

Greater Pittsburgh VA and Non-VA Resources for Women Veterans

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Pittsburgh Healthcare System

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CRISIS AND EMERGENCY SERVICES

Dial 9-1-1 for local emergency response

Veteran's Crisis Line

Support available 24/7 by calling, texting, or chatting online

- 1-800-273-8255 (TALK), Press 1
- Text: 838255
- Website for online chat: www.Veteranscrisisline.net/

VAPHS Emergency Department

University Drive, First Floor

Phone: 412-360-6322

Disclaimer: *The following resources are not affiliated with the Department of Veterans Affairs (VA), and VA does not sponsor or endorse any non-VA organization on this list.*

Resolve Crisis Network (for residents of Allegheny County)

- 24/7 Crisis Hotline: 1-888-7-YOU-CAN (1-888-796-8226)
- Walk-in Crisis Center:
- 333 N Braddock Ave.
Pittsburgh, PA 15208
- Non-Crisis Email: resolve@upmc.edu
- Website: www.upmc.com/Services/behavioral-health/resolve-crisis-services

National Domestic Violence Hotline

1-800-799-7233 (SAFE)

www.thehotline.org/

Women's Center and Shelter of Greater Pittsburgh

Provides a 24-hour hotline and emergency shelter for women and children experiencing domestic violence.

24-hour hotline: 412-687-8005

www.wcspittsburgh.org/

VA PITTSBURGH HEALTHCARE SYSTEM SERVICES

Phone: 412-822-2222 or 866-482-7488

www.pittsburgh.va.gov/

VA Pittsburgh Healthcare System Locations:

University Drive Campus

University Drive C
Pittsburgh, PA 15240

H.J. Heinz Campus

1010 Delafield Road
Pittsburgh, PA 15215

Community Outpatient Clinics

Beaver County CBOC

300 Brighton Avenue
Suite 110 Rochester, PA 15074-2135
Phone: 724-709-6005

Fayette County CBOC

627 Pittsburgh Road
Suite 2
Uniontown, PA 15401-2200
Phone: 724-439-4990

Belmont County CBOC

67800 Mall Ring Road
Ohio Valley Mall
Suite 215
St. Clairsville, OH 43950-1703
Phone: 740-695-9321

Washington CBOC

95 West Beau Street
Suite 200
Washington, PA 15301-6800
Phone: 724-250-7790

Westmoreland CBOC

5274 Rt. 30 East, Suite 10
Greensburg, PA 15601-7833
Phone: 724-216-0317

WOMEN'S HEALTH PROGRAM

Dedicated Staff to assist women Veterans including:

- Women's Health Program Assistant: 412-360-3671
- Maternity Care Coordinator/Women's Health Nurse Specialist: 412-360-3753
- Women Veterans Program Manager: 412-360-6289

Website: www.pittsburgh.va.gov/services/women/

- Gender-specific, specialized and comprehensive Primary Care with a designated Women's Health Provider.
 - » Cervical cancer screening/PAP smear
 - » Mammography for breast cancer screening - direct schedule at 412-360-3306
 - » Dexascan for osteoporosis screening
 - » Chronic disease management
 - » Pelvic Floor Therapy
 - » Menopausal and Premenstrual Syndrome symptom treatment
 - » Hormonal replacement therapy
 - » Implantable contraception
 - » Infertility evaluation
- On-site specialty Gynecology clinic and surgical procedures
- Maternity Care benefits and coordination of care

Health Care Services available through PCP Referral/Consult/Order and Direct Scheduling (in green):

