

Josh Geiger: We want to showcase your talents - please email VHA COVID in 20 <VHACOVIDin20@va.gov> if you have music performances you would like us to share on COVID in 20. We would LOVE to showcase the awesome VA talent we have!!!

Questions

Judy Johnson: What about the new guidelines re: quarantining?

Prince Taylor: Hi, Judy. The Compassionate Contact Corps is a virtual volunteer initiative, so it adheres to all physical distancing guidelines.

Lisa Wheaton, RN, Dallas VAMC: How long has the program been going on?

Prince Taylor: Great question! Compassionate Contact Corps has been going on since late March 2020. The program it evolved from, Volunteer In-Home Visitor Program has been around since 2009/10

Elizabeth Conti: Where is this program available?

Prince Taylor: Hi, Elizabeth. We are in different phases of the implementation now. But there is a list of 48/49 sites on the list. If you are in Houston, I'm happy to report that this is one of the sites implementing the program. The Voluntary Service Chief, Barbra Bell, is incredible and a huge proponent of this program.

Theresa: Where is this program available How do you get it started?

Prince Taylor: To get it started, you can send an email to prince.taylor@va.gov and I will link you with your local VA Voluntary Service chief.

Patricia Boylan: is there a flyer or anyway we can advertise this compassionate care program?

Prince Taylor: Yes, we are developing a flyer/brochure/pamphlet for the Compassionate Contact Corps at the VACO level as we speak.

Comments

Lisa Wheaton, RN, Dallas VAMC: I feel like I just peeked behind the curtain....

Chai Chad: and now....for some Original Josh Geiger!!!!

Chai Chad: here we go VA...welcome to Thursday!

Patti Sele: Nice

Lisa Wheaton, RN, Dallas VAMC: Lovely music

Patti Sele: Hello Prince!!!

Marilou Mendoza: Great music! Thank you!!!!

Tom Cullerton: Hello

Barbara Hyduke: Hi Prince - so good to see you!

JESSIE MARTIN: excellent music Josh

ali wagner: FYI saw prince in concert -- purple rain tour! I'll just have to imagine the music

Kelly S Herring: Hello everyone Kelly Herring is here from Detroit

Jeson Hall, VA San Diego HCS: Amazing tunes today!

Barbara Hyduke: Love the music

C Gibson: Lovely music.

Katherine L Miller: Great music as always, Josh!

Jeson Hall, VA San Diego HCS: What was the last song played on Chad's IPOD?

forney, darla: Good afternoon everyone!

james: Redford walked back the changes today publicly.

Ann Hier: We encourage everyone to use audio through Adobe Connect

Laura (not the hurricane) Lawhon, RKT Houston: Hi Darla (and everyone!)

ruth meyer: bravo!

MEL BELL ❤️: Great job ladies!

charmaine: awesome!

james: Patricia, she basically said ignore it for now.

Patricia Hasen: LOL. Thanks James

Josh Geiger: Patricia, the video will be uploaded to our archive website so you can watch it there as well

Sabrina: Thanks for the "shout-out", Chad!

Ellen Kollar 2: Hey Prince! You are doing great things great to see you.

Joyce Brown: Sabrina and Prince are awesome!

Sabrina: Hey Joyce!

David Hines: We luckily do offer recordings of each and every C20 episode. look for it this afternoon or tomorrow morning!

Joyce Brown: My hero!

rachel 3: fascinating data : depression is like smoking!

Joan Vanicek: I feel for the elderly in all the nursing homes and assisted living homes, that are isolated right now.

Elizabeth Conti: psychologist from Houston working with older adults, so glad this topic is being covered!

Elizabeth Giele: @David Hines, thank you!

rachel 3: makes sense, depression can lower one's immune system

N.Smith 2: Chaplains are a great resource for the lonely

Sabrina: This is a tenant of positive psychology--positive emotions, engagement, relationships, purpose/meaning, achievement (PERMA)--just one of those things is not enough, particularly at times like these.

David Hines: just check that notes pod below for the link or your next announcement email from Dr. Kessler next Tuesday

Elizabeth Conti: Yes! they get their hair cut, play chess, come for support groups that just aren't the same over the phone :-)

Barry: Barry

Sabrina: Social Prescribing....

Joan Vanicek: Yes Elizabeth! Human contact is missing for many of these elderly and it is so important

Lisa Wheaton, RN, Dallas VAMC: Not surprising as depression is a common issue with Parkinson's patients

rachel 3: Social prescribing is when health professionals refer patients to support in the community, in order to improve their health and wellbeing.

Lisa Wheaton, RN, Dallas VAMC: This is so EXCELLENT. People need people, especially those that are extroverts who are so isolated

Sabrina: Volunteers absolutely have something to do with the trust scores at VA!

Mandy Martell: Thank you Sabrina & Prince! Special shoutout to Cathi Starr Compassionate Contact Corps Coordinator at the Tucson VA

Sabrina: Hey Mandy--- Cathi Starr in Tucson is an "all-star" with this program.

Michele Karel: Excited to see this program expand in VHA!

Jennifer Koget: Thanks, you VAVS for your leadership on this invaluable program! This support is lifesaving for so many!

