

## Chronic Pain Rehabilitation Program

If you are interested in this program talk with your provider. Your provider can make a referral to the CPRP.

Referral instructions for providers are available at our website:  
[www.tampa.va.gov/chronicpain](http://www.tampa.va.gov/chronicpain)

Patient testimonial video is available:  
[www.youtube.com/watch?v=2QKh01UocZw](http://www.youtube.com/watch?v=2QKh01UocZw)

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Nicolle Angeli, PhD  
Clinical Director, Inpatient CPRP

## Additional Information

### Accreditation

CARF accredited

Joint Commission accredited  
American Pain Society Clinical  
Center of Excellence  
designation



For more information contact:  
**Chronic Pain  
Rehabilitation Program  
(813) 972-2000, ext. 4753**

James A. Haley Veterans' Hospital  
13000 Bruce B. Downs Blvd.  
Tampa, FL 33612

[www.tampa.va.gov/chronicpain](http://www.tampa.va.gov/chronicpain)



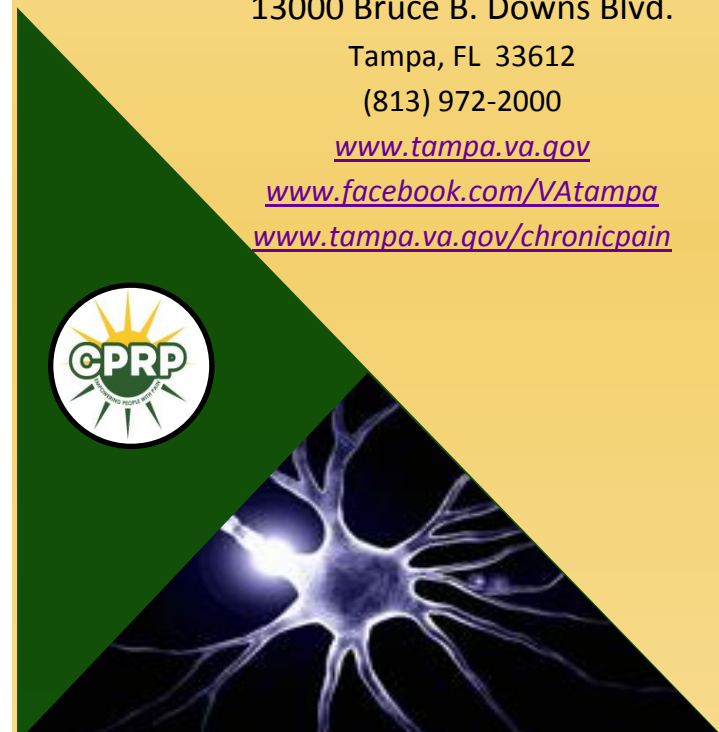
Approved by Hospital Veteran & Family  
Health Education Committee 2017 #1



# Chronic Pain Rehabilitation Program (CPRP)

James A. Haley Veterans'  
Hospital & Clinics  
13000 Bruce B. Downs Blvd.  
Tampa, FL 33612  
(813) 972-2000

[www.tampa.va.gov](http://www.tampa.va.gov)  
[www.facebook.com/VAtampa](https://www.facebook.com/VAtampa)  
[www.tampa.va.gov/chronicpain](http://www.tampa.va.gov/chronicpain)



## **The Chronic Pain Rehabilitation Program...**

**(CPRP)** provides complete care for Veterans with chronic, non-cancer pain. The CPRP is nationally recognized as an American Pain Society “Clinical Center of Excellence.” CPRP is supported by a group of highly trained and dedicated staff members.

### **Our Purpose...**

We help Veterans achieve a better quality of life. This is done by optimizing your level of physical, emotional, and social functioning in the home, workplace, and community.

### **Our Approach...**

After a thorough evaluation, each Veteran receives an individualized treatment plan. The plan targets the physical and emotional effects of pain. It includes teaching a wide range of skills to manage pain.

The inpatient CPRP does not use opioids or muscle relaxants for managing pain. Veterans who use these medicines are welcome and will be tapered off of them under medical supervision during inpatient CPRP treatment.

## **During the 19-day inpatient program you will receive:**

- Pain medicine evaluation and adjustment
- A well-rounded exercise program that includes aerobic activity, strength and flexibility training, and pool therapy
- Training in relaxation, coping skills, and communication
- Education about the physical and emotional effects of pain
- Recreational activities to increase social and leisure functioning
- Assistance with vocational rehabilitation
- Family education and involvement when desired

## **Your CPRP Pain Team...**

includes members with advanced education and training. They will provide services such as:

- Medical monitoring and medicine management (*Nurse Practitioners & Registered Nurses*)
- Helping with stress, depression, and coping with pain (*Psychologists*)
- Assessing and improving physical function (*Physical Therapists*)
- Managing pain using pool exercises (*Kinesiotherapists*)
- Evaluating and managing pain problems (*Physiatrists*)
- Helping you perform everyday activities with greater ease and satisfaction (*Occupational Therapists*)
- Using social activity & leisure for health (*Therapeutic Recreation Specialists*)
- Evaluating employment options (*Vocational Rehabilitation Specialists*)
- Providing group education (*All Disciplines*)
- Promoting health through nutrition and diet (*Registered Dietitians*)
- Providing assistance to address problems in social and living environment (*Social Workers*)