- Acupuncture
- Allergy
- Amputee Clinic [412-822-3017](tel:412-822-3017)
- Audiology and Speech Pathology [412-360-6400](tel:412-360-6400)
- Behavioral Health
- Cardiology and Cardiac Care
- Center for Treatment of Addictive Disorders (CTAD)
- Chaplain Services
- Chiropractor
- Dermatology
- Diabetes Treatment
- Dialysis
- Ear, Nose, and Throat
- Endocrinology
- Gastroenterology
- Geriatric/Gerontology/
Geropsychiatry
- Glaucoma
- Gynecology
- Home Based Primary Care (HBPC)
- Healthcare for Homeless Veterans (HCHV)
- Infectious Disease
- MOVE (Weight loss and healthy living) [412-822-3114](tel:412-822-3114)
- Neurology
- Nuclear Medicine
- Nutrition Services [412-822-3000](tel:412-822-3000)
 - » Dietician consult
 - » Healthy Kitchens
 - » Lifestyle Balance Group (for Veterans who have risk factors for diabetes and heart disease)
- Oncology/Hematology
- Ophthalmology
- Optometry [412-360-6700](tel:412-360-6700)
- Orthopedics
- Pain Services

- » Interdisciplinary Pain Rehab Program (IPRP)
- » Pain Management Group
- Pathology
- Podiatry [412-822-3000](tel:412-822-3000)
- Primary Care Mental Health Integration (PC-MHI)
 - » Psychological Evaluation and brief treatment
 - » Healthy You Group
 - » Women's Wellness and Healthy Living Group
- Proctology
- Prosthetics
- Pulmonary
- Radiology Services
- Rehabilitation Services
 - » Occupational Therapy
 - » Pelvic Floor Rehab
 - » Physical Therapy
- Rheumatology
- Respiratory Therapy
- Sleep Disorders
- Smoking Cessation
- Social Work
- Spinal Cord Injury
- Stroke
- Surgery (General, Bariatric, Cardiac, Reconstructive, Thoracic, Vascular, Oncology, Laser)
- Transplantation (liver/kidneys)
- Visual Impairment Support Team
- Weight Management
 - » Geriatric GeroFit
 - » MOVE! Program
 - » Bariatric Surgery
- Wheelchair and Power Seating Clinic [412-822-2180](tel:412-822-2180)
- Yoga

BEHAVIORAL HEALTH/MENTAL HEALTH

Evaluation and treatment of psychiatric and substance use disorders

Phone: 412-360-6600

www.pittsburgh.va.gov/services/behavioral-health.asp

General Outpatient services include:

- Initial Psychological Evaluation to establish care
- Scheduled and Unscheduled Appointments
- Monday – Friday: 8 AM – 4 PM
- University Drive, Building 29, Reception Area #1
- Psychiatric/Medication Evaluation
- Medication Management
- Individual and Group Therapy
- Couple Therapy
- Reproductive Mental Health Evaluation

Specialty outpatient services include:

- Combat Stress Recovery Clinic (CSRC)
- Military Sexual Trauma (MST) Services
- Center for Treatment of Addictive Disorders (CTAD) 412-360-6611 or 412-360-6092
 - » Outpatient and Residential Programs
 - » Group and Individual Therapy
 - » Medication Assisted Treatments
- Neurobehavioral Program (NBP)
 - » Evaluation of cognitive disorders

- Psychosocial Rehabilitation Services (requires referral/consult):
 - » Community Support Program/Mental Health Intensive Case Management (CSP/MHICM)
 - » Community Transition Center (CTC)
 - » Psychosocial Residential Rehabilitation Treatment Program (PRRTP)
 - » Family Psychosocial Education Program
 - » Community Residential Care Program

Inpatient services include:

- Inpatient psychiatric hospitalization

BENEFITS AND ELIGIBILITY

Information regarding VA health administration benefits and eligibility

Phone: 412-360-6993

www.pittsburgh.va.gov/patients/eligibility.asp

CAREGIVER SUPPORT PROGRAM

Provides support and resources for caregivers

VA Pittsburgh Caregiver Support Coordinator: 412-822-2364

www.pittsburgh.va.gov/services/caregiver/index.asp

VA Caregiver Support Line: 1-855-260-3274

VA Caregiver Website: www.caregiver.va.gov

- General Caregiver Program (eligible to caregivers of Veterans of all eras): provides support to Veteran's Caregivers or if the Veteran is serving as caregiver.
- Caregiver support
- Connect to resources within the VA and local community
- Building Better Caregivers TM (BBC) online workshop
- Monthly Caregiver Education Calls
- Caregiver Self-Care Courses
- Peer Support Mentoring
- REACH VA- General Telephone Support
 - » Program of Comprehensive Assistance for Family Caregivers (PCAFC; for post 09/11 Veterans who were seriously injured in the line of duty): Provides comprehensive caregiver resources, including:
 - » Monthly stipend
 - » Bene-travel
 - » Psycho-education benefits (as listed above)
 - » The PCAFC will be expanded under the MISSION Act to include Veterans of all eras

