

## Pain Numeric Rating Scale

**1. On a scale of 0 to 10, with 0 being no pain at all and 10 being the worst pain imaginable, how would you rate your pain RIGHT NOW.**

<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>No Pain</b>										<b>Worst Pain Imaginable</b>

**2. On the same scale, how would you rate your USUAL level of pain during the last week.**

<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>No Pain</b>										<b>Worst Pain Imaginable</b>

**3. On the same scale, how would you rate your BEST level of pain during the last week.**

<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>No Pain</b>										<b>Worst Pain Imaginable</b>

**4. On the same scale, how would you rate your WORST level of pain during the last week.**

<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>No Pain</b>										<b>Worst Pain Imaginable</b>