

# Whole Health Shareable Social Media Posts

*Please feel free to use these suggested social media posts to share the “Discover What Matters” video to raise awareness of Whole Health.*

## Suggested TWITTER and/or Instagram Posts:

Watch “Discover What Matters,” a new @VeteransHealth video on what it means to #LiveWholeHealth: [https://www.va.gov/WHOLEHEALTH/features/New\\_Whole\\_Health\\_Video\\_Released.asp](https://www.va.gov/WHOLEHEALTH/features/New_Whole_Health_Video_Released.asp)

A new @VeteransHealth video shows why Veterans want to #LiveWholeHealth: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70)

New @VeteransHealth video encourages #Veterans to “Discover What Matters.” Watch how Veterans’ lives change when they #LiveWholeHealth: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70)

Whole Health is a Veteran-centered approach to health care. See how #Veterans are planning their care around what matters to them in new video: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70) #LiveWholeHealth

@VeteransHealth empowers Veterans to #LiveWholeHealth & “Discover What Matters” in new video. Watch here: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70)

Watch @VeteransHealth “Discover What Matters” video to learn how the #LiveWholeHealth campaign empowers Veterans to take charge of their health & well-being: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70)

Do you know what Whole Health is about? Watch this video to learn about the new approach to health care that empowers #Veterans to #LiveWholeHealth: <https://www.va.gov/wholehealth>

Want to know more about Whole Health? Explore Well-being Programs & course materials, read Veteran #LiveWholeHealth stories, watch the new video, and more at: <https://www.va.gov/wholehealth>

Interested in a #LivingWholeHealth course or looking for the new “Discover What Matters” video? The redesigned Whole Health site has what you need: <https://www.va.gov/wholehealth>

@VeteransHealth empowers #Veterans to #LiveWholeHealth. Visit the Whole Health site to learn more: <https://www.va.gov/wholehealth/>

When #Veterans #LiveWholeHealth they are deeply connected to their health care. Learn more about this Veteran-centered approach: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70)



## Suggested Facebook Posts:

See how VA is helping Veterans take charge of their health and well-being when they #LiveWholeHealth in the new “Discover What Matters” video. Watch the video and find self-care and Well-being Program information at the new Whole Health site: <https://www.va.gov/wholehealth>

VA provides patient centered care to Veterans through its Whole Health approach. “Discover What Matters,” a new video, depicts the stories of Veterans who take control of their care and #LiveWholeHealth: [https://www.youtube.com/watch?time\\_continue=4&v=Rq1UcOPrT70](https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70)

View VA’s new #LiveWholeHealth video at the Whole Health site. The redesigned site offers information on classes and Well-being Programs as well as videos, apps, and articles to help users quickly find what they need: <https://www.va.gov/wholehealth>

VA’s Veteran-centered approach is helping Veterans #LiveWholeHealth and “Discover What Matters.” Watch VA’s new video and explore the redesigned VA.gov/WholeHealth to learn how Whole Health can empower you to take charge of your health and well-being: [https://www.va.gov/WHOLEHEALTH/features/New\\_Whole\\_Health\\_Video\\_Released.asp](https://www.va.gov/WHOLEHEALTH/features/New_Whole_Health_Video_Released.asp)