CHAPLAIN SERVICES

Pastoral Care to assist Veterans along their personal faith journey

Phone: 412-822-1551

www.pittsburgh.va.gov/services/chaplains.asp

Services Include:

- Prayer
- Bereavement counseling
- Spiritual encouragement
- Religious assurance
- Clergy referrals
- Telehealth visits
- Warrior to Soulmate: 2-day weekend program for couples with a focus on communication and strengthening relationships

COMPREHENSIVE VOCATIONAL SERVICES

Helping Veterans throughout the employment process

Phone: 412-822-1286/1287

- Vocational Services
 - » Briefing every Tuesday at 9 AM, Veterans Recovery Center, Building 69 H.J. Heinz Campus
 - » Evaluation services
 - » Job seeking and workplace survival skills
- Compensated Work Therapy
 - » Transitional Work Experience
 - » Supported Employment
 - » Community Based Employment
 - » Compensated Work Therapy/TR Housing Program

HOMELESS VETERAN SERVICES

Provides a range of temporary and permanent housing for Veterans without housing

Phone: 412-822-1272

www.pittsburgh.va.gov/services/homeless/index.asp

- Walk-In Services: Mon-Fri 8 AM – 4:30 PM, Veteran's Recovery Center, HJ Heinz Campus, Building 69
- Domiciliary Services
- Veterans Place Service Center Day Program
- Veterans Justice Outreach Program
- Healthcare for Homeless Veterans
 - » Outreach into the community
 - » Transitional and Permanent housing in the community
 - » Grant and Per Diem Transitional Housing
 - » HUD-VASH

INTIMATE PARTNER VIOLENCE (IPV) Coordinator

Provides information and resources regarding IPV

Phone: 412-822-2359

www.pittsburgh.va.gov/services/intimate-partner-violence.asp

National Domestic Violence 24-hour Hotline: 1-800-799-SAFE (7233) or 1-800-787-3224 (TTY)

LESBIAN, GAY, BISEXUAL, AND TRANSGENDER HEALTH CARE

Promotes the health, welfare, and dignity of LGBT Veterans

Phone: 412-360-1210 or 412-822-1069

www.pittsburgh.va.gov/services/lgbt/index.asp

- Mental Health Services
- Creative Arts Therapies
- Chaplain Services
- Speech Pathology
- Hormone Therapy
- Gender-affirming prosthetics
- Laser Hair Removal
- Psychosocial assessments for hormone therapy and gender confirming surgeries
- HIV and STI testing and counseling
- Provision of PEP (post-exposure prophylaxis) for Veterans at risk for HIV
- Provision of PrEP (pre-exposure prophylaxis) for Veterans at risk for HIV
- HIV care and services
- Other prevention, screening, wellness and testing services

MILITARY SEXUAL TRAUMA (MST) Coordinator

Provides information and resources regarding treatment for MST

Phone: 412-360-1040

www.mentalhealth.va.gov/mentalhealth/msthome/index.asp

MILLION VETERAN PROGRAM (MVP)

The Department of Veterans Affairs' Million Veteran Program (MVP) is a national program to better understand how genes affect health and illness, with the goal of improving health care for Veterans. By enrolling in the MVP, Veterans can continue serving their nation and fellow Veterans.

