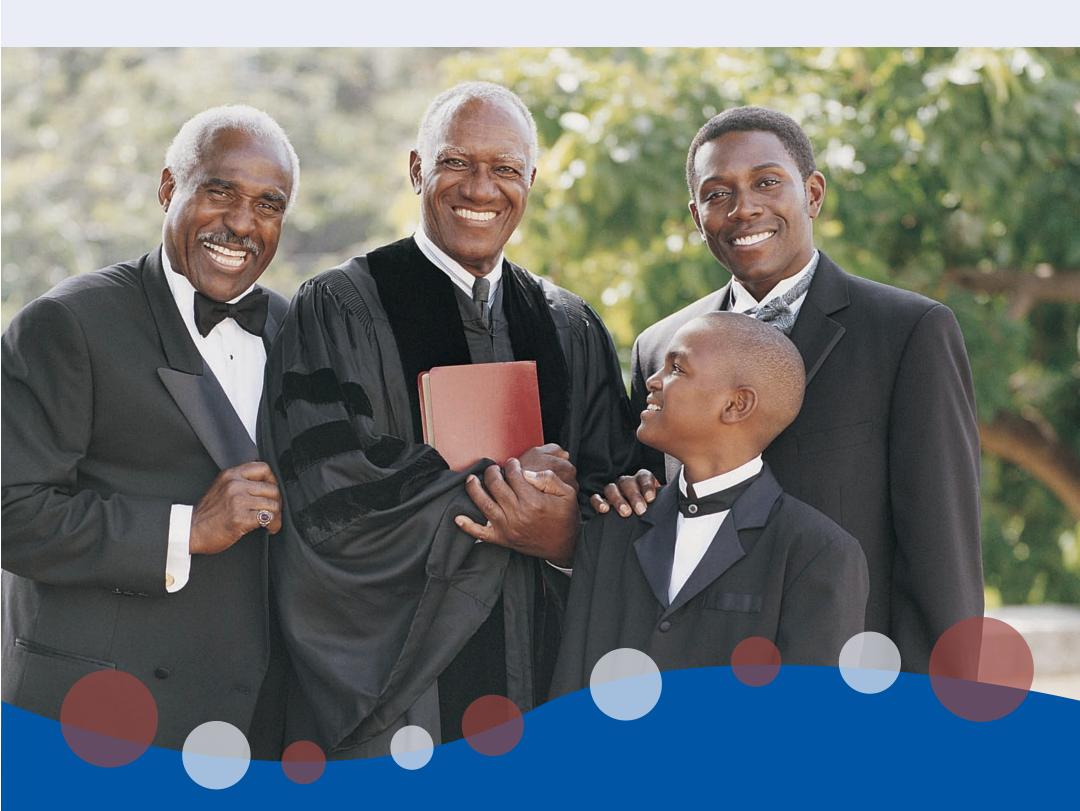
I QUIT SMOKING

NOW I FEEL A LOT BETTER.



I'm not out of breath all the time and my breath and clothes don't smell like smoke. Best of all, I know that I'm going to be around longer for my family.

I got help from my VA health care provider. That's what made the difference for me.

Talk with your VA health care provider today about what works to help you quit smoking.





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