

## Program Information

The CIIRP unit and the ASP are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and the Joint Commission (TJC).

### For questions call:

Phone:  
Elaine Parkhurst, CIIRP Coordinator or  
214 - 857 - 0350  
214 - 857 - 1308  
Fax: 214 - 857 - 5556

Main Hospital  
214 - 742 - 8387  
800 - 849 - 3597



**VA North Texas Health Care System**  
**Physical Medicine & Rehabilitation Services**  
**CIIRP Rehab Unit**

Updated June 2021

## VA North Texas Health Care System

### Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) and Amputation Specialty Program (ASP)



**Working Together to Improve Quality of Life  
and  
Safely Return You Home!**

## About the CIIRP and ASP programs

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) is a rehabilitation program in which Veterans receive intensive acute rehabilitation services. The CIIRP program addresses physical, psychological and medical problems to maximize each Veteran's quality of life and a safe return to home. The program includes specialization in the care of the amputee in pre and post prosthetic phases of rehabilitation.

The CIIRP & ASP unit is located in the Community Living Center (CLC) at the Dallas VA North Texas Health Care System.

### CIIRP Mission

Maximize the health, functional independence, and quality of life for Veterans with disabilities through excellence in clinical care, education and research.

### Services Provided

The rehabilitation team includes:

- ☞ Veteran/Family
- ☞ Physician/Physician Asst
- ☞ Rehabilitation Coordinator
- ☞ Rehabilitation Nurse
- ☞ Physical Therapist
- ☞ Speech Language Pathologist
- ☞ Kinesiotherapist (Drivers Training)
- ☞ Psychologist
- ☞ Social Worker
- ☞ Recreation Therapist
- ☞ Occupational Therapist
- ☞ Chaplain, Dietitian & Others based on need

### Items to Bring to Rehab\*

- ☞ Grooming items for personal care
- ☞ Easy to pull-on clothing, laundry detergent (washer/dryer available)
- ☞ Underwear, socks
- ☞ Wheelchair, cushion, leg rests
- ☞ Assistive Devices (i.e. reacher, sock aid)
- ☞ Sturdy walking shoes

**\*Veteran Suggested Items**

## Who is eligible for CIIRP?

The team provides services to Veterans after an amputation, a stroke, fractures, joint replacement, weakness after surgery, heart attack and others.

Eligible Veterans are assessed through the following criteria:

- ☞ Must be medically stable
- ☞ Must be able to participate and tolerate therapy 3 hours a day 5 out of 6 days a week
- ☞ Must need help with two or more therapies (PT/OT/ST)
- ☞ Must be alert and able to follow instructions
- ☞ Must be motivated, capable and willing to participate in therapies
- ☞ Should be able to improve function or achieve independence
- ☞ Should be able to be discharged outside of the institutional setting

### Outcomes for All diagnosis

In 2020 we had 42 Veterans admitted to CIIRP.  
The average age was 68 years.

95% of the Veterans are very happy with this program.

Most Veterans stay in the program for about 12 days.

Our Veterans averaged 3.28 hours of therapy per day. Twenty-eight Veterans met 90% or more of their predicted goals.

None of the Veterans was discharged to the hospital and 7 to a Nursing facility, with 38 of the Veterans going directly to home after discharge. Of 36 who came for post-discharge follow-up, 97% maintained and/or improved their ability to perform their self-care and mobility at follow-up.