Congratulations on your new Federal employment!

Webinars are held:

**Thursdays at 11 am EST**

Register for a medical/dental/vision session by clicking **HERE**

Part of your onboarding includes learning about your benefit options and making the best selections for you and your family.

- Foreign Service Benefit Plan
  - GEHA
- Kaiser Permanente
- Mail Handlers Benefit Plan
  - UnitedHealthcare
- FSAFeds
- Benefeds
- The Federal Long Term Care Insurance Program
  - Benefeds

There will be an opportunity to ask questions before making your health care selections.