If you are professional staff or a supervised trainee in a VA facility and would like to support Caregivers of Veterans with the following conditions: ALS, Dementia, MS, PTSD, or Spinal Cord Injury/Disorders training for the REACH (Resources for Enhancing All Caregivers Health) VA Program is now available.

Training is offered by the Memphis Caregiver Center and the VHA Employee Education System (EES) and is approved for 3.0 CEUs for nurses, social workers, counselors and psychologists. Register in TMS to attend one of the sessions listed below to learn about the REACH VA Program and to discover how you can become a certified REACH VA Program Coach. All training is live and online; supported by Adobe Connect and VANTS.

As a Program Coach, you will deliver skills building in four core sessions. Caregivers will develop skills in problem solving, positive thinking and stress management. The Program can be delivered over two to three months by phone or face-to-face delivery. The REACH VA Program has been shown to decrease Caregiver depression, burden, and frustrations, and reduce the number of challenging problems reported.

REACH VA is focused and efficient; it helps maximize your time and interaction with Caregivers by providing a structure for giving them exactly what they need.

<table>
<thead>
<tr>
<th>Current Registration Link in <a href="mailto:TMS@va.gov">TMS@va.gov</a></th>
<th>Training Class Time:</th>
</tr>
</thead>
<tbody>
<tr>
<td>REACH VA 16 AUG 2017</td>
<td>11:00am - 2:00 pm ET</td>
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</tbody>
</table>

Classes to be added to TMS in October 2017:

- October 18, 2017 1:00pm to 4:00pm ET
- December 20, 2017 11:00am to 2:00pm ET
- February 21, 2018 1:00pm to 4:00pm ET
- April 8, 2018 11:00pm to 2:00pm ET
- June 20, 2018 1:00pm to 4:00pm ET
- August 15, 2018 11:00pm to 2:00pm ET

To learn more about the program, please contact:

Celeste Bursi, MSSW
(901) 523-8990, select option 1, ext. 6741
celeste.bursi@va.gov