



Psychology Internship Program

Spokane VA Medical Center
4815 N. Assembly Street
Spokane, WA 99205
(509) 434-7000

<http://www.spokane.va.gov/>

MATCH Number: 221511
Applications Due: November 5, 2021

Dear Prospective Intern,

The Training Committee at the Spokane VAMC Doctoral Psychology Internship is pleased that you are interested in our program. We hope that the enclosed materials will provide you with more information regarding the uniqueness of our program.

The Spokane VA Medical Center and its two associated Community Based Outpatient Clinics (CBOCs) in Coeur D'Alene, ID and Wennatchee, WA have a large catchment area that includes urban, rural, and highly rural areas of eastern Washington, western Montana, and northern Idaho. More than 60% of the Veterans served at our hospital and CBOCs reside in rural areas. Interns will participate in the major general behavioral health rotation for a full year and several minor rotations throughout the year that may include the PTSD Clinical Team, Primary Care Mental Health Integration, Neuropsychology, the Community Living Center, the Acute Psychiatric Unit, and the Substance Abuse Treatment Program. Our service has adopted a Behavioral Health Integration Program model (BHIP), meaning interns will have the opportunity to work with professionals of varying disciplines (e.g., Psychiatry, Nursing, Social Workers, and Mental Health Counselors) on each of these rotations. Interns will be trained in at least two evidence-based practices (Acceptance and Commitment Therapy, Prolonged Exposure, Cognitive Processing Therapy, Motivational Interviewing, Cognitive Behavioral Therapy for Insomnia, Interpersonal Therapy for Depression, Integrative Behavioral Couples Therapy). In addition to working with supervisors who are trained in the above mentioned EBPs, there are opportunities to work with supervisors who are specialists in a variety of theoretical orientations including psychodynamic, cognitive behavioral, interpersonal process, existential, and client centered.

Our faculty are committed to providing excellent clinical training and supervision while facilitating professional growth in a collaborative, supportive environment. Past interns have consistently provided feedback that they enjoyed the ability to work within many different interdisciplinary teams and felt relationships with supervisors were collegial and supportive. Additionally, our past interns have been exceptionally successful in securing postdoctoral fellowships and jobs.

In addition to training opportunities offered at the Spokane VAMC, eastern Washington is a breathtaking place to live with four distinct seasons. Spokane is the metropolitan center of the Inland Northwest region with a growing population currently over 200,000 within city limits and nearly 600,000 in the metropolitan area. It is located on the Spokane River and is 110 miles south of the Canadian border, approximately 20 miles from the Washington-Idaho border, and 271 miles east of Seattle. Spokane offers an abundance of outdoor activities and you can be on the river, in lake country, or hiking/skiing on one of several mountains within minutes of the city. It is identified as a "green" and bike-friendly community. The town motto, "Near Nature, Near Perfect," speaks to a blend of accessible natural highlights with regional city-center resources.

For those interested in more urban attractions, downtown Spokane and surrounding areas offer a growing selection of amenities, including first-rate dining, entertainment, theater, sports, and shopping. As the second largest city in the state, Spokane is the commercial hub for a large surrounding area and is home to a number of excellent medical facilities, medical training programs, colleges, and universities as well. For more information, see <https://www.visitspokane.com/> and <https://greater Spokane.org/relocation-guide/>.

We hope that you find the following pages informative and helpful as you begin the decision process of choosing an internship. We wish you all the best in your internship application process. ***If you have any questions, we encourage you to contact us. We look forward to hearing from you.***

Sincerely,
The Spokane VAMC Training Committee

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Program Statement on the COVID-19 Pandemic:

The COVID-19 pandemic has created challenges for us all, including those of us involved in training future psychologists. What will happen in the future remains elusive, so we strive to remain informed and flexible. At the Spokane VA we have successfully navigated changes in the Behavioral Health Service and in our internship training and have endeavored to meet this challenge with strength and agile spirit.

Beginning in late March of 2020, all Behavioral Health clinicians, including psychology interns, were prepared to begin working from home. All BHS clinicians at the Spokane VA are issued laptop computers and may request other technology as needed (e.g., additional monitor, headset, microphone). As a result, all four of our interns took advantage of this option. Clinicians interested in teleworking completed computer-based trainings in providing telehealth and the internship program faculty provided numerous opportunities to discuss the process with our interns. Current interns have continued to provide evidence-based therapies in both individual and couples formats; group therapy is slowly being re-integrated into the service offerings in behavioral health after having been temporarily suspended at the beginning of the pandemic. All of the interns have done well utilizing this new therapy modality, though it was of course a learning process for all concerned. All supervision, didactics, journal club meetings, etc., have been conducted remotely using Microsoft TEAMS or a VA tool called Virtual Video Conferencing with very little impact on productivity overall. In addition to providing high quality clinical care to our veterans, interns have learned valuable new skills that will no doubt serve them well as they move on to postdoctoral training and careers. In recent months we have begun to incorporate more in person meetings and clinical services while maintaining safe distancing and using PPE, with interns working several days on site and several from home.

As pandemic circumstances adapt and evolve, we will update our brochure and other training materials to include details about telehealth and training. At this time, our training program is ready to support incoming interns in providing both in person and telehealth services as needed based on experience, training, patient care needs, and regional and federal guidelines. We as a training committee remain mindful of the need to transition nimbly in and out of telework as appropriate or needed based on pandemic related changes. Whatever the future holds, our psychology training team at the Spokane VA remains thoroughly committed to providing interns with high quality learning experiences and supervision in all necessary modalities.

