
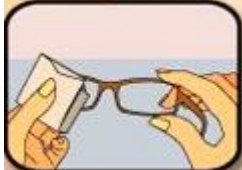







U.S. Department of Veterans Affairs
Veterans Health Administration
Mann-Grandstaff VA Medical Center

EYE CLINIC

How to care for your eyeglasses

<p>Rinse with cold water or use eyeglass cleaning solution to remove debris and clean glasses.</p>	
<p>Always use a Micro-fiber lens cloth on your lenses to avoid scratches.</p>	
<p>Take off glasses with both hands to reduce misalignment.</p>	
<p>Avoid leaving glasses in high temperature places, this may crack the coating on your lenses.</p>	
<p>Always place glasses with the lenses facing up to reduce wear.</p>	

Please use secure messaging or call the Eye Clinic at **(509) 434-7032** (select option for optical) with any questions or problems. Hours are Monday through Friday, 6:30a.m. to 4:00p.m.