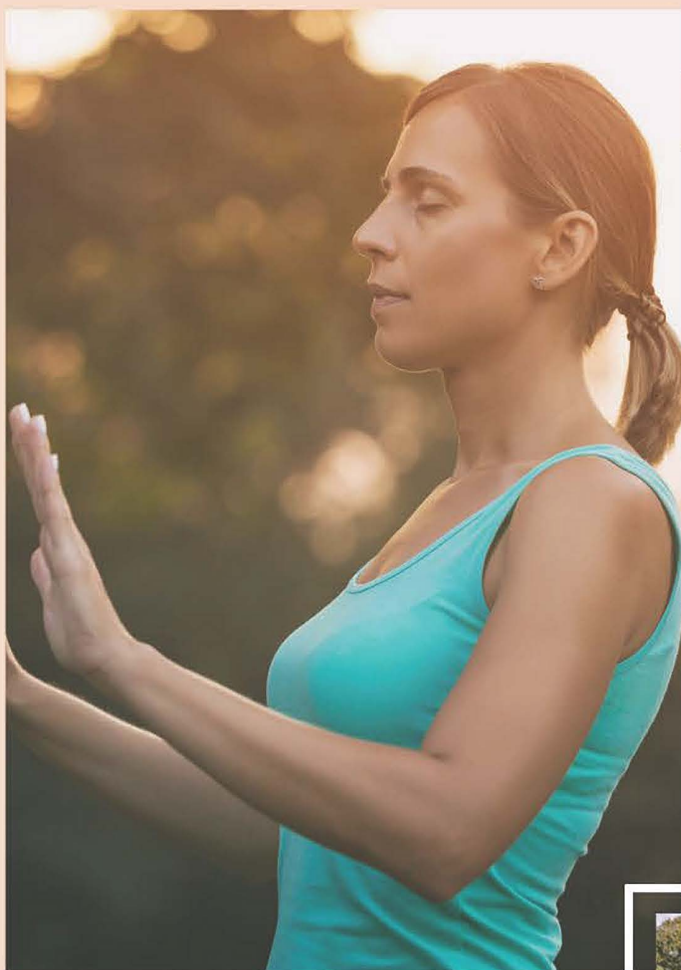


FROM THE COMFORT OF YOUR HOME

Every Thursday at 9 AM
Reserve your spot today!

TAI CHI

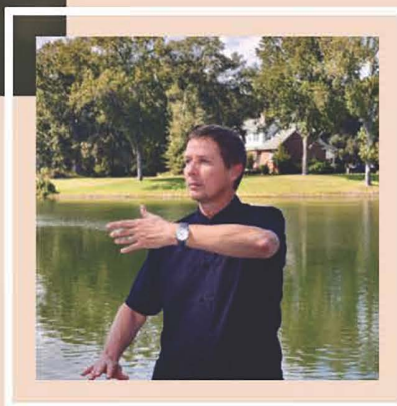
For Healing



Start Healing:

- Balance Issues
- pain
- Parkinson's Disease
- Reduce Flexibility
- PTSD
- A Mental Health Diagnosis
- Arthritis
- COPD
- Osteoarthritis
- High blood pressure
- Or other issues?

POC:
Claytonbcrosley@yahoo.com
912-220-0373



ZOOM INFO:

MEETING ID: 598471175
PASSCODE: 311395

ZOOM LINK:

[https://us02web.zoom.us/j/598471175?
pwd=R1JlbzFDNjNtWjZONCs4aGhCeDFj
dz09](https://us02web.zoom.us/j/598471175?pwd=R1JlbzFDNjNtWjZONCs4aGhCeDFjdz09)