

# Drum Assisted Recovery Therapy for Native Americans (DARTNA): Research and Practice Implications for Native Americans with Addictions

Presented by Daniel Dickerson, DO, MPH

## Learning Objectives

- 1.) To describe the importance of integrating traditional-based practices for American Indians/Alaska Natives with substance use disorders.
- 2.) To understand the cultural and biological-based benefits of drumming for American Indians/Alaska Natives with substance use disorders.
- 3.) To learn and describe the potential benefits of "Drum-Assisted Recovery Therapy for Native Americans (DARTNA)."

## About the Presenter



Daniel Dickerson, D.O., M.P.H., *Inupiaq*, is an addiction psychiatrist and Assistant Research Psychiatrist at UCLA, Integrated Substance Abuse Programs (ISAP). He also provides psychiatric and substance abuse services at United American

Indian Involvement (UAI) in Los Angeles. He focuses his research on substance abuse and HIV among American Indians/Alaska Natives and on the development of culturally relevant substance abuse treatments for American Indians/Alaska Natives. He is the Principal Investigator on an R-21 National Institutes of Health (NIH)-funded research grant, "Drum-Assisted Recovery Therapy for Native Americans (DARTNA)," a substance abuse treatment program utilizing drumming for Native Americans; a Co-Principal Investigator on an R-01 NIH-funded grant, "Motivational Interviewing and Culture for Urban Native American Youth (MICUNAY)" which is an alcohol and drug prevention research project for urban Native Americans; and "Strengthening the Circle," a research project focusing on the development of an HIV prevention program for urban Native Americans.

## Seminar Details

This is an online training. There is **no cost** to attend, and no need to preregister. Free CME/CEU credit will be offered.

## Date and Time

**Wednesday, August 14, 2013**

3 pm to 4 pm Eastern  
2 pm to 5 pm Central  
1 pm to 2 pm Mountain  
12 pm to 1 pm Pacific  
11 am to 12 pm Alaska

## How to Connect:

1. Go to: <http://ihs.adobeconnect.com/drum>
2. Select "Enter as a Guest"
3. Enter your name (First and Last) in the name field.
4. Enter the room passcode: **drum**
5. Press the "Enter Room" Button

## Audio Options

1. Select "Dial-out" and have Adobe Connect call you by entering your phone number  
OR
2. Select "Dial-in to the Audio Conference via Phone" and call into the meeting using the number provided by selecting this option.  
OR
3. Select "Using Computer" to listen through your computer speakers

## Questions?

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