In an effort to provide the most equitable and safe interview experience for all invited applicants, the training committee has chosen to exclusively conduct virtual interviews for the foreseeable future. It is also important to note that trainees in VA cannot provide clinical services across state lines after the national emergency is rescinded. If you are considering Spokane VAMC and are interested in scouting potential places to live, please consider housing within the state of Washington in case of the need/desire to telework from home.

Accreditation Status:

The Spokane VAMC Doctoral Psychology Internship was established in 2012 and became fully accredited by the American Psychological Association in 2015. The next APA site visit will occur in 2022. Questions related to the program's accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington DC 2002
Phone: (202) 336-5979 E-mail: apaaccred@apa.org
Web: <http://www.apa.org/ed/accreditation>

Internship Admission, Support, and Initial Placement Data

Application & Selection Process:

VA policy requires internship funding to be provided only to students who are U.S. citizens and enrolled in APA-accredited clinical or counseling psychology doctoral programs. In addition, we require completion of the "Academic Program's Verification of Internship Eligibility and Readiness" form to verify applicants' readiness and recommendation for internship by their Clinical Training Director. To be considered for interview or ranking, applicants are required to have completed at least 500 direct hours of intervention experience, as well as 100 hours of assessment experience. We also require applicants to have completed at least five integrated assessment reports that must include at least one administration and interpretation of the WAIS-IV and a personality measure (MMPI-2, MMPI-2-RF, MMPI-3, or PAI). Applicants with veteran status, training backgrounds in adult psychotherapy and clinical assessment, and experience or interest in rural programming and generalist training will be given preference. We are committed to ensuring a range of diversity among our training classes and equitable consideration is given to applicants representing elements of diversity including, but not limited to, age, disability, ethnicity, gender, gender identity, language, national origin, race, religion, culture, sexual orientation, social economic status, and military service.

Health Professions Trainees (HPTs) are appointed as temporary employees of the Department of Veterans Affairs. As such, HPTs are subject to laws, policies, and guidelines posted for VA staff members. There are infrequent times in which this guidance can change during a training year which may create new requirements or responsibilities for HPTs. If employment requirements change during the course of a training year, HPTs will be notified of the change and impact as soon as possible and options provided.

Application Process:

To apply, submit the following materials electronically through the online APPIC Application for Psychology Internships:

1. APPIC Application for Psychology Internship
2. Curriculum vita
3. Three letters of recommendation

Important Eligibility Requirements for All Internship Applicants:

1. U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and

fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.

2. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any U.S. government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the U.S. Office of Personnel Management; exceptions are very rarely granted.
3. Interns are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.
4. VA conducts drug screening exams on randomly selected personnel as well as new employees. Please note that marijuana and marijuana derivatives, including CBD, are considered a Schedule 1 controlled substance federally (even for medical use with a prescription) and is therefore not permissible to use as a trainee at this facility. Interns are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing, as are other employees. For more information on how this impacts trainees: www.va.gov/oaa/app-forms.asp

Internship applicants must also meet these criteria to be considered for any VA Psychology Internship Program:

1. Doctoral student in good standing at an APA-accredited graduate program in clinical or counseling psychology. Persons with a doctorate in another area of psychology who meet the APA criteria for re-specialization training in clinical or counseling psychology are also eligible.
2. Approved for internship status by graduate program training director.

Match Number:

221511

Important Deadlines:

Application Deadline: November 5, 2021

Interview Notification: November 22, 2021

Virtual Interviews: Tuesday, January 4, 2022 or
Thursday, January 6, 2022

Candidate Interviews and Selection:

The Training Committee will review all applications based on the following criteria:

1. Applicant's interest and experience as it relates to the VHA, facility, and generalist training program mission.
2. Clinical competency.
3. Cultural humility and interest in rural populations.
4. Academic, research, and professional achievements.

Due to the COVID-19 pandemic, the training faculty chose to offer virtual interviews only and has elected to do the same during the upcoming application year in an effort to prioritize the health and safety of our applicants and staff. In addition, we hope that using this format will reduce the financial and time burden for interested applicants. Candidates selected for interview will be contacted by email to schedule a virtual interview on one of the two days listed above; for

those candidates who are unable to attend on those days alternative dates/interview times will be considered. Individual interviews will be conducted with a variety of faculty members and candidates will have opportunities to meet with current interns. The primary purpose of the interview is to assess the candidate's professional experiences, areas of training in which the candidate would like further development, and the match between the program and the candidate's professional interests.

Psychology Training Model and Program Philosophy:

The Spokane VAMC Doctoral Psychology Internship offers four internship positions. The internship is a 52-week, 40-hour per week program. Clinical experiences will emphasize development of skills for serving diverse veterans in urban, rural, and highly rural settings. The mission of the Spokane VAMC Doctoral Psychology Internship Program is to provide comprehensive generalist training in professional psychology based on the practitioner-scholar model. Our primary goal is to develop an intern's knowledge, skills, and abilities through direct, supervised patient care and integrated educational and scholarly opportunities that will prepare them for licensure, postdoctoral residencies, and entry-level professional positions. The training program emphasizes development of clinical and professional skills commensurate with providing services within VHA and with rural populations. While interns will spend the majority of their time in direct patient care, the intern's training goals are of primary importance and take precedence over workload demands. Our program's emphasis on the application of current scientific knowledge to professional delivery of services is reflected in the content of training experiences, which include training in evidence-based practices, exposure to varied treatment settings, application of clinical research, and participation in didactics offered by both Spokane VAMC staff and local experts. Interns receive formal and informal feedback and evaluations throughout the year and internship training directors will remain in contact with academic program training directors as needed to facilitate intern training. Our goal is to provide each intern with a broad range of training experiences in assessment, intervention, and consultation with a wide array of patients in medical and mental health settings.

