



VA | U.S. Department
of Veterans Affairs

My VA Health



Updates to the Patient Portal Experience at Mann-Grandstaff VA Medical Center

Beginning in late October 2020, Veterans receiving care at Mann-Grandstaff VA Medical Center will have access to a new online health management experience, My VA Health, to refill prescriptions, schedule appointments, message VA health care providers and review VA health records.



Scan to visit
[www.spokane.va.gov/
services/EHRM.asp](http://www.spokane.va.gov/services/EHRM.asp)

Accessing My VA Health

My VA Health requires a My HealthVet **Premium** account to access the new patient portal.

How to Upgrade to a Premium Account

Option 1: You can use your DS Logon or ID.me account to upgrade your My HealthVet account to **Premium** online by visiting <http://www.myhealth.va.gov/premium> and following the steps listed to get a **Premium** account.

Option 2: You may also upgrade your account using a video conference from home, or in person at a local VA facility. You should check with your local facility for hours and operation prior to coming in. To upgrade a My HealthVet account to **Premium** status in person, you will need to:

- Be a VA patient and have an active My HealthVet account
- Accept the current My HealthVet Terms and Conditions
- Provide a primary government-issued photo identification (ID)
- Provide a secondary form of ID if your primary ID does not match your official VA medical record (such as a recent name change)

Learn more about the changes coming at www.spokane.va.gov/services/EHRM.asp.

VA



U.S. Department
of Veterans Affairs