



Name: \_\_\_\_\_ Primary doctor: \_\_\_\_\_ Vets Connect Phone: **1800-382-8387**

Today my breathing feels	HOW CAN I TELL?	What should I do?
<p>My breathing feels like usual for me</p>	<ul style="list-style-type: none"> <li>I can do my normal level of activity</li> <li>My cough is the same</li> <li>I'm making the same amount of mucus</li> </ul>	<p><b>Green Light:</b> Take Normal Day Meds</p>
<p>It feels harder than usual for me to breathe</p>	<ul style="list-style-type: none"> <li>I feel short of breath more than usual</li> <li>I can't do as many of my normal activities</li> <li>I'm coughing more</li> <li>I cough more mucus</li> <li>The mucus is thicker or changing color</li> </ul>	<p><b>Yellow Light:</b> Take Normal Day Meds + Rescue Meds</p> <p>For ___ days</p>
<p>I'm feeling sick It's hard to breathe</p>	<ul style="list-style-type: none"> <li>My breathing or cough is <u>WORSE</u> than yellow light days (see above)</li> <li>I've used my rescue medications for ___ days and I'm still <u>NOT FEELING BETTER</u></li> </ul>	<p><b>Orange Light Warning Zone:</b> Take Normal Day Meds + Rescue Meds + Emergency Meds</p> <p><b>Call Your Doctor</b></p>
<p>Feeling much worse than before Very hard to breathe</p>	<ul style="list-style-type: none"> <li>My breathing is <u>WORSE</u> than yellow and orange light days</li> <li>I've used my Rescue/Emergency meds for ___ days but I still <u>DON'T FEEL BETTER</u></li> <li>I'm feeling drowsy or confused</li> </ul>	<p><b>Red Light:</b> Take Rescue Meds+ Emergency Meds</p> <p><b>Seek medical help ASAP</b> <b>Call 911</b> if you can't get medical help on your own</p>

### NORMAL DAY MEDS

Name	Color and type of device	How much to take	When and how often
1.			
2.			
3.			
4.			

### RESCUE MEDS

1.			
2.			
3.			

### EMERGENCY MEDS

1.			
2.			