Emphasis on Diversity, Cultural Humility, and Personal Awareness of Implicit Bias:

In keeping with the APA Ethics Code, the Spokane VAMC Doctoral Psychology Internship program places a strong emphasis on training in diversity and cultural awareness. Our VA is a very welcoming facility, as is the surrounding community, and we strive to incorporate cultural awareness into all of our work. All VA Medical Centers have an Equal Opportunity Specialist on staff whose goal is to ensure that no employee is discriminated against based on their cultural background, sexual preference, age, gender identity, or race. While Spokane is a moderate-sized city of over 200,000, about one quarter of our client population live in the surrounding rural areas. Additionally, many of our veterans come from varied socioeconomic and educational backgrounds. There is a relatively large transgender population that obtains medical and mental health care at our facility. Native American cultures are also a significant influence in the area and interns are encouraged to learn about local tribes and take part in sweat lodge ceremonies if desired, which will occur monthly on the grounds of the hospital when COVID-19 related restrictions are lifted. Our VA also serves veterans from multiple eras of service and represents a wide range of age- and cohort-related concerns when presenting for mental health services. Our faculty have created a working document with regularly updated cultural events in the Spokane area and interns are reminded of these regularly to encourage attendance on their own time if desired. The internship program provides a broad range of didactics on diversity topics, including sexuality, poverty and rurality, geriatrics, military culture, white privilege, and historical trauma. In addition, we encourage interns to attend various presentations hosted

within the facility on a variety of diversity-related topics throughout the year. Lastly, our clinical supervisors and interdisciplinary teams make continuous efforts to include veteran's diverse experiences and perspectives in treatment planning and service delivery and our program provides regular opportunities for interns to practice cultural humility and awareness of how implicit bias may impact treatment approaches. We encourage interns to regularly consider how cultural variables impact assessment, treatment, interdisciplinary consultation, and other clinical services in order to facilitate development into thoughtful and culturally humble professionals.

Program Structure:

Interns will spend the first two weeks of internship being oriented to the VA, the Behavioral Health Service lines, and to the Psychology Internship. Interns will meet with the co-training directors and will be given a detailed overview of the program and competencies required for successful completion of the internship. Each intern will also complete a self-assessment of their current interests, theoretical orientation, and experience in the field of psychology, which will help inform rotation assignments and provide a baseline for tracking progress and growth over the year. Interns will have the opportunity to discuss possible minor rotation placements with each of the supervising psychologists via appointment or 'drop in' hours. During the second week, interns will meet with the co-training directors and collaboratively make their major rotation supervisor and minor rotation selections. Intern preferences are strongly weighted in selection of rotations, though rotations may also be assigned based on training needs or availability. Interns will also complete structured test administration training and practice with various cognitive assessment measures in order to ensure their competency to independently administer these instruments. Within the first several weeks of the internship, each intern will complete one baseline written assessment report in order to determine their current level of competency in this area and to guide further training and supervision. Interns will also be provided with didactic training on telemental health in order to allow them maximum flexibility in service delivery should virtual treatment become advised due to the COVID-19 pandemic.

Interns will coordinate with their major rotation supervisor to join a BHIP team. Supervisors assist in selecting patients, making referrals, facilitating intern participation in BHIP weekly meetings, and providing weekly individual and group supervision. Interns will obtain a minimum of four hours per week of supervision with at least two of those hours in direct face-to-face individual supervision. During the pandemic, interns may experience increased telesupervision as allowed by the Office of Academic Affiliations and APA Commission on Accreditation. Interns' experiences and opportunities will follow a step-wise progression increasing in case complexity with a trajectory of increased clinical independence as their exposure, education, supervision, and ability demonstrates.

Interns will participate in a weekly Topics in Psychology Seminar, which is a two-hour didactic intended for professional development in multiple profession-wide competencies and other areas related to mental health. Interns will also participate in other pertinent clinical and educational opportunities including guest lectures, journal club, ethics discussions, assessment case consultations, complex multi-disciplinary case management meetings, and psychology training committee meetings. Interns will present a minimum of two formal case presentations to the training committee, one didactic training, and a quality or process improvement project. Past interns have had the opportunity to complete a weeklong PCMHI training and obtain certification in the model, though this training cannot be guaranteed. Finally, over the course of the year interns will be expected to complete at least six integrated assessment reports, which may include evaluations for psychodiagnostic clarification, cognitive screening, or neuropsychological testing.

Interns will participate in weekly one-hour group supervision meetings with the co-training directors during which the interns staff cases, provide peer consultation, and discuss complex presentations with the co-training directors. Additionally, these weekly group supervision meetings provide the interns with time to collaborate and discuss internship issues, concerns, challenges, and successes. Finally, each intern will serve a three-month term as a Lead Intern and the psychology training committee representative. The Lead Intern will communicate intern feedback to the training committee and provide input on programmatic changes.