Phone: 866-441-6075

Locations at VA Pittsburgh:

University Drive, Room 1N105B

HJ Heinz, Bldg. 50, Ground North

www.research.va.gov/MVP

MY HEALTHEVET

VA's private and secure online Personal Health Record (PHR)

Phone: 412-360-6838

Toll Free HealthVet Help Desk: 1-877-327-0022 or 1-800-877-8339

www.pittsburgh.va.gov/services/myhealthvet.asp

- View, print, or download information from your VA medical record
- Send secure messages to your medical providers
- Refill prescriptions
- Manage appointments
- Online scheduling of Primary Care (PC), CPAP, limited Behavioral Health (BH) and MOVE clinics
- Request call to schedule Optometry, Audiology, CPAP, MH and PC clinic

PEER SUPPORT PROGRAM

Peer Support Specialists are VA employees who help Veterans with serious mental illnesses and substance use disorders to successfully engage in their treatment. At VA Pittsburgh, peer support specialists work in various programs and promote mental health and substance use recovery by sharing their own recovery stories, providing encouragement, instilling a sense of hope, and teaching skills to fellow Veterans.

Phone: 412-216-3711

- Veteran X Program: A group focused on finding solutions to everyday problems
For details: 412-334-2710 or 412-360-2459

RECREATION AND CREATIVE ARTS THERAPY

Provides opportunities for Veterans to engage in recreational and creative arts therapies and activities that support wellness and recovery

Phone: 412-360-3756

Creative Arts Therapy: Individual and group format on both an inpatient and outpatient basis. Consult required

- Art Therapy
- Dance Movement Therapy
- Drama Therapy
- Music Therapy (includes drum circles)
- Expressive Writing: inpatient group only

Recreational Therapy: Individual and group format on both inpatient and outpatient basis. Consult required.

- Leisure Education
- Community Integration
- Animal Assisted Interventions
- Adaptive sports (equine, air rifle, bowling, golf, fishing)
- Field training for competition in national games
- Tai Chi: inpatient group only
- Yoga: inpatient group only

Meaningful Activities: Group Recreational activities, no consult required

- Knitting
- Outpatient Community Trips
- Project Healing Waters fly tying
- Expressive Arts including ceramics, models, leathercraft, pottery, painting: HJH inpatient only

Annual Events:

- Women's Annual Tea
- Women's Annual Baby Shower
- Sharing and Caring Boat Ride

SUICIDE PREVENTION TEAM

Assist Veterans during times of crisis and ensure Veterans receive the health care and support they need

Phone: 412-360-6515

www.pittsburgh.va.gov/services/suicide-prevention.asp

Veteran's Crisis Line

- 1-800-273-8255 (TALK), Press 1
- Text: 838255
- Website for online chat: www.Veteranscrisisline.net/

TELEHEALTH/CONNECTED CARE

Bringing healthcare to Veterans outside of the medical setting using technology, which includes Veterans Video Connect (VVC).

<https://www.pittsburgh.va.gov/services/telehealth.asp>

TRANSITION AND CARE MANAGEMENT PROGRAM

VA Pittsburgh Healthcare System's Transition and Care Management program aims to help Post-9/11 Veterans seamlessly transition into the VA system while offering case management services that meet their unique needs. TCM provides case management and serve as a direct point of contact to assist the Veteran with any of their VA health care concerns, benefits, and additional psychosocial support they may need.

Phone: 412-822-2362

www.pittsburgh.va.gov/services/returning-service-members.asp

VETERANS JUSTICE OUTREACH/VETERANS COURT PROGRAM

Provides VA services and resources to justice-involved Veterans

Phone: 412-822-1410 or 412-822-1409

www.va.gov/HOMELESS/VJO.asp

- Outreach, assessment, and case management in local courts and jails
- Enrollment and referral to VA and non-VA services
- Connects with and education for local justice system partners
- Collaborates with judges and specialty courts regarding issues of treatment and housing

WHOLE HEALTH

A program designed for proactive health and well-being that includes

Whole Health Coaching and a variety of services and programs

Phone: 412-822-2990

Website: www.pittsburgh.va.gov/services/women/

Pathways to Whole Health (groups offered at HJ Heinz Campus)

