

Pain Numeric Rating Scale

1. On a scale of 0 to 10, with 0 being no pain at all and 10 being the worst pain imaginable, how would you rate your pain RIGHT NOW.

0	1	2	3	4	5	6	7	8	9	10
No Pain										Worst Pain Imaginable

2. On the same scale, how would you rate your USUAL level of pain during the last week.

0	1	2	3	4	5	6	7	8	9	10
No Pain										Worst Pain Imaginable

3. On the same scale, how would you rate your BEST level of pain during the last week.

0	1	2	3	4	5	6	7	8	9	10
No Pain										Worst Pain Imaginable

4. On the same scale, how would you rate your WORST level of pain during the last week.

0	1	2	3	4	5	6	7	8	9	10
No Pain										Worst Pain Imaginable