



Strawberry Cucumber Salad

Yield: 4 servings

Source: www.skinnytaste.com

Ingredients:

- 1 1/3 cup sliced strawberries
- 1/4 cup slivered red onion
- 1 1/3 cup diced cucumber (about 1/2 large)
- 1 teaspoon fresh mint
- 1 teaspoon fresh basil
- 1 teaspoon fresh lime juice
- Salt and pepper, to taste
- 1 tablespoon balsamic glaze
- 2 tablespoons sliced almonds

Directions:

1. In a medium bowl, combine strawberries, onion, cucumbers, mint, basil, lime juice and salt and pepper.
2. Lightly drizzle with balsamic glaze and top with almonds.

Nutrition information:

Serving size: 3/4 cup

Calories: 53

Fat: 1g

Sodium: 20mg

Carbohydrates: 10g

Sugar: 6g

Fiber: 2g

Protein: 1g