- Introduction to Whole Health
- Whole Health: Taking Charge of My Life and Health (TCMLH)

Selected Programs and Services under Whole Health:

- Health coaching
- Mind-body therapies and stress reduction
- Mindfulness
- Nutrition and weight management
- Peer support and community resources
- Programs to stop smoking
- Physical therapy and chiropractic services

DEPARTMENT OF VETERANS AFFAIRS

VETERANS BENEFITS ASSOCIATION (VBA)

Assisting Veterans in applying for and receiving their benefits

Pittsburgh Regional Office

1000 Liberty Ave.

Pittsburgh, PA 15222

Phone: 800-827-1000

www.benefits.va.gov/pittsburgh/

E-Benefits

www.ebenefits.va.gov/ebenefits/homepage

NATIONAL CEMETERY ADMINISTRATION

The Department of Veterans Affairs' (VA) National Cemetery Administration maintains 136 national cemeteries in 40 states (and Puerto Rico) as well as 33 soldier's lots and monument sites. Please note that there is not a VA national cemetery in every state.

Home Page: www.cem.va.gov

National Cemetery of the Alleghenies

1158 Morgan Road

Bridgeville, PA 15017

Phone: 724-746-4363

FAX: 724-746-4360

Allegheny Cemetery Soldiers' Lot

4734 Butler Street

Pittsburgh, PA 15201

Phone: 724-746-4363

FAX: 724-746-4360

CENTER FOR WOMEN VETERANS (CWV)

A VA program that monitors and coordinates information about the health care, benefits, and programs for Women Veterans

Home Page: www.va.gov/womenvet/index.asp

Resources for Women Veterans: www.va.gov/womenvet/resources/index.asp

WOMEN VETERANS HOTLINE

A call center dedicated to answering questions about resources and benefits for Women Veterans.

Phone: 1-855-VA-WOMEN (855-829-6636)

MAKE THE CONNECTION

A program designed to share stories of recovery, and to link Veterans and their supporters with resources and information about treatment

<https://maketheconnection.net/>

<https://maketheconnection.net/resources>

NATIONAL RESOURCE DIRECTORY

A government directory that connects Service Members, Veterans, their families, and caregivers to programs and services

<https://nrd.gov/>

VET CENTERS

No cost services include readjustment counseling (individual, group, couple therapy) and outreach services to eligible Veterans and active duty service members (including National Guard and Reserve components) who:

- Have served on active military duty in any combat theater or area of hostility
- Experienced military sexual trauma (MST)
- Provided direct emergent medical care or mortuary services, while serving on active military duty, to the casualties of war
- Served as a member of an unmanned aerial vehicle crew that provided direct support to operations in a combat zone or area of hostility
- Vietnam Era Veterans who have accessed care at a Vet Center prior to Jan. 1, 2004

Vet Center services are also provided to family members of Veterans and Service Members for military related issues when it is found to aid in the readjustment of those that have served.

This includes bereavement counseling for families who experience an active duty death.

Pittsburgh Vet Center

2500 Baldwick Rd, Suite 15

Pittsburgh, PA 15205

Phone: 412-920-1765

www.va.gov/directory/guide/facility.asp?ID=592

White Oak Vet Center

White Oak Mall

2001 Lincoln Way, Suite 21

White Oak, PA 15131

Phone: 412-678-7704

www.va.gov/directory/guide/facility.asp?ID=589

Wheeling Vet Center

1058 East Bethlehem Blvd.

Wheeling, WV 26003

Phone: 304-232-0587

www.va.gov/directory/guide/facility.asp?ID=401

NON-VA RESOURCES: VETERANS SERVICE ORGANIZATIONS

Veterans Service Organizations (VSOs) at the Pittsburgh Regional Office:

