

Bioenergetics in Veterans with Gulf War Illness

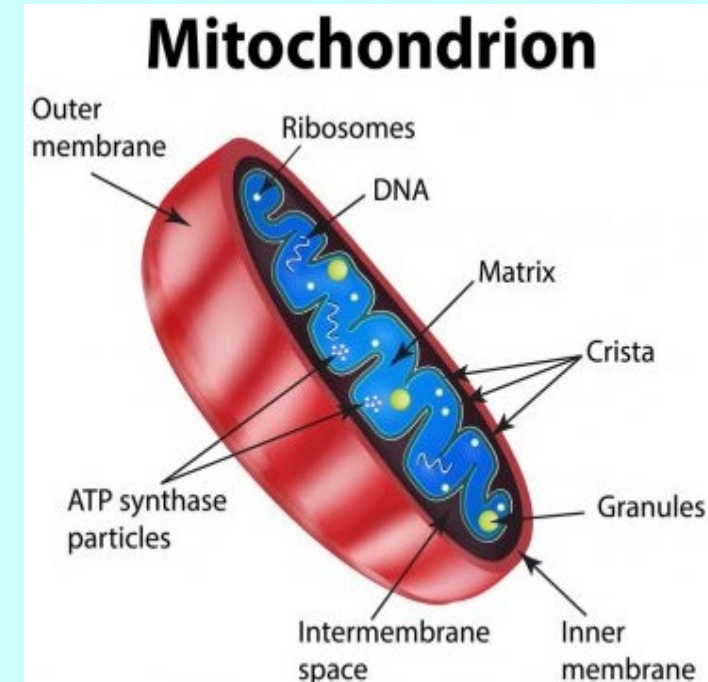
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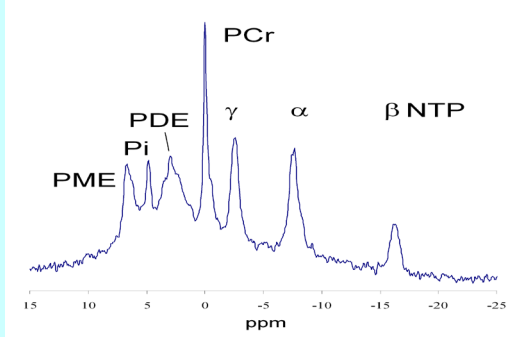
Case for Mitochondrial (mt) / Bio Energetic Involvement in GWI

- Exposures, e.g. AChEi^{1,2}
- Symptoms^{3,4}: Multiple; focus, fatigue, muscle, brain; protean; vbl onset latency
- Conditions⁴: HTN, ALS, ...
- Treatment⁵: Coenzyme Q10 (CoQ10)
- Mt involved in GWI + animal models data:
 - Animal⁶⁻⁹
 - Human^{10,11}; Mt genetics now implicated!¹²

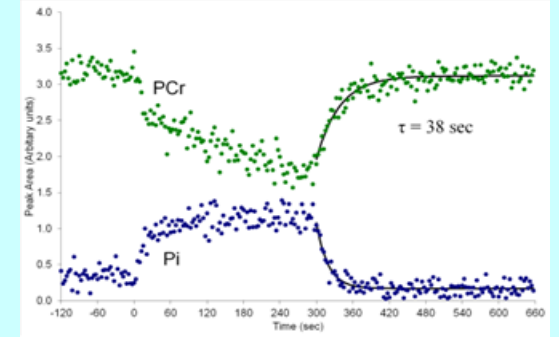


“Mitochondria structure. Vector illustration on isolated background.” By Timonina. From <https://www.shutterstock.com/image-vector/mitochondria-structure-vector-illustration-on-isolated-495621457>

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↑ PCr-R in VGWI



- PCr-R on ³¹P-MRS: Post exercise PCr recovery time constant relates to rate ATP production, an in-vivo marker of mt fxn.
- Replication sample: Case - wkness ≥ mod. Ctrl - No HA.