Sabrina: Hey Jennifer! Thank you for your support!

Suzanne Gillespie: great program using our best capital resource - people!

Mandy Martell: Hi Sabrina! Cathi sure is!
Lynn Sialana: awesome!
Lori Murphy: Thank you to Prince! You are an inspiring leader for Compassionate Contact Corps and Volunteer In-Home Visitor Program!
Cassandra Holt: This would be great for our home bound veterans!
Sabrina: Social Rx---yes, we'll put this on the materials.
Ellen Kollar 2: Thanks Sabrina and Prince. Great program!
Jane Looney: SKY breathing
Eileen Hurn: What an amazing program! Thank you!
Sabrina: Hi Ellen! Thanks.
rachel 3: This is sooo needed, especially during the pandemic
Sabrina: Yes, Cassandra---definitely great for homebound Vets.
Sabrina: Rachel---that's exactly how this got started.
Cathi Starr - Tucson VAVS: We are pushing for all VA's to start this program - contact your facility VAVS Office.
Lisa Wheaton, RN, Dallas VAMC: That would be wonderful!
Sabrina: Patricia--there's a PPT in the files, but marketing materials on the way.
Mary Edwards: Please send the link to the Parkinson's support group.
Barbara Hyduke: Great Program - thanks Sabrina and Prince - agree that you are awesome - miss you!
C Gibson: The flyer is located in the files to download @patricia Boylan
curtis: Great content and enthusiasm from Prince and Indu!!!
Cathi Starr - Tucson VAVS: The power point available here is not about the CCC???
Sabrina: Hi Barb----so miss you. Thanks so much!
rachel 3: ted x!

Kudos

Patricia Boylan: thanks much-and thanks for all this great work!
Tina: Thanks,
Traci Solt (10NC3): What a great idea!
rachel 3: can't wait
Marie Jean-Baptiste: This a great program. Well appreciated. Thank you.
curtis: Wow!!!
MollieW: awesome
Curt Dill: Shout it out loud!!
Barbara Hyduke: wow - TedX
Ellen Kollar 2: Ted X is so inspiring. Looking forward to the new program.
curtis: Big fan of Ted talk!
rachel 3: So inspiring today
Steve T—Reno VA: One of the best presentations thus far. Thanks as always, COVID in 20 crew! \m/
GUEST 4: Indeed
Jeson Hall, VA San Diego HCS: Thank you!
Cassandra Holt: Thanks so much!
Cherie Robert-Cannon Madison VA: Please come back soon
Kristen Schatzman: Thank you!
patricia hlavin 2: This was great!
Leah: well done!
MollieW: thx

ali wagner 2: thank you much appreciated
Lori Murphy: thank you!
Sandy Piotrowski: Thank you!
Ruth Ann Moore: thank you
GUEST 4: Best wishes & thanks to all
Sharyl Martini: Thanks, this was great!
curtis: Thank you!!!!
rachel 3: Thank you!!
Sabrina: Thanks Cathi---please out to vhaco10b2astaff@va.gov or Prince.Taylor@va.gov for more information.
Lynn Sialana: thank u! yes, part 2 please!
Jeson Hall, VA San Diego HCS: Loved the Smiles!
Lisa Paoni: Yes, Part 2. Thank you!
curtis: Indu smile is a ray of sunshine!!!
rachel 3: Need some Debbie Gibson some time
GUEST 4: Ha
Andy - OPCC&CT: always great info & high energy - THANKS
rachel 3: or Tiffany
Ellen Kollar 2: Thank you all. Dr. Subramanian, great work for the PD patients.
Kelly S Herring 2: thanks guys
Sabrina: Barb--TEDx is something that VAVS has also adopted as a program to share with VA.
GUEST 4: Debbie Gibson way better
rachel 3: YESS!
Chai Chad: yeah Abby!
Lisa Wheaton, RN, Dallas VAMC: NICE!!!!
Christina Andrews: love this song :)
Traci Solt (10NC3): Love it
Amy C: Way to Abby!!!
Chai Chad: Thanks so much Dr. Taylor, Dr. Subramanian!!! what a chai-filled show
rachel 3: Only in My Dreams!
Lisa Paoni: Fantastic song choice and music!
forney, darla: Another fun minutes!
GUEST 4: Yes!
charmaine: thank you
Patricia Boylan: all this talent-great way to end the day!
curtis: Loving the music!!!!
Barbara Hyduke: Love the music
Prince Taylor: Really, my pleasure. Thanks for the invite!
Jane Looney: Dr. Michael Kelley would be great for Ted talk
Sabrina: Awesome program! Congratulations, Prince, Dr. Indu, Chad, and beautiful, Abby!
rachel 3: Woo HOO!
Sharon S: Thank you for a great session!
Barbara Hyduke: thanks Sabrina - great news
larry gee: very good thanks
Katherine L Miller: I really needed some positivity today. Thanks!
Marie Jean-Baptiste: This i Learning in a very relaxing way. Thanks

Josh Geiger: Don't forget - we are looking for that musical VA talent. We want to share on COVID in 20. Please send our way! VHA COVID in 20 <VHACOVIDin20@va.gov>