

MS VETERAN

VA Multiple Sclerosis Centers of Excellence



The [MS Centers of Excellence](#) are watching the COVID-19 situation closely and support the guidance from VA Central Office, the Centers for Disease Control, and the National MS Society. Please check our [COVID-19 and Vaccine Information webpage](#) periodically for changes and updates.

March is MS Awareness & Education Month

MS affects nearly 1 million people in the U.S., with around 18,000 Veterans getting their MS care through VA each year. VA has made advanced investments in MS research and treatment through its [MS Centers of Excellence](#), helping Veterans live their best lives with MS. MSCoE encourages people affected by MS to engage in the clinical, research and education activities VA offers.



Visit our [Veteran Stories](#) and [Veteran YouTube](#) webpages to hear from Veterans living with MS and help us raise MS awareness. Making a connection can help people expand their knowledge and understanding of MS, improving support of individuals whose lives are affected by MS.

[Learn More](#)

Living with Progressive MS: Free Veteran Webinar

Learn strategies for managing your MS in an integrated, comprehensive way and what resources are available from the [Veterans Affairs](#), [Paralyzed Veterans of American](#), and [National MS Society](#) to help you live your best life with MS.



Date: Thursday, March 11, 2021

Time: 1 pm ET, 12 pm CT, 11 am MT, 10 am PT

Register: [Online](#) or call 1-800-344-4867

[Learn More](#)

Veterans Living with MS: Nick Mangus

I fell in love with and chose an Army career after attending an ROTC summer camp in college. Although I had visual issues and subsequent eye surgeries from my Gulf War deployment throughout the 1990's, I was not diagnosed with MS until 1998. One morning I woke up and could not feel the left side of my face. I went to the emergency room that morning, and following a series of tests, I was told that I had multiple sclerosis.

[Read Full Article](#)



Generic & Biosimilar Disease Modifying Therapies

The field of MS is seeing an explosion of new U.S. Food and Drug Administration approvals for MS disease modifying therapies. Some of these approvals are for generic and biosimilar versions of existing brand-name disease modifying therapies, raising questions among MS providers and Veterans with MS alike about what they are, why they exist, and when we may see them used for MS treatment in the VA.

[Read Full Article](#)



Vaccines & MS: A Practical Guide

Vaccines have been the focus of the news lately. Many questions come up when discussing the importance of vaccines for maintaining our health. Vaccines protect us from diseases without us having to experience the actual disease. Currently, there are vaccines available to protect children and adults against at least 17 serious diseases. Let's look at what vaccines are, who needs them, and some common questions or concerns people have about vaccines.

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Comprehensive Assistance for Family Caregivers Program

VA recognizes the important role of family caregivers in supporting the health and wellness of Veterans. The Program of Comprehensive Assistance for Family Caregivers (PCAFC) is for eligible Veterans who have incurred or aggravated a serious injury in the line of duty on or before May 7, 1975 or on or after September 11, 2001. This program provides resources, education, support, a financial stipend, health insurance (if eligible), and beneficiary travel (if eligible), to caregivers of eligible Veterans.



Find out if your family caregiver may be eligible and how to apply for the [Program of Comprehensive Assistance for Family Caregivers](#).

[Learn More](#)

National MS Society MS Navigators

National MS Society [MS Navigators](#) - highly skilled, compassionate professionals - connect you to the information, resources and support needed to move your life forward. These supportive partners collaborate with VA to help you navigate the challenges of MS unique to your situation.

Call 1-800-344-4867 or send an e-mail to the NMSS at contactusnmss@nmss.org.



Can Do MS Webinars

Join [Can Do MS](#) live from the convenience of your home for free, in-depth discussions that cover a variety of topics.

Date: 2nd Tuesday, Every Month

Time: 8 pm ET, 7 pm CT, 6 pm MT, 5 pm PT

Go to their [webinar webpage](#) for information on topics, speakers, and registration. Learn about their free, one-day virtual [JUMPSTART](#) programs.



Multiple Sclerosis Centers of Excellence

VA MS Center of Excellence East | Baltimore, MD & Washington, DC

VA MS Center of Excellence West | Seattle, WA & Portland, OR

Contact us at: MSCentersofExcellence@va.gov

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Multiple Sclerosis Centers of Excellence

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