Show Your Support

Take the White Ribbon VA Pledge

White Ribbon VA is a national call to action to eliminate sexual harassment, sexual assault, and domestic violence by promoting a positive change in culture. It is a genderless movement where all can participate.

We invite you to join us in making a pledge to create a more welcoming space for all.

White Ribbon VA Pledge:

I, [your name], pledge to never commit, excuse or stay silent about sexual harassment, sexual assault or domestic violence against others.

Recognize and Respond to Inappropriate Behavior

Support VA as an Active Bystander

Bystander intervention techniques help you to recognize and respond safely to unwanted behavior so that the situation does not get worse.

Direct
Safely address the harasser with a brief statement or question to point out threatening or inappropriate behavior.

Distract
Draw attention away from the incident. Directly engage the person being harassed without involving the harasser or referring to the harassment.

Delegate
Get assistance from a third party like the VA Police or management official.

Document
Write down details and important information about the incident.

Help VA foster a safe environment for all. Take the training today.

For more information: www.va.gov/stop-harassment
VA STANDS READY TO SUPPORT YOUR REPORTS OF HARASSMENT OR SEXUAL ASSAULT INCIDENTS

DESIGNATED POINT OF CONTACT
Vet Center Director, Harassment Prevention Coordinator, Cemetery Director

VA POLICE OR LOCAL POLICE

VA CLINICIAN, PATIENT ADVOCATE, YOUR PROVIDER

VA MANAGEMENT OFFICIAL

IN PERSON

OFF CAMPUS/VIRTUALLY

REPORT TO WHOMEVER YOU ARE MOST COMFORTABLE WITH AT VA.
WE HAVE RESOURCES TO SUPPORT YOU!

Find more support by using the QR code

1-800-MyVA411
(1-800-698-2411)

1-800-488-8244
www.va.gov/oig/hotline
Independent of VA Management

855.VA.WOMEN
WOMEN VETERANS CALL CENTER
Call or Text: 1-855-829-6636

1-800-488-8244
www.va.gov/oig/hotline
Independent of VA Management

U.S. Department of Veterans Affairs

VA
Veterans Crisis Line
DIAL 988 then PRESS 1

Find more support by using the QR code