Pittsburgh Regional Office

1000 Liberty Ave.
Pittsburgh, PA 15222
Phone: 800-827-1000
www.benefits.va.gov/Pittsburgh/Veterans-services-orgs.asp

The American Legion

Room 1607
Phone: 412-395-6230 or 412-395-6231
www.legion.org

American Veterans/AMVETS

Room 1605
Phone: 412-395-6248
www.amvets.org

Disabled American Veterans

Room 1606
Phone: 412-395-6241
www.dav.org

Military Order of the Purple Heart of the USA

Room 1610
Phone: 412-395-6252
www.purpleheart.org

Paralyzed Veterans of America

Room 1602
Phone: 412-395-6255
www.pva.org/

Pennsylvania Department of Military and Veterans Affairs

Room 1612
Phone: 412-395-6225
www.dmva.pa.gov/Pages/default.aspx

Veterans of Foreign Wars of the United States

Room 1601
Phone: 412-395-6259
www.vfw.org

NON-VA RESOURCES: COUNTY AND STATE VETERANS AFFAIRS OFFICES

STATE VETERANS AFFAIRS OFFICES

Information and resources for Veterans

Ohio Department of Veterans Services

Phone: 614-644-0898

<http://dvs.ohio.gov/main/home.html>

Pennsylvania Department of Military and Veterans Affairs

www.dmva.pa.gov/Pages/default.aspx

State of West Virginia Department of Veterans Assistance

<https://Veterans.wv.gov/Pages/default.aspx>

COUNTY VETERANS AFFAIRS OFFICES

Devoted to assisting Veterans in applying for and receiving their military benefits.

Allegheny County Veterans Services

Phone: 412-621-4357

www.alleghenycounty.us/Veterans/index.aspx

Harrison County Ohio Veterans Service Office

Phone: 740-942-8441

www.harrisoncountyohio.org/Veterans-service-office-hours-of-operation

Beaver County Veterans Affairs Office

Phone: 724-770-4450

www.beavercountypa.gov/Depts/Veterans/Pages/default.aspx

Jefferson County Ohio Veterans Service Commission

Phone: 740-283-8571

www.jvets.net/

Belmont County, Ohio Veterans Service Office

Phone: 740-325-1042

www.belmontcountyVeterans.org/

Washington County Veterans Affairs

Phone: 724-228-6865

www.co.washington.pa.us/232/Veterans-Affairs

Fayette County Veterans Affairs

Phone: 724-430-1241

www.fayettecountypa.org/158/Veteran-Affairs

Westmoreland County Veterans Affairs Office

Phone: 724-830-3530

www.co.westmoreland.pa.us/390/Veterans-Affairs

Greene County Veterans Affairs Office

Phone: 724-852-5275

www.co.greene.pa.us/Department-Veterans-Affairs

West Virginia Department of Veterans Assistance Wheeling Field Office

Counties Served: Marshall, Ohio, Brooke, Hancock, and Wetzel

Phone: 304-238-1085

<https://Veterans.wv.gov/Pages/default.aspx>

NON-VA RESOURCES: ORGANIZATIONS FOCUSED ON ASSISTING VETERANS

CORPORATE AMERICAN SUPPORTS YOU (CASY)

From their website: "CASY brings military and Veteran job seekers together with employers who are looking to hire."

Phone: 1-877-696-7226

<https://casy.us/>

ELIZABETH DOLE FOUNDATION

Their Mission: "Strengthen and empower America's military caregivers and their families by raising public awareness, driving research, championing policy, and leading collaborations that make a significant impact on their lives."

www.elizabethdolefoundation.org/

MISSION CONTINUES

The Mission Continues focuses on helping Veterans to continue their service by engaging in projects in their communities.

<https://missioncontinues.org/>

www.missioncontinues.org/service-platoon/Pittsburgh-platoons

PA 211 BY UNITED WAY

A call center and web portal designed to connect Southwestern Pennsylvania residents and Veterans to information about health and human services, supported by United Way.

Phone: 211

Text: 898-211 with zip code and need/question

<http://pa211sw.org/>

PAServes: GREATER PITTSBURGH

PAServes: Greater Pittsburgh is under the umbrella of AmericaServes. They are staffed by Veterans and social workers who understand firsthand the hardships of service navigation. They coordinate services for Veterans, service members, and their families, including: applying for VA benefits, employment, education, financial assistance, healthcare, housing, legal, social activities, mentoring, sports/fitness, and spousal/family support. PAServes mission is to eliminate the guess work of services eligibility and connect you to the right place, the first time.

