

VA Multiple Sclerosis Centers of Excellence

e-Newsletter for Veterans with Multiple Sclerosis

Sign up to receive important information from the VA's MS Centers of Excellence about a variety of topics important to Veterans living their best lives with MS, such as

- complementary and alternative therapies,
- disease modifying therapies,
- educational opportunities,
- healthy living and whole health,
- rehabilitation services,
- research in VA,
- symptom management,
- VA benefits and resources, and
- Veterans stories about living with MS.



To receive this important newsletter please follow the directions below.

1. Go to **www.va.gov/MS**.
2. In the navigation pane on the left side of the home page screen, click on the grey box where the text says **“Sign up to receive VA MS Information!”**.
3. Once on the new webpage, click on the blue text bubble **“Click to sign up for VA MS information”** and follow the prompts for information.

Once you are signed up, our quarterly MS Veteran electronic newsletter will be delivered directly to your inbox, as well as announcements about virtual webinars developed by or in collaboration with VA.

Your e-mail address will not be shared with others. The newsletter e-mails will come from "veteranshealth@public.govdelivery.com". Questions should be sent to MSCentersofExcellence@va.gov.