

# Physician Assistant Training Program – VA Boston

August 7, 2018 | Samantha Strachoff, MSW Trainee

VA Boston Healthcare System supports a Physician Assistant (PA) Training Program that is integral part of PA training program in the Boston area. The VA Boston training program is focused on offering PA learners training opportunities in medicine, surgery, and mental health. PAs at VA Boston are trained using a team-based approach and have the opportunity to interact with and learn from nearly all professions in the medical center.

PA learners are also able to participate in innovative educational initiatives, such as one with Dr. Edward Phillips and the Lifestyle Medicine Rotation. Our PA Students training on VA Boston's Physical Medicine and Rehabilitation Service participate in a condensed Lifestyle Medicine rotation modeled after a 2 weeks course offered to medical residents. This rotation presents PA trainees with a unique opportunity to learn to practice medicine from the Whole Health approach. The Lifestyle Medicine curriculum is designed to provide the foundation and tools to enhance their ability to provide preventative care focusing on a personalized, proactive, patient-driven model that promotes whole health, including evidenced-based diet and exercise interventions, for Veterans and their families.

To learn more about the curriculum please visit:

<https://www.vabostoneducation.org/lifestyle-medicine>