

Is sharing my health information via VHIE safe?

VA is committed to protecting your privacy. VHIE is a secure system that complies with all federal privacy laws. Only community health care providers and organizations that are a part of VA's approved, trusted network may receive your health information. Additionally, all VA and community care providers work to protect your health information and only share the appropriate information when it is needed.

What kinds of health information can be shared via VHIE?

Currently VA and participating providers can share a variety of health information including:

- Prescriptions and medications
- Laboratory and radiology results
- Clinical notes
- Allergies
- Immunizations
- Other relevant medical information
- Illnesses
- Procedures

How do I opt out?

If you would prefer that VA not share your health information electronically, you must complete and submit [VA Form 10-10164](#) to your facility's Release of Information Office (ROI). You may also submit this form online via [My HealthVet](#).

There is no deadline to opt out and you may do so at any time. If you previously opted out but want to resume secure, seamless sharing, you may also opt back in at any time by completing [VA Form 10-10163](#).

What happens if I opt out?

Choosing to opt out will not affect your access to care from community providers. However, it could impact their ability to treat you effectively because they may not be able to receive paper copies of your record before you receive treatment.

VHIE MEANS BETTER CARE

Secure, seamless sharing via VHIE means your care team will be able to:

- Better understand your health history so they can focus more time on what is important to you.
- Develop a safe, more effective treatment plan.
- Work together to keep you safe and improve your overall health.

