VA Caregiver Support Program:
Caring for Caregivers of All Era Veterans

Presented by

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VA San Diego Healthcare System

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Western Region Veterans Benefit Summit
Pala, California
Many people, so many people
ask about my loved one
they want to know how he is doing
how much he’s remembering
how much he’s forgetting.

Is he still enjoying life
can he still do many things
without help? On his own?
He is angered, saddened by
the things he’s lost?

Sometimes I wonder
what’s wrong with them?
Why doesn’t anyone at least
once in a while ask about me?
I am standing right in front of them.

Why can’t they see
that my life too has changed
that my pain and frustration
are real, I am real.
Why can’t they
acknowledge my loss,
acknowledge me?

by Deb Kosner
The Entire Program

Caregivers of **ALL** era Veterans may receive:

- An in-person or telephone assessment of needs, referrals, and assistance with navigating the VA system by a Caregiver Support Coordinator (CSC)
- Referrals to community agencies
- Emails/mailings of events, resources, articles, and programs
- Support Groups
- Classes regarding specific topics
- Access to the VA National Caregiver Support Line (CSL) and follow up referral to their local CSC
- National trainings provided by the CSL and Peer Mentoring Program
- Use of the website [www.caregiver.va.gov](http://www.caregiver.va.gov)
- *Building Better Caregivers*, an online workshop
Overview of Services for Post 9/11 Veteran’s Caregivers

P.L. 111-163  Section 101 Veteran Eligibility Criteria:

• Veteran who suffered a serious injury incurred or aggravated in the line of duty* on or after 09/11/01 including traumatic brain injury and psychological trauma or other mental disorder

• Veteran is in need of personal care services because of
  ▪ An inability to perform one or more activities of daily living AND/OR
  ▪ A need for supervision or protection based on the symptoms or residuals of neurological or other impairment or injury

(*DOD or VA documentation needed)
In addition, these Caregivers are *also* eligible for:

- Monthly caregiver stipend
- CHAMPVA healthcare coverage
- Mental health services
- 24/7 in home respite care
- Travel, lodging, and per diem during required caregiver training
- Travel, lodging, and per diem during Veteran medical appointments
# The Numbers

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<th>Approved Post 9/11 Caregivers</th>
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As of 03/19/2013