The VA Multiple Sclerosis Centers of Excellence are dedicated to improving healthcare for Veterans with MS. We partner with Veterans, caregivers, healthcare providers, and other stakeholders to optimize health and quality of life for Veterans with MS.

**LEARN MORE ABOUT MS!**
Go to [www.va.gov/ms](http://www.va.gov/ms) to learn about MS and VA benefits, services, and MS research.

**MAKE A CONNECTION!**
Join a local or national Veterans advocacy group or MS support group.

**RAISE COMMUNITY AWARENESS!**
Participate in the National MS Society Walk or Bike MS or the Veterans Wheelchair Games or Summer Sports Clinic.