



Respite Care
(VHA Handbook 1140.02)

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Purpose:

- Most Chronically ill Veterans, who do not need acute care, can be appropriately cared for in their home with the assistance of Family and Social Support Systems.

Goal:

- Respite Care is designed to provide temporary relief to Veteran Caregivers from the physical and emotional burdens of 24/7 care duties, thus delaying LTC placement.

OKC VAMC Policy:

Respite Services are limited to 30 days annually and can be provided in any combination of the below programs:

- (1) Community Living Center (CLC)
- (2) Contract Nursing Home (CNH Program)
- (3) Respite Home Maker (Respite H/HHA)
- (4) Adult Day Health Care (ADHC)

Community Living Center (CLC):

- 1 bed is available on the CLC for Respite Care.
- Stays are limited to 5 - 13 days at any one time with a maximum frequency of once in six months.
- Veteran must be medically stable, not acutely ill nor require acute hospital care or psychiatric needs.
- Can be managed safely, not a wander risk or require behavioral control by restraints.
- Must not have been hospitalized within 60 days of scheduled CLC Respite admission.

CNH Program:

- 15 nursing homes under provider agreement in the State.
 - 3 in the OKC Metro
- Maximum bed stay of 30 days, minimum dependent upon CNH Facility.
- Nursing home will review Veteran medically re: their ability to care for Veteran and accept Respite placement.

Respite H/HHA:

- Limited to 30 visits per calendar year, up to 6 hours per visit.
- Care is provided in-home to provide temporary, occasional relief to those Caregivers capable of providing Veteran Care.
- This differs from Regular H/HHA services in which Veterans are provided ongoing weekly services due to not having a Caregiver in the home that is able to provide necessary care.

ADHC:

- Therapeutic Day Care that provides the following services:
 - Medical
 - Social
 - Nursing
 - Rehabilitation
- 5 contracted locations
- Veteran is eligible to attend up to 5 days per week.
- Facilities available during working days from 0730 through 1730.

Eligibility:

- Veteran is enrolled for VA Health Care and has received established routine health care.
- Veteran has a diagnosed chronic or disabling condition.
- Veteran resides at home and requires assistance with ADL and IADL in order to safely reside at home.
- Caregiver is in need of temporary or intermittent relief to sustain his/her role.
- Veteran must meet clinical/eligibility criteria for long-term care.

Referral:

- Like most services within the OKC VAMC a Consult is required to be placed by the Veteran's PCP in order to initiate services.
- Once the Consult is received, Social Work will then work with the Veteran/Caregiver to determine the most appropriate Respite setting or combination thereof to meet the Veteran/Caregiver needs.
- Long Term Copayment Test (VA Form 10-10ec)
 - Required for Priority Groups 4, 5, 7 and 8

2012 3rd Quarter Stats:

96 Veterans and Caregivers provided with Services.

- 48 enrolled with ADHC
- 5 CNH Program (59 Bed Days)
- 6 CLC (61 Bed Days)
- 37 enrolled with Respite H/HHA