Interns will be evaluated quarterly throughout the internship by their major and minor rotation supervisors, though progress is continuously reviewed throughout the course of internship. Interns will receive direct feedback through supervision and with formal assessment of their progress quarterly. Formal evaluations include assessment of performance on both major and minor rotations. Successful completion of the internship will indicate competence for continued work in professional psychology as well as the VHA system.

Training Experiences Offered:

Interns are required to complete a year-long major rotation in psychotherapy in the Behavioral Health Service. Below is a list of all elective rotations that are offered at our facility. Please note that the availability of each minor rotation may change over the course of the year due to pandemic related changes or other factors. Interns can participate in up to four placements for their minor rotations. Interns will be involved in up to two minor rotations at a time, with each minor rotation lasting at least six months. Intern interest, professional goals, post-doctoral aspirations, rotation/supervisor availability, and faculty identification of training needs help guide the selection of minor rotations and we will work with interns to be as flexible as possible in meeting individual training year goals. If changes to an intern's minor rotation choices must be made due to the pandemic or other factors, every effort will be undertaken to balance the intern's individual goals with their current training plan. The specific training plan developed by an intern will require the approval of the co-training directors and supervising training committee member.

Major Rotation

Psychotherapy: Interns gain experience treating an array of mental health disorders as a clinical team member in the outpatient mental health treatment clinic. This clinic serves urban and rurally-located veterans in the Spokane area as well as veterans from across the region referred for psychiatric treatment. Primary duties include clinical intakes, individual and group therapy, assessment, interdisciplinary treatment team planning, patient feedback, and possibly couples therapy if interested. Interns participate in weekly multidisciplinary team meetings presenting cases and conducting treatment planning. Interns receive training and supervision using evidence-based interventions with a broad range of psychological disorders and symptom severity, such as mood disorders, anxiety disorders, psychotic disorders, somatoform disorders, etc. Interns may work with veterans from a full range of military service eras and of varied ages, races, ethnicities, religions, gender identities, sexual orientations, and SES. Veterans seeking mental health treatment in our clinic may not have other insurance, stable housing, chronic mental illness, and many other psychosocial stressors impacting their mental health and wellness. When our Acute Psychiatric Unit reopens or if veterans have been psychiatrically hospitalized in the community, interns follow inpatient veterans into the outpatient setting and vice versa to provide continuity of care as appropriate. Supervisors: Kenneth Cogswell, Ph.D., Julia Mackaronis, Ph.D., Emily Crawford, Psy.D.

Minor Rotations

Acute Psychiatric Unit: *This rotation is currently unavailable due to ongoing construction. There is a possibility of the unit reopening early in the year 2022 but we cannot guarantee training experience on this rotation at this time.*

The APU rotation provides opportunities to provide brief interventions to Veterans using both individual and group formats. Interns may conduct psychological evaluations depending on patient need to help inform post-discharge planning. Interns also have opportunities to conduct suicide risk assessments and safety plans. Finally, interns on this rotation have ample opportunity to work and consult with the inpatient interdisciplinary team that includes psychiatrists, psychiatric nurse practitioners, a social worker, psychiatric nurses, pharmacists, peer support specialists, and students from various other disciplines. Supervisor: Emily Crawford, Psy.D.

Community Living Center (CLC), Geriatric/Hospice/Palliative Care Rotation: The Mann-Grandstaff VAMC offers short-term residential care, inpatient rehabilitation services, and hospice care in a 38-bed facility. Veterans receiving rehabilitation care tend to be middle-aged or older and frequently have complex comorbid medical, psychiatric, substance abuse, and psychosocial problems. The CLC rotation provides an intern with experience working on an interdisciplinary team of providers from medicine, nursing, social work, pharmacy, dietary services, physical therapy, occupational therapy, recreation therapy, chaplaincy, and speech/language pathology. These providers work together to treat veterans with critical and/or chronic illness. Veterans served by the CLC are medically complex and need intensive interdisciplinary management due to the complexity and/or severity of their health problems, pain management and/or end-of-life. Addressing the psychological components of quality of life considering chronic illness and/or end-of-life is the focus. Due to the nature of chronic illness, interns learn to be organized and flexible with scheduling so as to best provide veteran-centered care. The psychologist's and intern's roles include: (1) assessing the mental health and cognitive needs of Veterans using clinical interview and brief psychological screens or assessments; (2) brief treatment planning and education; (3) provision of brief and long-term individual, couples, and family psychotherapy; (4) consultation with medical team; and (5) participation in interdisciplinary team care planning. Interns have the opportunity to participate in all of these components of care. Interns may have the option of starting a group related to chronic illness or other health-related topic. Due to COVID-19 related restrictions, some components of this rotation may be modified. Supervisor: Darrelle M. Volwiler, Ph.D.