1200 Reedsdale Street, 2nd Floor
Pittsburgh, PA 15223
Phone: 1-855-838-7744
<https://pittsburgh.americaserves.org/>

PROJECT HEALING WATERS

Project Healing Waters Fly Fishing, Inc. is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled Veterans through fly fishing and associated activities including education and outings. There are fly tying and rod building classes at a number of locations, including: VA Pittsburgh HJ Heinz campus, Lawrenceville, Upper St Clair, and the White Oak Vet Center.

Pittsburgh, PA Program Lead
Phone: 412-877-7864
Email: amanda.thompson@projecthealingwaters.org
<https://projecthealingwaters.org/>

SERVICE WOMEN ACTION NETWORK (SWAN)

SWAN is a national organization devoted to the needs of service women and women Veterans. Their key values include: Unify, Support, and Impact. There is a resource portal on their website.

Phone: (202) 798-5570
www.servicewomen.org/

SOLDIER ON

Services include: In-home case management, referral services, and temporary financial assistance for housing to Veterans facing homelessness. Soldier On staff will meet with a Veteran at a location convenient for the Veteran.

Phone: 1-866-406-8449
www.wesoldieron.org

TEAM RED WHITE AND BLUE PITTSBURGH

Their mission is to: "To enrich the lives of America's Veterans by connecting them to their community through physical and social activity."

www.teamrwb.org/

www.teamrwb.org/chapter/team-rwb-pittsburgh-pa/

VETERAN'S BREAKFAST CLUB (VBC)

The mission of VBC is "to create communities of listening around Veterans and their stories so that this living history is never forgotten."

Phone: 412-623-9029

<http://vbcpgh.org/>

VETERAN'S LEADERSHIP PROGRAM (VLP)

VLP offers special Programs for Women Veterans

2934 Smallman Street

Pittsburgh, PA 15201

Phone: (412) 481-8200

www.vlpwpa.org/

Project Journey: Housing Assistance and Case Management for Women

- **Housing Assistance:** Short-term emergency housing and emergency assistance
- **Case Management:** includes employment services, SNAP/TANF assistance, disability claims assistance, healthcare and mental health referrals, transportation assistance, Individual Service Plans (ISPs), and Veterans Court assistance
- **Connect Together Program:** helps to empower women through social and recreational activities
- **Grow Together programs:** assists with education and learning, personal/professional development, and peer-to-peer mentorship
- **Serve Together programs:** focus on advocacy, community service, and youth mentorship

WOUNDED WARRIOR PROJECT

Offers a range of services for Veterans who served after 9/11/2001.

Resource Center: 1-888-997-2586

OTHER NON-VA RESOURCES AND SERVICES

ADAGIO HEALTH

Adagio Health addresses the needs of underserved communities and provides information, referral services and professional development to 23 counties in the Adagio Health footprint. Services include: gynecology; family planning; breast and cervical cancer screening; STI prevention, testing and treatment; healthy relationship and sexual health education and nutrition counseling. We place a special focus on caring for teens, the LGBTQIA+ community, low income individuals, and those without insurance or are underinsured (have high co-pays) in a judgement-free environment.

Phone: 1-800-215-7494 (TTY/TDD 1-800-654-5984)

www.adagiohealth.org/

ALLEGHENY COUNTY DEPARTMENT OF HUMAN SERVICES

Programs for Allegheny County residents who meet income eligibility requirements

Phone: 1-800-862-6783

www.alleghenycounty.us/human-services/index.aspx

- Child Care
- Employment
- Food Assistance
- Health Insurance
- Homeless Services
- Parent and Caregiver Assistance
- Transportation
- Utility Assistance
- Women, Infant and Children (WIC) Program:
www.pawic.com

