

What Do I Need to do for a CT SCAN?

What body part is being examined?	Do I have to be fasting for this exam?	Do I need Blood Drawn?	I am diabetic, how does this effect my medications?	Will I get Contrast?	What if I am ALLERGIC to Contrast?	What do I need to do after my CT Scan?	How do I get my results?
<u>Abdomen/Pelvis</u> (the soft tissues: stomach, liver, kidneys, hernia, pancreas, bowels)	Yes, for 6 hours prior to the exam	Yes, (You must remain fasting until after the CT exam)	If you are taking <u>Glucophage, Metformin, or Glucovance</u> : Hold on the day of the exam and for 48 hours after the exam.	Yes	Tell the doctor who wants the exam. The doctor must order the Premedications for you.	Drink at least 48 ounces of fluid to flush the contrast out of your system.	Contact the clinic/doctor who ordered the exam; they will have the results.
<u>Chest</u> (looking for a blood clot)	Yes, for 4 hours prior to the exam	Yes, (You must remain fasting until after the CT exam)	If you are taking <u>Glucophage, Metformin, or Glucovance</u> : Hold on the day of the exam and for 48 hours after the exam.	Yes	Tell the doctor who wants the exam. The doctor must order the Premedications for you.	Drink at least 48 ounces of fluid to flush the contrast out of your system.	Contact the clinic/doctor who ordered the exam; they will have the results.
<u>Pelvis</u> (looking for a fracture)	No	No	No	No	No	No	Contact the clinic/doctor who ordered the exam; they will have the results.
<u>Neck Soft Tissues</u>	Yes, for 4 hours prior to the exam	Yes, (You must remain fasting until after the CT exam)	If you are taking <u>Glucophage, Metformin, or Glucovance</u> : Hold on the day of the exam and for 48 hours after the exam.	Yes	Tell the doctor who wants the exam. The doctor must order the Premedications for you.	Drink at least 48 ounces of fluid to flush the contrast out of your system.	Contact the clinic/doctor who ordered the exam; they will have the results.

<u>Kidneys, ureters, and Bladder</u>	Yes, for 4 hours prior to the exam	Yes, (You must remain fasting until after the CT exam)	If you are taking <u>Glucophage,</u> <u>Metformin, or</u> <u>Glucovance:</u> Hold on the day of the exam and for 48 hours after the exam. THE TECH WILL HAVE YOU DRINK 32oz OF WATER PRIOR TO THE EXAM.	Yes	Tell the doctor who wants the exam. The doctor must order the Premedications for you.	Drink at least 48 ounces of fluid to flush the contrast out of your system.	Contact the clinic/doctor who ordered the exam; they will have the results.
<u>Carotids</u> (the blood vessels in your head and neck)	Yes, for 4 hours prior to the exam	Yes, (You must remain fasting until after the CT exam)	If you are taking <u>Glucophage,</u> <u>Metformin, or</u> <u>Glucovance:</u> Hold on the day of the exam and for 48 hours after the exam.	Yes	Tell the doctor who wants the exam. The doctor must order the Premedications for you.	Drink at least 48 ounces of fluid to flush the contrast out of your system.	Contact the clinic/doctor who ordered the exam; they will have the results.

THESE CT EXAMS LISTED BELOW DO NOT REQUIRE FASTING OR LAB WORK AND WILL NOT GET CONTRAST.

- Abdomen/Pelvis (for flank pain, Renal Colic)
- Cervical Spine
- Thoracic Spine
- Lumbar Spine
- Chest (Pulmonary looking at your lungs)
- Arm Bones
- Foot Bones
- Leg Bones
- Shoulder Bones
- Facial Bones
- Skull/temporal bones
- Orbits (eyes)
- Sinuses
- Pelvis Bones