Neuropsychology Program: The Neuropsychology Program provides interns with neurocognitive assessment experience with patients who have a wide variety of medical and psychiatric disorders such as neurodegenerative disorders, traumatic brain injury, cerebral vascular accident, epilepsy, movement disorders, somatoform disorders, psychosis, complex medical conditions, and candidacy for solid organ transplant. The training objectives for interns in the neuropsychology rotation are to gain knowledge of brain-behavior relationships, establish a basic level of understanding of neuropsychological practice, reach an intermediate level of understanding in interpreting research approaches and findings, and become aware of the emotional consequences of neuropathology and appropriate types of intervention. Traditionally, successful trainees in this rotation have had some previous assessment experience outside of the classroom setting. Successful trainees are detail-oriented with excellent writing skills and demonstrate a strong interest in learning more about brain-behavior relationships. The training goals for this rotation will be informed by the trainee's previous level of assessment experience. Trainees with extensive prior test administration experience will likely focus on test interpretation, case conceptualization, differential diagnosis, and refining their report-writing skills. In contrast, trainees who have had more limited prior test administration experience will

likely focus on learning test administration, scoring, and basic interpretation. Interested trainees should be aware that completing this rotation will NOT provide them with the requisite training to practice as a neuropsychologist or to provide neuropsychological assessment services in their future careers. Additionally, this minor rotation does NOT meet Division 40/Houston Conference guidelines for predoctoral training in neuropsychology. Supervisors in this rotation have completed two-year neuropsychology postdoctoral fellowships and are ABPP-CN eligible. Due to COVID-19 related restrictions, some components of this rotation may be modified. Supervisors: Melissa Swanson, Ph.D.; Ginny Kleman, Psy.D.

Primary Care Mental Health Integration (PCMHI): This rotation provides interns with the opportunity to experience how psychologists function when embedded directly in a primary care setting. The short-term, problem-focused approach that defines this area will be taught, as well as how to work closely with physicians, nurses, and other associated professionals to provide quick access to veterans in need of health-related interventions. Short-term interventions focusing on depression/stress management, adherence to medical advice, coping with health-related anxiety, and evidence-based treatment for insomnia are taught. In addition, motivational interviewing techniques focused on helping patients change unhealthy behaviors are emphasized. Supervisors: Joe Mitrovich, Psy.D., Macey Wolfe, Ph.D.

PTSD Clinical Team (PCT): Interns on the PCT rotation work with veterans diagnosed with PTSD of all service eras in a specialized PTSD outpatient clinic. Interns work with rural, highly rural, and urban veterans with a wide variety of clinical presentations and traumatic experiences, particularly combat and military sexual trauma. Primary duties include assessment with attention to differential diagnosis, treatment planning, individual therapy, and group therapy. Interns may participate in weekly multidisciplinary team meetings presenting cases, reviewing recent literature, and conducting treatment planning. Interns receive training and supervision in evidence-based psychotherapy for PTSD, with emphasis on Prolonged Exposure. Interns on the PCT rotation also have opportunities to facilitate and co-facilitate psychotherapy groups and provide psychotherapy to veterans with PTSD and co-occurring Substance Use Disorders. Supervisors: Brandy Henson, Ph.D., Eric Krueger, Ph.D., and Patrick Metoyer, Ph.D.

Substance Abuse Treatment Program (SATP): The SATP rotation will focus on providing psychological services to veterans with substance abuse and co-occurring disorders in an intensive outpatient setting. Interns participating in the SATP rotation will further training in assessment, diagnosis, treatment planning and treatment of co-occurring disorders. Interns will gain experience utilizing measurement-based care for the treatment of substance use disorders including tools such as the Structured Clinical Interview (SCID), Brief Addiction Monitor (BAM), and PTSD Checklist DSM-5 (PCL-5). The rotation includes opportunities for individual and group psychotherapy utilizing evidence-based practices such as Motivational Interviewing (MI), Cognitive Behavioral Therapy for Substance Use Disorders (CBT-SUD), Concurrent Treatment of PTSD and Substance Use Disorders (COPE), and Dialectical Behavioral Therapy (DBT). Interns will further their skills in the assessment of safety-related issues, consulting with interdisciplinary professional with VA and inter-agency, as well as making referrals to residential care for substance use disorder treatment. Interns are part of an interdisciplinary team and have the opportunity to participate in treatment meetings as well as provide consultation to other team members. Supervisor: Patrick Metoyer, Ph.D.

Requirements for Completion of Internship:

It is expected that upon completion of the program, all interns will demonstrate competence in the following nine general domains:

1. Psychological Interventions
2. Psychological Assessment
3. Ethical/Legal Standards
4. Individual and Cultural Diversity
5. Professional Values, Attitudes, and Behaviors
6. Communication and Interpersonal Skills
7. Supervision
8. Consultation and Interprofessional/Interdisciplinary Skills
9. Research

At the beginning of the training year, each intern will receive a copy of the standardized performance evaluation that will be used throughout the course of the internship year. The evaluation details specific competency elements within each of the domains listed above. A minimum level for each competency is expected by the end of the training year. Each intern will receive details of expectations at the beginning of internship as well as for each rotation. Informal feedback is provided throughout the year as well as formal quarterly evaluations with all direct supervisors.

At the beginning of the internship year, each intern meets with the co-training directors to develop a plan for training which includes selection of minor rotations. Selection of minor rotations is based on the individual's interest as well as training needs. After the completion of the first six months, progress and needs are again evaluated and appropriate adjustments are made to major rotation supervisors and minor rotation selections for the second six months. The co-training directors work directly with the interns to determine what will best meet the trainee's needs.

The co-training directors remain in close contact throughout the internship year and meet formally with the interns on a quarterly basis to discuss their progress, provide meaningful feedback, and develop training and supervision which will promote each intern's ability to master the nine domains of competence. A passing grade on final evaluations for the year is required for successful completion of internship.

