

**I'm not "blind", do I still qualify?** Yes, if your eye doctor finds your visual acuity equal to or worse than 20/70, if you have significant functional difficulties, or if you have less than 20 degrees of visual field, then you qualify. If you have vision loss as a result of a stroke, or other visual problems not correctable by glasses you may also be eligible for services.

**How many visits am I allowed?**

There is not a visit limit and you may return for further assistance as needed.

**Is there a charge for services or devices?**

No. These benefits are free of charge to honorably discharged Veterans who are eligible for VA care.

**Can I call and request a specific device?**

No. There are literally hundreds of devices available for those with low vision. Choosing the best option requires thorough assessment and often times training.

**Is vision loss causing you difficulty?**

- Reading and/or writing?
- Engaging in hobbies or activities you previously enjoyed or would like to explore?
- Getting around independently and safely?
- Caring for yourself and/or others at home?
- Seeing your computer, tablet, or smartphone

Or, do you need a refresher on the low vision devices which you have been prescribed?

**VA Portland Low Vision Clinic can help.**

**Contact:**

[Program Support Assistant](#)

**Phone: (360) 905-1751**

**VA Portland Health Care System**

**Quality Low Vision Care for our Honored Veterans**



**U.S. Department of Veterans Affairs**



# Choose VA

## Low Vision Services Offered

VA Portland Health Care System is proud to offer services to honorably discharged Veterans who are eligible for VA care, who have low vision, functional visual difficulties, or are legally blind.

Depending on specific needs, services are provided in inpatient, outpatient, or community settings. Sessions are tailored to individual goals.

Some examples of skill areas covered include, but are not limited to reading, daily living, money management, computer and other related “smart” devices, functional mobility, and general hobbies. See more details in this brochure.

## Low Vision Services...

- **Reading:** Newspapers, books, magazines, pill bottles, menus, etc.
- **Daily Living:** Skills such as eating, meal prep, taking medications, clothing care, and telling time.
- **Money management:** Reading bills, writing and managing a checkbook, identifying money and making change.
- **Computer, tablet, and smart phone's:** Maximize settings to make devices easier to see and instruction on special features to make the devices easier to use



## Low Vision Services...

- **Functional Mobility:** Light and glare management, going up and down stairs and curbs, minimizing tripping, falling and bumping into objects, utilizing mass transit, and more.
- **Hobbies:** Watching television, doing puzzles, playing cards, doing needle work, woodworking, sewing, and fishing, just to name a few.
- **Functional Communication:** Dialing a phone, locating and reading a telephone number, signing your name, writing letters and notes.