

Program Testimonials

- Full story: <https://adobely/3eArpoM>
 - *“Staying active gives me hope and I’m hopeful that all of this stuff will continue to help me to live longer, even with Parkinson’s Disease.”*
 - *“My care at the VA couldn’t be any better. It is a wonderful place to be. The staff helps you out anyway that they can.”*

Research Opportunities

- If desired, you may have the opportunity to participate in research studies related to Parkinson’s Disease and other movement disorders.

How to access the PD and Movement Disorders Program:

- If new to MVAHCS, request a referral to neurology through primary care.
- If established within neurology but not with rehabilitation medicine or therapies, request a rehabilitation consult from your neurologist.

Main Appointment Scheduling:

612-467-1100

Neurology Appointment

Scheduling: 612-467-5027

Rehabilitation Appointment

Scheduling: 612-629-7797

Online Resources:

- **Parkinson’s Foundation**
www.Parkinson.org
- **PD Research, Education and Clinical Centers (PADRECC) Site**
www.parkinsons.va.gov
- **LSVT Global**
www.lsvtglobal.com

Parkinson’s Foundation and VA Partnership

VA and Parkinson’s Foundation have a formal partnership as of 2020. The partnership’s goal is to improve the health, well-being, and quality of life for Veterans living with PD.



There are **110,000** veterans that are living with Parkinson's in the United States.

KNOW MORE PD

 Parkinson's Foundation

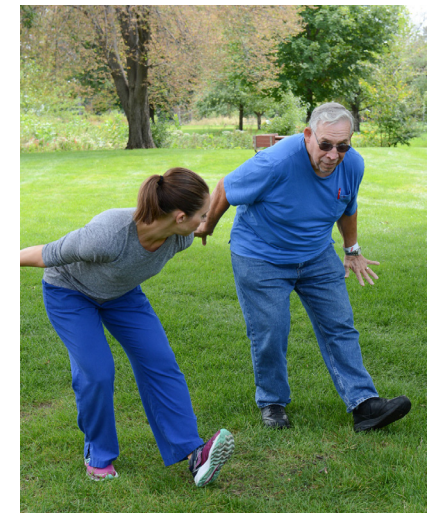
Minneapolis VA Health Care System
VAB 10-0401 (618) 01/2022



Minneapolis VA Health Care System

Parkinson’s Disease and Movement Disorders Program

Compassionate care for Veterans with Parkinson’s Disease and other movement disorders



Program Overview

The Parkinson's Disease (PD) and Movement Disorders Program at the Minneapolis VA Health Care System (MVAHCS) is a multidisciplinary team. It includes providers from rehabilitation medicine (providers, therapists), neurology, and neurosurgery. Our goal is to compassionately serve those with neuroprogressive disorders such as PD so that they may live their most fulfilling life.

Team Members

- Nurse Case Manager
- Rehabilitation
 - Rehab medicine physician/nurse practitioner
 - Therapists (Physical, Occupational, Speech therapy)
- Neurology
- Neurosurgery
- Other services available as needed include:
 - social work
 - recreation therapy
 - rehab psychology
 - neuropsychology
 - caregiver support

Available Medical Services

Management of Parkinson's Disease is performed by both neurology and rehabilitation medicine. We maximize function and independence through medication and rehabilitation services.

- A lifelong care model is utilized. We continue to follow you throughout the disease process.
- Neurology diagnoses movement disorders and prescribes medications.
- Rehabilitation Medicine performs a comprehensive assessment focused on your daily function. Refers to therapies and other services as indicated.
- A nurse case manager assists with any real-time needs or transitions as they arise.

Available Surgical Services

- In some cases, surgical interventions may be considered. This includes Deep Brain Stimulator (DBS) surgery. If you are a potential candidate, you may be referred for consideration.

Available Rehabilitation Services

- Regular follow up and interval check-ins throughout the disease process.
- 1:1 therapies (PT/OT/Speech) to address:
 - walking, strength, and balance
 - activities of daily living such as self-cares
 - cognitive, voice and swallow therapy
- Home safety evaluations and equipment needs assessments
- **Virtual wellness offerings**
 - Wellness/exercise groups
 - Loud Crowd/Speech groups
- **Intensive Programming**
 - LSVT BIG® Hybrid Program
 - LSVT Loud®, Speak Out!
 - Inpatient, residential *Living Large Program* (5 weeks). This includes intensive programming for Veterans with PD in an inpatient setting. Veterans must be independent with mobility and self-cares to participate.
 - Inpatient *Living Large Program* "refreshers." Admission to our residential inpatient unit works on specific goals such as improving mobility, self-care, and memory strategies. Duration varies from 2-6 weeks.