Facilities and Training Resources:

Interns will be provided with office space and laptop computers necessary for patient care and administrative responsibilities. Interns may also be provided additional monitors and soft phone technology to be able to telework and provide telehealth services dependent on veteran interest, service needs, and potential changes to operations related to COVID-19 restrictions. The Behavioral Health Service at the Spokane VAMC occupies two buildings on campus and the interns and DCTs will be based in the smaller of the two buildings. The majority of the training committee psychologists are housed in these two buildings, along with many other behavior health outpatient staff. Interns will have full access to the VA Medical Library services and VA resources for clinical work and research. We also have a variety of Psychology and Neuropsychology assessment instruments, scoring programs, and statistical software.

Administrative Policies and Procedures:

Salary and benefits: The internship year begins July 31, 2022. The internship is full-time, certifying 2080 hours of supervised experience for internship completion. Interns earn thirteen days of annual leave and thirteen days of sick leave during the course of internship. In addition, they receive federal holidays off. Interns are allowed up to five days of authorized leave to attend educational conferences, job interviews, or dissertation meetings (this time does count toward the 2080 supervised hours). Internship stipend will be calculated biweekly based on an annual stipend amount of \$26,234. Interns are provided opportunities to obtain subsidized health insurance. The Authorized Leave policy is consistent with other VA Psychology training programs; four hours of SL and four hours of AL are accrued each pay period.

Due Process: All trainees are afforded the right to due process in matters of problematic behavior and grievances. Interns will receive a copy of the due process document, and it will be reviewed during orientation. A copy of our due process policy is also available on request.

Privacy Policy: We collect no personal information from you when you visit our website.

Self-Disclosure: We do not require interns to disclose personal information to their clinical supervisors except in cases where personal issues may be adversely affecting an intern's performance and such information is necessary to address these difficulties.

Training Staff

Ken Cogswell, Ph.D., Mental Health Clinic (MHC) Staff Psychologist: Dr. Cogswell obtained his Ph.D. from the University of Montana in 1988 and completed his internship at Connecticut Valley Hospital. He spent the first four years of his career working at Kern County Mental Health in Bakersfield, CA, then took a position with the VA at a new Community-Based Outpatient Clinic in the same area. After seven years, he transferred to the Spokane VAMC, and for the first 18 months his primary duties consisted of completing Compensation and Pension exams. Following this, he became a psychologist in the Mental Health Clinic, where his job entailed a variety of responsibilities, including individual and group therapy, completing annual evaluations of VA police officers, running the Employee Assistance Program, serving as the Chair of the Pain Committee, and mentoring psychologists new to VA. He became the co-training director of the new Psychology Internship Program in 2011 while continuing to provide individual therapy to veterans. Dr. Cogswell has completed VA-sponsored training in both PE and ACT and works mostly from the latter perspective with his clients.

Emily Crawford, Psy.D., Co-training Director, Transitional Psychiatry Services Psychologist, APU Psychologist/Programming Coordinator: Dr. Crawford earned her Psy.D. in Clinical Psychology from Pacific University's School of Professional Psychology in 2011. She completed her internship and post-doc at La Frontera Arizona community mental health agency, working in both residential substance abuse treatment and outpatient clinics in Tucson. She then moved to Spokane, where she taught in the undergraduate psychology department at Gonzaga University and worked in a private practice doing individual and family therapy as well as some pre-surgical pain and bariatric assessments. She began working for the Spokane VA in June 2017 in the inpatient psychiatric unit facilitating psychotherapy groups, individual therapy, and safety planning. While the APU is closed for construction, Dr. Crawford serves as the staff psychologist in a transitional psychiatry program for veterans who would otherwise have been referred to the APU for voluntary psychiatric stabilization.

Malindi 'Mindi' Gowen, Ph.D., GMH Staff Psychologist: Dr. Gowen received her Ph.D. in Counseling Psychology from the University of Missouri-Kansas City in 2020. She completed a VA internship at the Montana VA in Helena, Montana, working at the main hospital and the Bozeman CBOC with rotations in the Residential Rehabilitation Treatment Program (RRTP) clinic, outpatient mental health clinic, neuropsychology, and primary care mental health integration (PCMHI). After completing her internship, she worked for Northwest University teaching online undergraduate classes before applying for and accepting a position at the Mann-Grandstaff VA in April 2021. Dr. Gowen's theoretical orientation stems from a narrative therapy perspective, as she believes stories are part of the human experience. She is participating in a DBT Skills Group Training, and afterwards will help create and facilitate a DBT skills group for Veterans. She also is working to develop an assessment clinic, in which she conducts psychological evaluations for the purposes of diagnostic clarity and treatment recommendations. In her leisure time, she enjoys kickboxing, yoga, and trying new recipes from vintage cookbooks.

