

MS Intimacy and Sexuality Questionnaire-19 (MSISQ-19)	Never	Almost Never	Occasionally	Almost Always	Always
Over the last six months, the following symptoms have interfered with my sexual activity or satisfaction:	1	2	3	4	5
1. Muscle tightness or spasms in my arms, legs, or body	1	2	3	4	5
2. Bladder or urinary symptoms	1	2	3	4	5
3. Bowel symptoms	1	2	3	4	5
4. Feelings of dependency because of MS	1	2	3	4	5
5. Tremors or shaking in my hands or body	1	2	3	4	5
6. Pain, burning, or discomfort in my body	1	2	3	4	5
7. Feeling that my body is less attractive	1	2	3	4	5
8. Problems moving my body the way I want during sexual activity	1	2	3	4	5
9. Feeling less masculine or feminine due to MS	1	2	3	4	5
10. Problems with concentration, memory, or thinking	1	2	3	4	5
11. Exacerbation or significant worsening of my MS	1	2	3	4	5
12. Less feeling or numbness in my genitals	1	2	3	4	5
13. Fear of being rejected sexually because of MS	1	2	3	4	5
14. Worries about sexually satisfying my partner	1	2	3	4	5
15. Feeling less confident about my sexuality due to MS	1	2	3	4	5
16. Lack of sexual interest or desire	1	2	3	4	5
17. Less intense or pleasurable orgasms or climaxes	1	2	3	4	5
18. Takes too long to orgasm or climax	1	2	3	4	5
19. Inadequate vaginal wetness or lubrication (women) / difficulty getting or keeping a satisfactory erection (men)	1	2	3	4	5

MSISQ-19 Scoring:

Primary sexual dysfunction items = 12, 16, 17, 18, 19

Secondary sexual dysfunction items = 1, 2, 3, 4, 5, 6, 8, 10, 11

Tertiary sexual dysfunction items = 7, 9, 13, 14, 15

Any item scoring "4" or "5" should be discussed with your MS healthcare provider.