



MULTIPLE SCLEROSIS FAMILY & CAREGIVER CONFERENCE

- DATE:** Monday, October 24, 2016
- TIME:** 2 pm ET, 1 pm CT, 12 pm MT, 11 am PT
- TOPIC:** Caregiver Health Lifestyle & Self-care
- SPEAKER:** Lynda Hillman, DNP, ARNP
- PHONE:** 1-800-767-1750, Code 43157#

We are phasing out the MS Family & Caregiver Calls.
The last call will be held on November 28, 2016.

We will be piloting a new program to replace these calls, called **REACH MS** (Resources for Enhancing All Caregivers' Health- Multiple Sclerosis). The goal of **REACH MS** is to decrease stress and promote wellness. For information about this new 4-session telephone based caregiver support group, please contact:

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