Brandy R. Henson, Ph.D., Section Chief-Psychology, PTSD Clinical Team (PCT) Psychologist: Dr. Henson received her Ph.D. in Clinical Psychology from Washington State University in 2007. She completed her doctoral internship at the VA Northern California Healthcare System. Subsequently, Dr. Henson was hired by the Loma Linda VAMC in 2007 as

a staff psychologist for the PTSD Clinical Team (PCT) and later served as the team leader for the PCT until transferring to the Spokane VAMC in 2012. As the Lead Psychologist in Spokane, Dr. Henson provides clinical oversight of all psychological and psychotherapeutic services within the Behavioral Health Service. She also serves as the program manager and clinician on the PCT team. Dr. Henson has been active in the VHA National Center for PTSD Mentoring Program since 2008 and currently serves as a PTSD Mentor for VISN 20. Her clinical and administrative interests include PTSD, evidence-based practices, sleep/insomnia, program development, program evaluation, and professional development of VA psychologists. Dr. Henson is the Spokane VAMC Evidenced-Based Psychotherapy Coordinator.

Ginny Kleman, Psy.D., Co-training Director, Neuropsychologist: Dr. Kleman earned her Psy.D. from Pacific University School of Professional Psychology in Forest Grove, Oregon in 2012. She completed her predoctoral internship at the VA Illiana Health Care System in Danville, Illinois and her two-year postdoctoral fellowship in neuropsychology at the University of Kansas School of Medicine-Wichita. Following completion of her fellowship, she worked as a neuropsychologist at the Nebraska Medical Center in Omaha, Nebraska, with an emphasis on epilepsy pre-surgical evaluations, Wada testing, and liver transplant evaluations. Eager to live closer to her extended family, she and her family moved back to the Northwest and she began working at the Spokane VAMC in September, 2016. Dr. Kleman practices as a neuropsychologist and sees patients on an outpatient basis with a variety of medical, neurological, and psychiatric conditions. She also sees patients in the TBI clinic in conjunction with a physiatrist. In addition to supervising psychology interns, Dr. Kleman supervises psychiatry residents during their neurology rotation at the VA and practicum students from Washington State University.

Eric Krueger, Ph.D., PCT Staff Psychologist: Dr. Krueger earned his Ph.D. from the University of Wyoming in 2008, including internship at Valley Mental Health in Salt Lake City. He began his career at Peak Wellness Center in Cheyenne, Wyoming. There he was a dual diagnosis therapist, conducting group and individual therapy, including Intensive Outpatient Treatment. Dr. Krueger joined the VA as the PTSD/SUD Psychologist at the Spokane VAMC, and later transferred to the PCT. His practice includes both individual and group psychotherapy approaches for PTSD. Dr. Krueger focuses his practice on the treatment of PTSD with evidence-based treatments, such as PE and CPT. Additionally, he is the facilitator for the (PTSD) Symptom Management, Couples PTSD Education, and DADS & MOMS Veteran Parenting Enrichment Groups. Dr. Krueger has also done community outreach to several local mental health provider conferences, the Veteran's Court, and Eastern Washington University. He is interested in the biological basis of PTSD as well as the impact of PTSD on children and families. Dr. Krueger has completed VA training in Prolonged Exposure, Cognitive Processing Therapy, and Motivational Interviewing. He also serves as the VA Behavioral Health Liaison to the Veteran's Outreach Center.

Patrick Metoyer, Ph.D., Co-training Director, Specialty Care (PTSD Clinical Team (PCT) and Substance Use Disorder Treatment (SUDT) Program Manager, Psychologist : Dr. Metoyer received his Ph.D. in Clinical Psychology from Washington State University in 2014 and completed his doctoral internship at the Southern Arizona VA Health Care System in Tucson, AZ. Dr. Metoyer joined the staff at the Spokane VAMC in 2014, and provides treatment as part of the PTSD Clinical Team (PCT). Dr. Metoyer's clinical interests include treatment of co-morbid PTSD and substance use disorders utilizing evidence-based treatments. Dr. Metoyer completed his Prolonged Exposure training and provider certification through the Center to the Treatment and Study of Anxiety (CTSA) at University of Pennsylvania. Additionally, Dr. Metoyer co-facilitates the mindfulness-based therapy group.

Joe Mitrovich, Psy.D., PCMHI Staff Psychologist: Dr. Mitrovich earned his Psy.D. from Indiana State University in Terre Haute, Indiana in 2010. He completed his predoctoral internship at the VA Illiana Health Care System in Danville, Illinois. Following completion of his internship, he worked as a psychologist and treatment team lead at the Special Commitment Center (SCC) in Steilacoom, Washington, with a focus on completing forensic assessments, providing court testimony, and overseeing the implementation of evidenced-based interventions by clinical staff. In 2013, Dr. Mitrovich went to work at Madigan Army Medical Center (MAMC) as an Internal Behavioral Health Consultant (IBHC) in the Internal Medicine Clinic. After four years at MAMC, he accepted a position to lead the Psycho-Oncology Program for MultiCare Regional Cancer Center (MRCC). During his time at MRCC, Dr. Mitrovich focused on developing and implementing population-based screening for distress, utilizing evidenced-based treatment to assist patients and their families in dealing with challenges of the cancer journey, and coordinating behavioral health research within MRCC with key partners, such as Seattle Cancer Care Alliance and the University of Washington. He joined the Spokane VAMC in November 2020 in the Primary Care Mental Health Integration department. His clinical interests include working with oncology patients, Cognitive Behavioral Therapy for insomnia and chronic pain, and whole health wellness.

