U.S. Department of Veterans Affairs

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FOR IMMEDIATE RELEASE
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Women Warriors--Invisible No More Event

CASPER, Wyoming (May 5, 2022) —The Casper VA Clinic and Casper Vet Center are proud to announce "Women Warriors--Invisible No More", a women Veterans event, will be held at the Nicolaysen Art Museum in Casper, on June 4 from 11 a.m. to 4 p.m.

Women Veterans and their families are cordially invited to join the VA and other Casper community organizations for resources and presentations, door prizes, plus activities for children. "Invisible No More" will also raise awareness of women Veteran-specific needs and offer education regarding whole health and overall well-being to both the women Veterans and their family members.

The **Casper Vet Center,** located at 1030 North Poplar Street, and **Casper VA Clinic,** located in the Parkridge Professional Center at 6000 East 2nd Street, are local VA resources for women Veterans. Representatives from both will be available for questions about services. Additional participants include the Wyoming Veterans Commission, local VFW representatives, Solutions Counseling Services, Reach 4A Star Riding Academy and others.

The full schedule is available below and at https://www.va.gov/sheridan-health-care/events/44525/

Media interested in additional information or interviews about this event are invited to email SHEpublicaffairs@va.gov.

EVENT SCHEDULE

11:30-12:00
After the Pandemic – Emotional Health and Meeting Life's Challenges for You and Your Family
Presented by: Solutions Counseling Services
Location: Lobby
Description: This presentation will include how the pandemic has affected our children and marriage/relationships. It will also include a discussion on meeting daily challenges and how to stay healthy.

12:00-1:00
Women Veterans Focus Group
Presented by: Meagan Kekich, LCSW
Location: The Mobile Vet Center in the Nic parking lot

12:45-1:15
Substance Abuse and Addictions in family systems
Presented by: Tisa Sucher, LCSW
Location: Lobby
Description: How a woman's healing journey from substance abuse impacts the family structure.

1:45-2:15
An Overview of issues for Women in the Military; past & present
Description: The issues experienced by women in the U.S. military have historically been largely overlooked. This session will touch on a few of the unique issues women Veterans experienced and continue to face while serving their country alongside their male counterparts.
Presented by: Deb Stevens, LCSW
Location: Lobby

2:30-3:00
Military: a change of perspective as a woman
Danielle Smith, social worker, Army Veteran and VFW state officer for Wyoming
Location: Lobby
Description: Presentation from Army Veteran Danielle Smith will be about how the military changes your perspective on everything during service and afterward as a Veteran.

3:00-4:45
Acudetox Acupuncture
Acupuncture by: Jude Sandoval, LAc
Location: Lobby

Children's Agenda

11:30-12:00
Mindfulness Play
by Dr. Khanh Tran
Location: Outside courtyard

1:00-1:30
Feeling Good
by Solutions Counseling Services
Location: Outside courtyard

2:00-2:30
Zen Sand Trays
by Jasmine Tran
Location: Outside courtyard

3:00-3:30
Mindfulness Play
by Dr. Khanh Tran
Location: Outside courtyard

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The Sheridan VA Health Care System serves Veterans across three quarters of Wyoming and the Rocky Mountain Region. Besides a medical center in Sheridan, the system has eight Outpatient Clinics located in Casper, Riverton, Cody, Gillette, Rock Springs, Worland, Evanston, and Afton, Wyoming. Follow us at www.facebook.com/SheridanVAMC and www.twitter.com/SheridanVAMC and now on www.instagram.com/SheridanVAMC.