Replication Sample (n=16)			
	Mean	SD	P
Control	30.3	9.2	0.017
Case	47.7	16.5	
Previous Finding (n=14)			
	Mean	SD	P
Control	29.0	8.7	0.023
Case	46.1	17.9	
Combined Sample (n=30)			
	Mean	SD	P
Control	29.7	8.7	0.001
Case	46.9	16.6	

- Expansion sample: No relationship. P=0.72

VGWI: PCr-R Tied to Weakness

Two Group Stratification			
	Weakness Rated 0-5		Weakness Rated 6-10
	N=7		N=13
PCr-R, Mean (SD)	31.1 (6.95)		45.4 (13.0)
P for difference	0.01		
Three Group Stratification			
	None/Low Weakness (rated 0-4)	Intermediate Weakness (rated 5-7)	High Weakness (rated 8-10)
	N=4	N=8	N=8
PCr-R, Mean (SD)	29.9 (7.1)	38.2 (8.9)	47.8 (15.2)
p*	0.02		

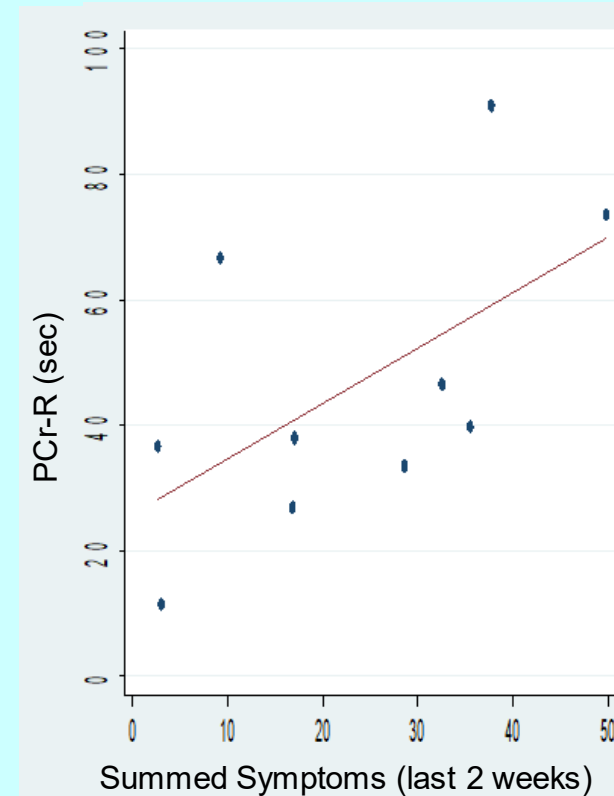
* Trend across ordered categories

Controls: PCr-R Tied Headache

Controls with recent headache + multiple symptoms had greater PCr-R

Univariable Prediction of PCr-R in controls

Symptom	Regression with robust SE				Correlation	
	β	SE	P	R ²	R	P
Headache (last 2 weeks)	27.6	10.1	0.015	0.43	0.66	0.003
Sum of all rated symptoms	0.63	0.25	0.023	0.30	0.54	0.020



Excludes those with summed symptoms of 0

Conclusions

- Mt/BioE impairment in VGWI: Confirmed.
- Case-Control selection criteria matter! Expansion beyond ideal features enabled documentation of importance of selection choices.
- Muscle weakness tied to PCr-R in VGWI: Heteroplasmy!
 - In mt disease, must match organ *tested* to organ *with symptoms*.
- Headache & multiple symptoms can point to mt/BioE impairment in non Gulf-deployed “controls.”¹⁻³
 - HA/mult sx: not suitable controls.
- Sex/ethnicity matter -- also in other GWI studies.
- Biomarker properties: 1. All GWI? Best if muscle sx (heteroplasmy!) 2. GWI Nature: Metabolic (Mt/BioE). 3. Rx implications: Yes, documented (CoQ10)⁴. 4. Dynamic biomarker? Expect yes. CoQ10 ↑ PCr on ³¹P-MRS in mt pts w/ low PCr⁵.

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VGWI = Veterans with Gulf War illness

Acknowledgments

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