Respite Care
(VHA Handbook 1140.02)

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Purpose:

- Most Chronically ill Veterans, who do not need acute care, can be appropriately cared for in their home with the assistance of Family and Social Support Systems.

Goal:

- Respite Care is designed to provide temporary relief to Veteran Caregivers from the physical and emotional burdens of 24/7 care duties, thus delaying LTC placement.
OKC VAMC Policy:

Respite Services are limited to 30 days annually and can be provided in any combination of the below programs:

(1) Community Living Center (CLC)

(2) Contract Nursing Home (CNH Program)

(3) Respite Home Maker (Respite H/HHA)

(4) Adult Day Health Care (ADHC)
Community Living Center (CLC):

- 1 bed is available on the CLC for Respite Care.

- Stays are limited to 5 - 13 days at any one time with a maximum frequency of once in six months.

  - Veteran must be medically stable, not acutely ill nor require acute hospital care or psychiatric needs.

  - Can be managed safely, not a wander risk or require behavioral control by restraints.

- Must not have been hospitalized within 60 days of scheduled CLC Respite admission.
**CNH Program:**

- 15 nursing homes under provider agreement in the State.
  - 3 in the OKC Metro

- Maximum bed stay of 30 days, minimum dependent upon CNH Facility.

- Nursing home will review Veteran medically re: their ability to care for Veteran and accept Respite placement.
Respite H/HHA:

- Limited to 30 visits per calendar year, up to 6 hours per visit.

- Care is provided in-home to provide temporary, occasional relief to those Caregivers capable of providing Veteran Care.

- This differs from Regular H/HHA services in which Veterans are provided ongoing weekly services due to not having a Caregiver in the home that is able to provide necessary care.
ADHC:

- Therapeutic Day Care that provides the following services:
  - Medical
  - Social
  - Nursing
  - Rehabilitation

- 5 contracted locations

- Veteran is eligible to attend up to 5 days per week.

- Facilities available during working days from 0730 through 1730.
Eligibility:

- Veteran is enrolled for VA Health Care and has received established routine health care.

- Veteran has a diagnosed chronic or disabling condition.

- Veteran resides at home and requires assistance with ADL and IADL in order to safely reside at home.

- Caregiver is in need of temporary or intermittent relief to sustain his/her role.

- Veteran must meet clinical/eligibility criteria for long-term care.
Referral:

- Like most services within the OKC VAMC a Consult is required to be placed by the Veteran’s PCP in order to initiate services.

- Once the Consult is received, Social Work will then work with the Veteran/Caregiver to determine the most appropriate Respite setting or combination thereof to meet the Veteran/Caregiver needs.

- Long Term Copayment Test (VA Form 10-10ec)
  - Required for Priority Groups 4, 5, 7 and 8
2012 3rd Quarter Stats:

96 Veterans and Caregivers provided with Services.

- 48 enrolled with ADHC
- 5 CNH Program (59 Bed Days)
- 6 CLC (61 Bed Days)
- 37 enrolled with Respite H/HHA