

# WEST HAVEN-YALE MULTIDIMENSIONAL PAIN INVENTORY

For Significant Others

BEFORE YOU BEGIN, PLEASE ANSWER 2 PRE-EVALUATION QUESTIONS BELOW:

1. Some of the questions in this questionnaire refer to your “significant other”. A significant other is *a person with whom you feel closest*. This includes anyone that you relate to on a regular or infrequent basis. It is very important that you identify someone as your “significant other”. Please indicate below who your significant other is (check one):

Spouse  Partner/Companion  Housemate/Roommate  
 Friend  Neighbor  Parent/Child/Other relative  
 Other (please describe):

---

2. Do you currently live with this person?  YES  NO

When you answer questions in the following pages about “your significant other”, always respond in reference to the specific person you just indicated above.

---

When you know your partner is in pain (or experiencing increased pain), how are you likely to respond? Mark how frequently you are likely to do each of the following.

1. Express sympathy

0 1 2 3 4 5 6  
Never Very often

2. Ask what I can do to help.

0 1 2 3 4 5 6  
Never Very often

3. Leave the room.

0 1 2 3 4 5 6  
Never Very often

4. Express irritation at him/her.

0 1 2 3 4 5 6  
Never Very often

5. Take over his/her job or duties.

0 1 2 3 4 5 6  
Never Very often

6. Talk to him/her about something else to take him/her mind off the pain.

0 1 2 3 4 5 6  
Never Very often

7. Express my frustration at him/her.

0 1 2 3 4 5 6  
Never Very often

8. Try to get him/her to rest.

0 1 2 3 4 5 6  
Never Very often

9. Try to involve him/her in some activity

0 1 2 3 4 5 6  
Never Very often

10. Express anger at him/her.

0 1 2 3 4 5 6  
Never Very often

11. Gets him/her some pain medication.

0 1 2 3 4 5 6  
Never Very often

12. Encourage him/her to work on a hobby.

0 1 2 3 4 5 6  
Never Very often

13. Get him/her something to eat or drink.

0 1 2 3 4 5 6  
Never Very often

14. Turn on the T.V. to take his/her mind off my pain

0 1 2 3 4 5 6  
Never Very often

15. Give him/her a massage.

0 1 2 3 4 5 6  
Never Very often

16. Try to comfort him/her by listening to his/her complaints.

0 1 2 3 4 5 6  
Never Very often

17. Tell him/her not to exert himself/herself.

0 1 2 3 4 5 6  
Never Very often