

About GLAVAORP

The Greater Los Angeles VA Orthopaedic Residency Program (GLAVAORP) in Physical Therapy is located at the Sepulveda Ambulatory Care Center (SACC) in North Hills, CA, just 20 miles from downtown Los Angeles and 14 miles from UCLA. SACC is part of a network of clinical sites of the Greater Los Angeles VA Healthcare System, whose main medical center is in West Los Angeles, CA.

GLAVAORP is a year-long, accredited, full time, orthopaedic residency program. The program usually starts in July each year, and is currently accepting one (1) resident. However, additional spots may open. **For July 2023, the application window opens October 2022 and closes February 2023. The application will not be viewable on RF-PTCAS outside these months.**

Curriculum

- Detailed focus on anatomy, kinesiology, and applied kinesiology and its relationships to orthopedic conditions
- Combines an Orthopaedic Manual Physical Therapy (OMT) approach with a Movement System Impairments (MSI) approach, to emphasize the kinesiopathologic contributions to neuromusculoskeletal conditions
- Tailored 1:1 mentoring program that can be adjusted to the resident's learning needs and long-term professional goals
- Varied experience that includes: advanced clinical practice, clinical research opportunities, and teaching experience

A Day in the Life of a Resident

- Hours: Monday-Friday 8:00am-4:30pm
- 60-minute evaluations (two per day) and 30-minute follow-ups
- 60-minute follow-up appointments are supported to improve the quality of learning
- Maximum of 10 patients per day, to ensure quality of care and high-quality learning
- Minimum of 3-4 hours of mentoring each week

- Live didactic classes and labs will be held every 3rd and 4th Friday morning in 4-hour blocks, onsite. Residents are paid during these learning experiences. The education series will consist of lectures and a skills lab.

The Ideal GLAVAORP Candidate

- **Teachable**
The ideal candidate is ready and willing to learn and change. This program will challenge a resident from multiple dimensions of Physical Therapy learning simultaneously, and a resident who is willing to apply changes will succeed.
- **Good communicator**
Professional communication with patients and during documentation is important. Clarity and quality of a candidate's abilities will be evaluated in the essay component of the application. Verbal communication is a critical component of patient education and workplace management. The interview portion of the application process will highlight this skill.
- **Accepts feedback well**
Residents in all programs will be observed carefully in all aspects of practice with great frequency and detail. The ideal candidate understands that daily constructive feedback is part of the life of a resident.
- **Active learner**
All residency programs are demanding. Active learning requires a resident to reflect upon existing knowledge gaps, actively seeks help, or independently finds resources for resolution.
- **Values professional relationships as part of workplace teambuilding**
While this clinic takes the business of learning and patient care seriously, we are also highly supportive of levity in the workplace.

Residency Director

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