

The Six Essential Elements of Good Pain Care

1	Educate Veterans and Families	Educate Veterans/Families to promote self-efficacy and shared decision making; provide access to all relevant resources
2	Educate and Train Team Members	Educate/train all team members to their discipline specific competencies, including team based care
3	Use Non-Pharmacological Modalities	Develop and integrate non-pharmacological modalities into care plans, including behavioral medicine and integrative health approaches
4	Use Tests and Therapies Rationally	Institute rational medication prescribing, including safe opioid use (universal precautions), and appropriate use of pain procedures and diagnostics
5	Bring the Team Together	Implement approaches for bringing the Veteran's whole team together and facilitating ongoing communication (e.g., virtual pain consulting via SCAN-ECHO, e-consults, tele-health, and tele-consultation)