

U.S. Department of Veterans Affairs Veterans Health Administration Multiple Sclerosis Centers of Excellence

# March is MULTIPLE SCLEROSIS AWARENESS MONTH

VA has made advanced investments in MS research and treatment through its MS Centers of Excellence, helping Veterans live their best lives with MS.

**MS is a complex autoimmune disease** that disrupts the flow of information between the brain and parts of the body.

Worldwide, over 2.3 million people have a diagnosis of MS. MS affects nearly 1 million people in the U.S., with 18,000 Veterans getting their MS care in VA each year.

While MS has no cure, **advances in treating and understanding MS are made every year**, moving research closer to identifying a cure.

With awareness there is hope, spread the word!

WEBSITE: www.va.gov/MS E-MAIL: MSCentersofExcellence@va.gov



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VA's MS Centers of Excellence are dedicated to furthering the understanding of MS, its impact on Veterans, and effective treatments to help manage MS.

#### LEARN MORE ABOUT MS.

Go to the MS Centers of Excellence website, www.va.gov/ms, to learn about MS and VA benefits, services, and research.

### MAKE A CONNECTION.

Join a Veterans advocacy group or MS support group.

### **RAISE COMMUNITY AWARENESS.**

Participate in an event supporting people with MS, such as the National MS Society Walk MS or Veterans Wheelchair Games.

#### WITH AWARENESS THERE IS HOPE, SPREAD THE WORD!

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