

Patient Centered Care and Shared Decision Making

	Patient Centered Care	Shared Decision Making
Definition	<p>“Patient-centered: providing care that is respectful of and responsive to individual patient preferences, needs, and values, and ensuring that patient values guide all clinical decisions” (pg. 40).</p> <p style="text-align: center;">Institute of Medicine. (2001). <i>Crossing the Quality Chasm. Crossing the Quality Chasm: A New Health System for the 21st Century</i>. Washington, D.C: National Academy Press.</p> <p>At the VA, patient-centered care starts by putting the Veteran and their goals, not the disease/illness, at the center of care. The elements of VA patient centered care are presented in this video: https://www.youtube.com/watch?v=QjNTVQfUJRU&feature=youtu.be</p>	<p>“Shared decision making occurs when a health care provider and a patient (including their family members or caregivers) work together to make a health care decision that is best for the patient. The optimal decision takes into account evidence-based information about available options, the provider's knowledge and experience, and the patient's values and preferences.” (pg. 2).</p> <p style="text-align: center;">AHRQ. <i>The Share Approach: Achieving Patient-Centered Care with Shared Decision Making</i>: Accessed 9-14-2015 at http://www.ahrq.gov/professionals/education/curriculum-tools/shareddecisionmaking/tools/tool-9/index.html.</p>
Resources	<p>U.S Dept. of Veterans Affairs Office of Patient Centered Care and Cultural Transformation The VA OPCC&CT works with VA leadership and health care providers to transform VA’s health system from the traditional medical model (focusing on treating specific illnesses/issues) to a personalized, proactive, patient-driven model that promotes whole health for Veterans and their families.</p> <p>Internet: http://www.va.gov/patientcenteredcare/</p>	<p>Agency for Healthcare Research and Quality (AHRQ) http://www.ahrq.gov/professionals/education/curriculum-tools/shareddecisionmaking/index.html. This site provides information on the SHARE Approach (5-step SDM process). A comprehensive toolkit is provided.</p> <p>U.S. Dept. of Veterans Affairs Geriatrics and Extended Care http://www.va.gov/GERIATRICS/Guide/LongTermCare/Shared_Decision_Making.asp. This site provides SDM videos and tools. For example, see a short animated video describing SDM http://www.va.gov/GERIATRICS/videos/video_medical_shared_decision_making_animation.asp</p>