

# VETERANS HEALTH ADMINISTRATION

## COVID 20 Call

May 26, 2020



Choose **VA**

**VA**



U.S. Department  
of Veterans Affairs

# GUESTS

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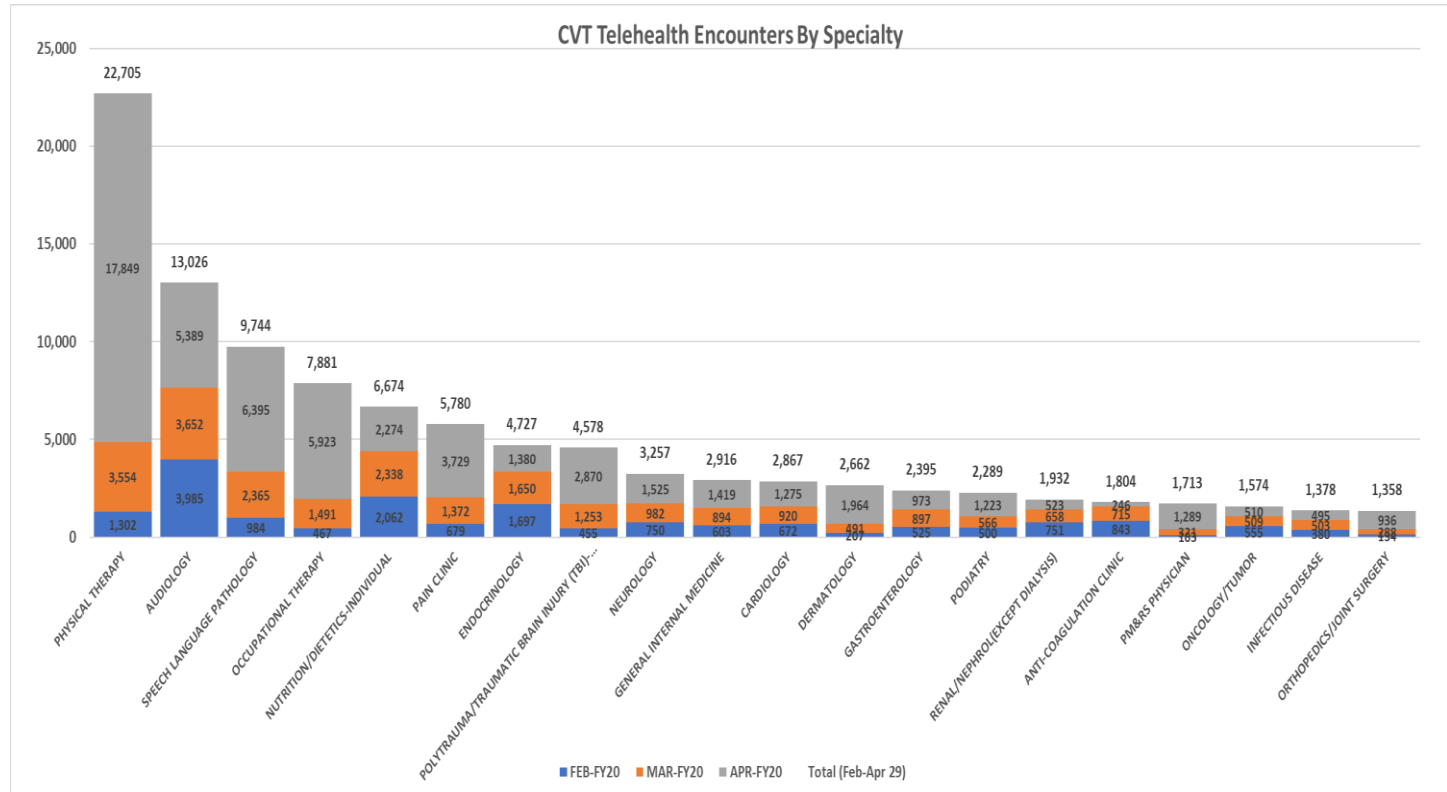
Choose **VA**

**VA**



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of Veterans Affairs

# Specialty Telehealth February – April Encounters



Data source : VSSC Telehealth

Data as of 04/30/20



Choose VA

VA



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# Physical Therapy Practices

- Modified MSK, Neuro, Vestibular, and Geriatric Evaluations
- Home Exercise Follow Up
  - Post- COVID Rehab
  - Cardiopulmonary
  - Pelvic Floor
- Low Back Pain Programs
  - McKenzie Program
  - Biopsychosocial Programming
  - Headache Prevention
  - Yoga/Tai Chi
- Durable Medical Equipment Fitting/Inspection/Follow Up
- Pre/Post Surgical Classes (Total Joint exercises- knee, hip, shoulder)
- Interdisciplinary Team related
  - \* Spinal Cord Injury/ALS
  - \* Amputation System of Care
  - \* Polytrauma/TBI
  - \* Wheel Chair Mobility
  - \* Home Evaluation
  - \* Home Base Primary Care/Contract Nursing Homes



# Virtual Increase – COVID 19

<i>CVT SFT Telehealth Cube - VVC Data Pulled 5-21-20</i>					<i>Encounter Cube - pulled 5-21-20</i>				
CVT ProviderToHomePatient (179)					Primary	Telephone			
(205) PHYSICAL THERAPY					Secondary	(205) PHYSICAL THERAPY			
EncounterDate	Encounter Count	Patient Count	% Change Encounters	% Change Uniques		Encounters	Unique Patients	% Change Encounters	% Change Uniques
OCT-FY20	225	139			OCT-FY20	1,663	1,495		
NOV-FY20	205	131	-8.9%	-5.8%	NOV-FY20	1,371	1,265	-17.6%	-15.4%
DEC-FY20	216	138	5.4%	5.3%	DEC-FY20	1,341	1,220	-2.2%	-3.6%
JAN-FY20	235	144	8.8%	4.3%	JAN-FY20	1,586	1,455	18.3%	19.3%
FEB-FY20	258	165	9.8%	14.6%	FEB-FY20	1,447	1,339	-8.8%	-8.0%
MAR-FY20	2,778	2,276	976.7%	1279.4%	MAR-FY20	15,441	13,695	967.1%	922.8%
APR-FY20	20,266	11,766	629.5%	417.0%	APR-FY20	38,034	27,608	146.3%	101.6%

\*Sustain “BUY IN”

\*Collaborating with RPS to develop tools for clinicians to help with Virtual vs. F2F decisions

\*Expectation that Virtual care is essential part of rehabilitation

# Physical Therapy Resources

- **Patty Young- National Telerehabilitation Lead** [Patricia.Young8@va.gov](mailto:Patricia.Young8@va.gov)
- Tele PT Resource “Under Construction” Coming Soon!
- Check out what telerehabilitation is doing at the Phoenix VA! [https://youtu.be/-fTYh\\_RYHLQ](https://youtu.be/-fTYh_RYHLQ)
- Home Interdisciplinary TeleRehabilitation Team (HITT)  
<http://www.rstce.pitt.edu/varha/>