Sarah Oslund, Ph.D., Psychologist/Behavioral Health Service Chief: Dr. Oslund obtained her Ph.D. from the University of Texas Southwestern Medical Center at Dallas in 2009. She completed her internship through UT Southwestern, with half of her internship spent working at the Victim Intervention Program at Parkland Hospital providing psychotherapy to survivors of trauma and the other half completing psychoeducational and psychological evaluations for children and adults at the Shelton School in Dallas. Since that time Dr. Oslund has worked extensively with pain management, interdisciplinary care, personality assessment, and trauma. More recently her focus has shifted more toward the treatment of trauma and personality disorders. She was also instrumental in developing the internship training program. Dr. Oslund has been with the VA since 2013 serving as team lead for the Walla Walla Outpatient Mental Health and PTSD Coordinator until December 2017 when she joined the Spokane team as the Substance Abuse Treatment Program Manager. Dr. Oslund served an interim-Chief since July 2019, and became the new BHS Chief in June, 2020. Although, Dr. Oslund is not providing direct supervision in a rotation she continues to champion and supports the internship training program through providing didactics, providing guidance on quality improvement projects, and securing unique training opportunities for interns when available. Dr. Oslund approaches patients from a psychodynamic perspective while maintaining a focus on evidence-based interventions and behavioral change.

Melissa Swanson, Ph.D., Neuropsychologist: Dr. Swanson earned her Ph.D. from Pacific Graduate School of Psychology (now known as Palo Alto University) in the Bay Area in 2009. Concurrent with graduate school, she worked for DVBIC (Defense and Veteran Brain Injury Center) and received training at the Palo Alto VA in Polytrauma (residential program, rehabilitation, and outpatient). She completed her internship training in the neuropsychology track at the Central Arkansas VA in Little Rock and completed her postdoctoral fellowship in neuropsychology at the University of Toledo Medical Center. Following fellowship, she was a neuropsychologist at the Las Vegas VA for nearly two years. In search of a better climate and access to the outdoors, she joined the Spokane VA staff in October 2013 as a neuropsychologist. She especially enjoys working with older adults and other clinical interests include neurological disorders and complex medical conditions.

Darrelle Volwiler, Ph.D., Geri-PACT and Community Living Center (CLC) Psychologist: Dr. Volwiler obtained her Ph.D. from Washington State University and completed an Internship at the VA Palo Alto Health Care System in Behavioral Medicine. Following internship year, she

completed two years of a postdoctoral fellowship through a combined Stanford/VA Palo Alto Health Care System program, as a team member for the REACH study for caregivers of family members with dementia. Dr. Volwiler moved to Spokane, WA in 1999 and started an independent practice specializing in geropsychology, working primarily with older adults with chronic medical conditions. In addition, she completed pre-surgical psychological evaluations for patients undergoing deep brain stimulation surgery. Dr. Volwiler's community involvement included volunteering her time as a presenter and support group leader for the Alzheimer's Association and the Parkinson's Resource Center. After fifteen years of practice in 2014, she accepted a position at the MGVAMC (Spokane) in the Mental Health Clinic and the Community Living Center. She is the psychologist for the geriatric primary care teams and continues to work in the CLC. Her approach to therapy is veteran-centered and recovery oriented with an emphasis on MI and CBT.

Macey Wolfe, Ph.D., PCMHI Staff Psychologist: Dr. Wolfe received her Ph.D. in Clinical Psychology in 2017 from Loma Linda University. She completed her doctoral internship at Southwest Consortium Doctoral Psychology Internship in Albuquerque, NM where she trained at the New Mexico VA Health Care System and the University of New Mexico Hospital. Dr. Wolfe went on to complete her post-doctoral training in integrated behavioral health in primary care and women's health clinics at Confluence Health in Wenatchee and Cashmere, WA. She joined the Spokane VAMC in May 2019 in the Primary Care Mental Health Integration department. Her clinical interests include women's and perinatal mental health, Mindfulness Based Stress Reduction, Cognitive Behavioral Therapy for insomnia and chronic pain, and whole health wellness.

INTERNSHIP PROGRAM TABLES

Internship Program Admissions

Date Program Tables are updated: 07/27/2021

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

To be considered for interview or ranking, applicants are required to have at least 1,000 hours of practicum experience, with a minimum of 600 hours of direct service. Applicants with training backgrounds in adult psychotherapy and clinical assessment and experience or interest in rural programming will be given preference.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours		Y	Amount: 500
Total Direct Contact Assessment Hours		Y	Amount: 100

Describe any other required minimum criteria used to screen applicants:

Internship applicants must meet all these criteria to be considered:
 1) Doctoral student in good standing at an APA-accredited graduate program in Clinical or Counseling Psychology
 2) Approved for internship status by graduate program training director.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$26,234.00	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	
Coverage of family member(s) available?	Yes	
Coverage of legally married partner available?	Yes	
Coverage of domestic partner available?		No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	104	
Hours of Annual Paid Sick Leave	104	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	
Other Benefits (please describe): Interns can elect to receive dental and vision insurance coverage; trainees contribute to the cost of this coverage. In addition to PTO and sick time, trainees receive 10 paid federal holidays.		

*Note: Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2019-2021	
Total # of interns who were in the 3 cohorts	11	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD*	EP
Community mental health center	0	0
Federally qualified health center	0	0
Independent primary care facility/clinic	1	0
University counseling center	0	0
Veterans Affairs medical center	4	2
Military health center	1	0
Academic health center	0	0
Other medical center or hospital	2	0
Psychiatric hospital	0	0
Academic university/department	1	0
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0

Independent practice setting	0	0
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0

*Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.