DRESS FOR SUCCESS PITTSBURGH

The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

The Design Center

5001 Baum Boulevard Suite 550

Pittsburgh, Pennsylvania 15213

Phone: 412-201-4204

<https://pittsburgh.dressforsuccess.org/>

OHIO DEPARTMENT OF JOB AND FAMILY SERVICES

Programs for Ohio residents who meet income eligibility requirements

<http://jfs.ohio.gov/>

- Food assistance
- Child Care
- Health Insurance (Medicaid)
- Veterans Workforce Services
- Financial Assistance

PENNSYLVANIA CAREER LINK

Free access to career services and resources

www.pacareerlink.pa.gov/jponline/

PENNSYLVANIA DEPARTMENT OF HUMAN SERVICES

Programs for Pennsylvania residents who meet income eligibility requirements

<http://dhs.pa.gov/>

www.compass.state.pa.us/compass.web/Public/CMPHome

- Supplemental Nutrition Assistance Program (SNAP)
- School Meals
- Children's Health Insurance Program (CHIP)
- Insurance Marketplace and Medical Assistance
- Early Intervention, Intellectual Disability, and Adult Autism Services
- Low Income Home Energy Assistance Program (LIHEAP)
- Child Care Works
- Women Infants and Children (WIC) program:

www.pawic.com/

STONYBROOK FOUNDATION

Therapeutic Equestrian Center that has special programs for Veterans.

260 Mountain Trail Lane

Acme, PA 15610

Phone: 724-613-3312

<https://stoneybrookfoundation.org/>

VENTURE OUTDOORS

Venture Outdoors believes everyone deserves the chance to experience how incredibly fun the outdoors can be, so they provide the gear, guidance and inspiration to make outdoor recreation part of people's lives. They offer youth, adult, and senior programming including biking, hiking, and kayaking.

Phone: 412-255-0564

www.ventureoutdoors.org/

Email: Info@VentureOutdoors.org

WEST VIRGINIA DEPARTMENT OF HEALTH AND HUMAN RESOURCES

Programs for West Virginia residents who meet income eligibility requirements.

<https://dhhr.wv.gov/Pages/default.aspx>

- Supplemental Nutrition Assistance Program (SNAP)
- Low Income Home Energy Assistance Program (LIHEAP)
- Children's Health Insurance Program (CHIP)
- Medicaid
- Child Care
- Women Infants and Children (WIC) program:
<https://dhhr.wv.gov/wic/Pages/default.aspx>

WOMEN'S CENTER AND SHELTER OF PITTSBURGH

Women's Center & Shelter of Greater Pittsburgh is more than an emergency shelter for women experiencing domestic violence and their children. It is a safe harbor that provides specialized care and support for women who have experienced all types of intimate partner violence from physical to emotional through Emergency Shelter, Legal Advocacy, a 24-hour Hotline, Support Groups, and more. Women's Center & Shelter has been a trusted and respected resource in the Pittsburgh Community for more than 45 years, offering hope and healing to women and children who have suffered from the devastating effects of domestic abuse.

24-Hour Hotline: (412) 687-8005

WCSCanHelp.org

Facebook: Women's Center & Shelter of Greater Pittsburgh

Twitter: @wcspittsburgh

Instagram: @wcs_pittsburgh

LinkedIn: Women's Center & Shelter of Greater Pittsburgh

GREATER PITTSBURGH COMMUNITY FOOD BANK

Providing food to those in need

1 N. Linden St.

Duquesne, PA 15110

Phone: (412) 460-3663

SNAP Hotline: 833-822-SNAP (7627)

www.pittsburghfoodbank.org/

NEIGHBORHOOD LEGAL SERVICES ASSOCIATION (NLS)

Provides civil legal assistance to individuals with financial need.

Phone: 412-255-6700

<https://nlsa.us/>

This publication includes contact information for organizations that are not affiliated with the Department of Veterans Affairs (VA). VA and VA Pittsburgh Healthcare System do not sponsor nor endorse any non-VA organization.

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Pittsburgh Healthcare System

Women Veterans Program

412-360-3500

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