

Program Information

The **Amputation Specialty Program** is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and the Joint Commission (TJC).

For questions call:

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Main Hospital

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<http://www.northtexas.va.gov/services/pmr.asp>



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EXCELLENCE
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VA North Texas Health Care System
Physical Medicine & Rehabilitation Services
CIIRP Rehab Unit

Updated June 2021
MJ/MZ/EP

VA North Texas Health Care System
Physical Medicine & Rehabilitation Service

Amputation Specialty Program (ASP)



Working Together to Improve Quality of Life
and to
Safely Return You Home!

About the ASP

The **Amputation Specialty Program (ASP)** is a rehabilitation program in which Veterans receive intensive rehabilitation services. The program addresses physical, psychological and medical problems to maximize each Veteran's quality of life and a safe return to home.

The ASP is located within the CIIRP unit in the Community Living Center (CLC) at the Dallas VA North Texas Health Care System.

ASP Mission

Maximize the health, functional independence, and quality of life for Veterans with disabilities through excellence in clinical care, education and research.

Services Provided

The rehabilitation team includes:

- ☞ Veteran/Family
- ☞ Physician/Physician Asst
- ☞ Rehabilitation Coordinator
- ☞ Rehabilitation Nurse
- ☞ Physical Therapist
- ☞ Prosthetist
- ☞ Speech Language Pathologist
- ☞ Kinesiotherapist (Drivers Training)
- ☞ Psychologist
- ☞ Social Worker
- ☞ Recreation Therapist
- ☞ Occupational Therapist
- ☞ Chaplain, Dietitian & Others based on need

Items to Bring to Rehab*

- ☞ Grooming items for personal care
- ☞ Easy to pull-on clothing, laundry detergent (washer/dryer available)
- ☞ Underwear, socks
- ☞ Wheelchair, cushion, leg Rests, stump support, etc
- ☞ Assistive Devices (i.e. walker, cane, crutches)
- ☞ Stump shrinker, liners
- ☞ Sturdy walking shoes

*Veteran Suggested Items

Who is eligible for ASP?

The **Amputation Specialty Program (ASP)** provides intensive inpatient rehabilitation services to Veterans with limb loss.

Eligible Veterans are assessed through the following criteria:

- ☞ Must be medically stable
- ☞ Must be able to participate in therapy 3 hours a day, 5 out of 6 days a week
- ☞ Must need help with two or more therapies(PT/OT/ST)
- ☞ Must be alert and able to follow instructions
- ☞ Must be motivated, capable and willing to participate in therapies
- ☞ Should be able to improve function or achieve independence
- ☞ Should be able to be discharged outside of the institutional setting.

Outcomes for Amputees

In 2020 we have had 4 Veterans with an amputation.

The average age of our Veterans is 59 years.

100% of the Veterans are very happy with this program.

Most Veterans stay in the program for about 12 days and receive 3.08 average hours of therapy per day. Three Veterans met 90% or more of their predicted goals.

All Veterans went home after discharge (0 went to acute care). 0 Veterans went to a Skilled Nursing Facility for further wound care. Of 4 who came for post-discharge follow-up, 100% maintained and/or improved their ability to perform their self-care and mobility at follow-up.