The Ernest Bors, MD Spinal Cord Injury/Disorders (SCI) Center in Long Beach is the largest in the VA system, providing comprehensive specialty services to Veterans throughout Southern California and parts of Nevada. We have a long history of excellence and dedication to the highest quality of care.

What is a Spinal Cord Injury?
SCI is any kind of damage to the spinal cord that causes weakness that may result in conditions that affect body function.

What Can Rehab Offer?
The rehab team of specialist partners with the Veteran and family/support system to develop an individualized treatment program that addresses your unique needs.

A Lifetime of Care
We offer a continuum of inpatient through outpatient care. Our comprehensive SCI rehabilitation programs help Veterans continue to build strength, gain function and mobility, and optimize independence.

Who We Serve
- Average age of person served is 66 years
- Race-ethnicity of persons served: 47% white-non-Hispanic; 23% white-Hispanic; 12% black or African American; 18% declined to answer
- Number of persons served was 22
- 100% of persons served completed inpatient rehab without transfer to acute medical facility
- 90% remained in the community 90 days after discharge

Traumatic 11%
Non-traumatic 89%

Average Rehab Length of Stay 29 Days
What to Expect
State-of-the-art services are part of your comprehensive rehab program. You will spend up to 3 hours per day in therapies. Additional time is spent in activities including classes and group sessions. Rehabilitation nursing and other medical care needs are key components of the rehab process.

Requirements for Rehab
- Medically and neurologically stable
- Benefit from intensive rehab team approach
- Motivated to work towards optimal independence
- Projected discharge to a home environment
- Achievable functional goals that can be met within a reasonable time

Discharge to Home/Community
The SCI Rehab Programs at VA Long Beach have one of the highest rates of discharge to home compared to national averages. Outpatient rehab services are available after discharge as needed.

Functional Outcome
Rehab Program participants improve their functional skills and independence. Progress is measured by the Functional Independence Measure™ (FIM™).

98% of our patients would recommend us to a friend

Overall Satisfaction
- 98% Respect for my culture
- 97% Used language I understood
- 97% Respected as a Person
- 21.1 points

Contact Us
To learn more about spinal cord injury services and how you can participate in the SCI Rehab Programs call (562) 826-8000 X12349

VA Long Beach Healthcare System
SCI/D Administration
5901 E. 7th Street
Bldg. 150, Mail Code 07/128
Long Beach, CA 90822

Resources
VA Long Beach SCI Center
https://www.va.gov/long-beach-health-care/

VHA SCI System of Care
https://www.sci.va.gov/

Paralyzed Veterans of America
https://pva.org/