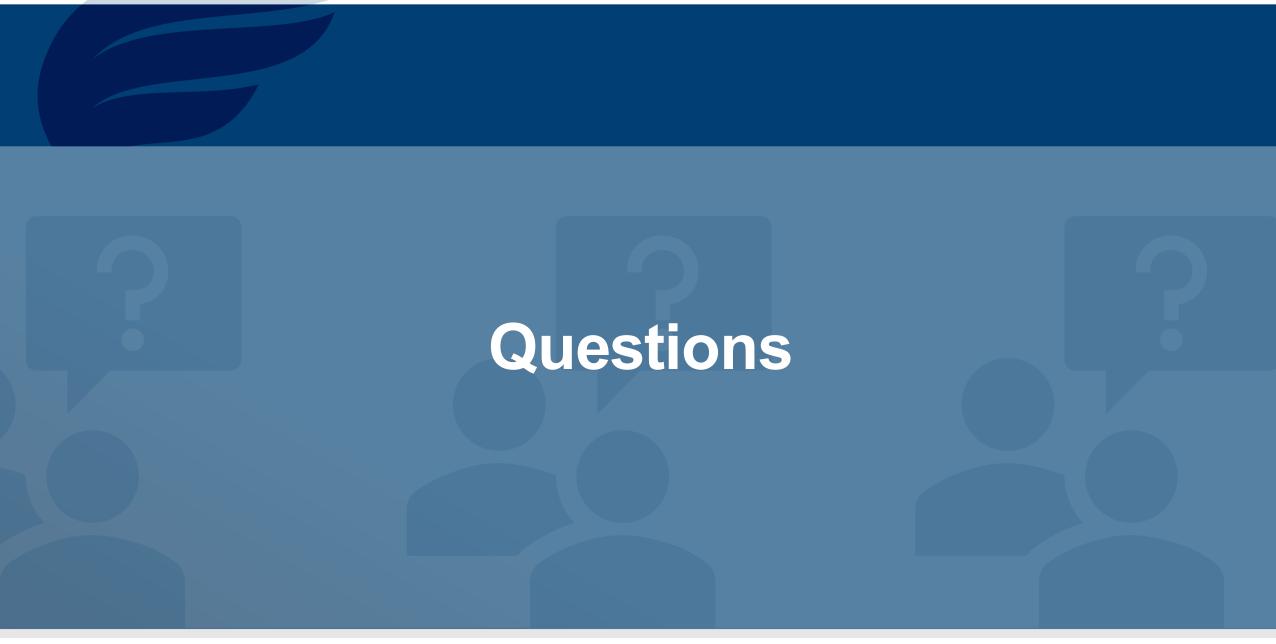
- Common non-profits- Food banks, Community Action Agencies, shelters
- Uncommon-Churches and religious organizations, Veteran Service Organizations (VFW, AM Vets etc.), hiking and camping organizations

Site based outreach

- Common- Day programs, meal locations, shelters
- Uncommon-Truck stops/gas stations, laundromats, Wal Mart (other 24/7 locations)











Resources

- Rural Veteran Outreach Workbook and Toolkit V.3
- Assessing the Evidence: What We Know About Outreach and Engagement
- National Health Care for the Homeless Council Blog Post: Tips to Ensure Safety in Street Outreach
- Challenges and Strategies for Serving Unstably Housed Veterans in Rural Areas: Evidence from the Supportive Services for Veteran Families (SSVF) Program
- Service Delivery in Rural Areas (Presentation) (hudexchange.info)



Community Resources List

Natural

- Interstate exits
- Canyons/hollows
- Rest areas
- Campgrounds
- National and State Parks or **Nature Refuges**
- Department of Natural Resources properties
- Sites with outdoor toilet facilities
- Construction sites
- Dumpsters
- Beaches, riverbeds
- Farm Buildings

Community

- Stores open 24 hours
- Diners/Fast Food Restaurants
- Convenience stores/Tobacco store/Gas stations
- 7am liquor store openings
- Grocery stores
- Recycling Centers
- Laundromat
- Rundown or budget m/hotel With formerly homeless individuals already housed
- Churches
- Storage unit centers
- Parking garages
- Truck stops
- Car impound lot

Institutional

- Social Security
- Post Office
- Small community colleges
- Library
- National Guard Armories
- City and long distance bus /train stations
- Law enforcement
- Jails
- Rural health centers
- VA CBOCs
- Health clinics
- Hospital/Emergency rooms
- Plasma Centers
- Food pantries/ Federal food assistance offices (SNAP, WIC, and TEFAP)





Thank You!







THANK YOU!



Next Call: Tuesday, September 12th @ 2pm ET



