

Whole Health Shareable Social Media Posts

Please feel free to use these suggested social media posts to share the “Discover What Matters” video to raise awareness of Whole Health.

Suggested TWITTER and/or Instagram Posts:

Watch “Discover What Matters,” a new @VeteransHealth video on what it means to #LiveWholeHealth: https://www.va.gov/WHOLEHEALTH/features/New_Whole_Health_Video_Released.asp

A new @VeteransHealth video shows why Veterans want to #LiveWholeHealth: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70

New @VeteransHealth video encourages #Veterans to “Discover What Matters.” Watch how Veterans’ lives change when they #LiveWholeHealth: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70

Whole Health is a Veteran-centered approach to health care. See how #Veterans are planning their care around what matters to them in new video: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70 #LiveWholeHealth

.@VeteransHealth empowers Veterans to #LiveWholeHealth & “Discover What Matters” in new video. Watch here: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70

Watch @VeteransHealth “Discover What Matters” video to learn how the #LiveWholeHealth campaign empowers Veterans to take charge of their health & well-being: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70

Do you know what Whole Health is about? Watch this video to learn about the new approach to health care that empowers #Veterans to #LiveWholeHealth: <https://www.va.gov/wholehealth>

Want to know more about Whole Health? Explore Well-being Programs & course materials, read Veteran #LiveWholeHealth stories, watch the new video, and more at: <https://www.va.gov/wholehealth>

Interested in a #LivingWholeHealth course or looking for the new “Discover What Matters” video? The redesigned Whole Health site has what you need: <https://www.va.gov/wholehealth>

.@VeteransHealth empowers #Veterans to #LiveWholeHealth. Visit the Whole Health site to learn more: <https://www.va.gov/wholehealth/>

When #Veterans #LiveWholeHealth they are deeply connected to their health care. Learn more about this Veteran-centered approach: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70



Suggested Facebook and/or VA Pulse Posts:

See how VA is helping Veterans take charge of their health and well-being when they #LiveWholeHealth in the new “Discover What Matters” video. Watch the video and find self-care and Well-being Program information at the new Whole Health site: <https://www.va.gov/wholehealth>

VA provides patient centered care to Veterans through its Whole Health approach. “Discover What Matters,” a new video, depicts the stories of Veterans who take control of their care and #LiveWholeHealth: https://www.youtube.com/watch?time_continue=4&v=Rq1UcOPrT70

View VA’s new #LiveWholeHealth video at the Whole Health site. The redesigned site offers information on classes and Well-being Programs as well as videos, apps, and articles to help users quickly find what they need: <https://www.va.gov/wholehealth>

VA’s Veteran-centered approach is helping Veterans #LiveWholeHealth and “Discover What Matters.” Watch VA’s new video and explore the redesigned VA.gov/WholeHealth to learn how Whole Health can empower you to take charge of your health and well-being: https://www.va.gov/WHOLEHEALTH/features/New_Whole_Health_Video_Released.asp