**Colonoscopy Colyte Prep Instructions**

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| **5 Days before Procedure** | **3 Days before Procedure** | **1 day before Procedure**  **Drink clear liquids only**  (See list on back page) | **Morning of Procedure** |
| **Stop taking these medications until after procedure:**   * **Iron pill** * **Multivitamin with iron**   Resume after procedure as directed. | **Stop taking these medications until after procedure:**   * **Dicyclomine** * **Loperamide** * **Colestipol**   Resume after procedure as directed. | **DIABETICS:**  Take **HALF (½)** of usual dose of insulin. Take diabetes pills/injectables as usual.  At **12 PM**, take **2** bisacodyl tablets and mix prep solution.  From **4 PM to 6 PM,** drink **HALF (½)** of the prep solution.  Refrigerate remaining solution.      **NO SOLID FOOD** | **6** hours before procedure drink the remaining prep solution over **2** hours.    You may drink clear liquids until **4** hours before your procedure time, then nothing else by mouth!  Take morning medications **4** hoursprior to procedure:  **DO NOT TAKE:**   * **Diabetic pills** * **Injectables** * **Insulin** * **Psyllium powder** * **Psyllium seeds**   Resume after procedure as directed.      **NO SOLID FOOD** |

**(Turn page to see clear liquid list)**

**Drink plenty of fluids while on a clear liquid diet.**

\*\*NOTE: Do Not drink red or purple liquids \*\*

\*\*NOTE: Do Not drink alcoholic beverages \*\*

The following items **are** allowed on a clear liquid diet:

* Water (plain, carbonated or flavored)
* Black coffee or tea (**NO** cream or dairy)
* Fruit juices without pulp, such as apple, white cranberry or white grape (**NO** grapefruit, orange or red cranberry juices)
* Fruit-flavored beverages, such as lemonade (without pulp) or Kool-Aid
* Carbonated drinks, such as Sprite, 7Up, ginger ale, seltzer, and dark sodas (cola and root beer)
* Sports drinks, such as Gatorade/Powerade
* Clear broths (with NO particles of dried food or seasoning)
* Hard candy, such as lifesavers
* Ice popsicles (without milk, fruit, seeds, or nuts)
* Gelatins, such as Jell-O
* **If you have DIABETES: Be sure to drink liquids with and without sugar**



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